



Steps of Deliverance

By Dianna Cudworth

Example: Affliction by Sickness

Here are seven steps to be used in a deliverance situation.

These steps came from a revival meeting conducted at the Church of the Northgate by Randy Clark and several ministers from Argentina. There are various doctrines concerning the ability for evil, unclean, or wicked spirits taking possession of a born-again Christian. The doctrine that this group holds is it is possible for a born-again Christian to be possessed. They claim actual experience of this occurring. Although they claim it happens on rare occasions, usually when dealing with a born-again Christian it is not a matter of possession but one of affliction. According to the handbook for Spiritual Warfare by Dr. Ed Murphy this phenomenon is called demonization. The born again Christian has left a doorway open into their life that Satan or evil, unclean and wicked spirits use to access, manipulate and control that person's life. According to the teaching, frequently these doors are opened prior to being born-again and remain open until they are spiritually closed. Satan is very patient and is good at waiting until the best opportunity to use an open door. In the experience of these deliverance ministers they have witnessed people that have been born-again for over 40 years with no problems, suddenly without any apparent reason they become a target of the demonization or possession. Sometimes it takes patient questioning and prayer before the source is uncovered. The scripture promises that God will reveal everything covered and make known everything hidden. But in order to realize that promise it often takes prayer and being willing to submit to God. I have listed the seven steps with an example of a door being open to the spirits of sickness because at some time in their life the person in this example opened that door for their own purpose. Usually this happens without the person realizing what they are doing. We all know someone that uses sickness to get their own way, as an excuse to not do something, or uses sickness to get attention. As I was praying and asking the Lord to show me the areas that I needed to close doors, he revealed to me that as a small child I often enjoyed and welcomed sickness because of the extra attention and care that my Mother gave me. A matter of fact, I perceived my Mother as being rather lax in her care of her children except when we were sick. When we were sick then she went out of her way to do special things for us. She would be extra attentive and often purchase us gifts. Consequently, the Lord revealed to me that the reason I was so prone to colds, allergies etc. is because of the door I opened as a small child in order to get more attention from my Mother. As an adult, I was uncomfortable with saying no when someone started pushing me to do something I really did not want to do. So rather than hurt their feelings I would use some minor illness like a headache to decline. I would then feel so guilty about lying that my pretending would result in an actual headache. As time went on, I discovered that when someone was trying to pressure me into doing something, I really did not want to do I would end up with a stress headache. Of course, I believed the headache came on because of the pressure I was under. I believe that many of us have been seduced into opening doors without even realizing we have done so. This teaching is an excellent way to close those doors and stop the persecution that the enemy is able to bring into our lives because of poor choices we made in our past.

Here are the seven steps as outlined in the teaching.

Steps

1. In the name of Jesus, renounce gifts, or gain you received from the enemy Satan

Example (sickness): Quite often people may use sickness as an excuse not to do something or in order to gain attention. The first step in closing the door and deliverance from sickness is that any gain received from being sick, such as attention, getting your own way etc., must be renounced. Through prayer God revealed to me all the gain and gifts I received by summiting to the spirit of sickness. I then renounced those gains.

2. In the name of Jesus, renounce the authority which has been guiding you.

Example (sickness): if one does not want to do something and claims a headache, then that person is giving authority to the spirit which brings forth the headache. What begins as a white lie (???) comes to be. Eventually, when that person does not want to do something then they get a headache – that is what they declared and put in force because of that seemly harmless lie. That gradually evolves until the spirit has control and the person is not even aware that they relinquished control. When the person wants to or determines to do something that the spirit does not want the person to do, the spirit has the authority to produce sickness to stop them. Authority has been given to the spirit of sickness until it is renounced.

3. In the name of Jesus, renounce the spirits that has been guiding you.

Example (sickness): As in the example of using sickness, eventually the person loses the control over the spirit and the spirit begins to subconsciously guide the body of that person. The person cannot understand why they are prone to sickness, they were ignorant and did not understand the ramifications of their choices or they do not put any relevance on choices that they made as a child thinking those choices will not affect their adult life. Yet God declares that His people perish because of lack of knowledge. Again, I must stress the only way to knowledge and true wisdom is in prayer and fellowship with God, in whom all wisdom and knowledge is hidden.

4. Summit yourself to the new authority - Jesus Christ

This is a spiritual submission and a declaration of Jesus Christ as your Lord and King. Although as born-again Christians we all have submitted ourselves to Jesus Christ, this is an actual decision to do so, and a declaration of doing so. Do not make the mistake of just submitting to Jesus Christ in the area of affliction but not giving him authority over all of your life. Any area in your life that is not totally and completely submitted to God is under the authority of Satan.

5. Renounce the ungodly part of the past and the results of what you have done. In the name of Jesus, break out of and cast out the spiritual commitments you have made that puts you in bondage to the enemy.

Example (sickness): The person who used sickness for their own purpose must renounce that use and its results. That person may not even realize they made a spiritual commitment to sickness but they did. By using sickness for their own gain, they put themselves under the bondage of sickness.

6. In the name of Jesus, cast out the authority that has been guiding your life. Declare Jesus Christ the only authority in your life.

Example (sickness): In the example of sickness affliction or domination the person may not even be aware that there is an authority guiding their life other than the Holy Spirit. That is why it is so important to declare Jesus Christ the only authority over your life.

7. In the name of Jesus, we receive the Holy Spirit. Receive the righteousness of God. Give the Lord thanks, credit, and the glory

Note: the seven steps were taken from a hand out given to those that attended the revival meetings of Randy Clark at the Church of the Northgate. I added the example to clarify the steps. According to the teaching the steps work whether it is a case of affliction, domination, or possession from demonic forces. In the teaching they were dealing with manifestations of demonic control. I personally believe that our Christian walk is a matter of one deliverance after another. That is what the blood does for us. Jesus overcame this world and we overcome it through Him by His blood. Therefore, when I heard this teaching I sat down with my Father and I asked him to reveal to me every door that was open to Satan. I was tired of Satan tormenting me constantly. Although the teaching was directed at actual possession the steps work very well for deliverance from the afflictions that the enemy brings into your life. After going through this process, I am not totally free from spiritual attacks, but I am free from the constant persecution and being tormented by evil or unclean spirits. When I discover that the enemy has found another way to torment me, I go through these steps and stop him immediately.

The promise of the Word is

John 8:36 (NKJV)

Therefore if the Son makes you free, you shall be free indeed.

To be totally free from affliction requires forgiveness. The above steps will close any open doors to the enemy unless God has turned you over to the tormentor because of unforgiveness in your heart.