

CAT Collab

A vibrant and inclusive online community that connects
Creative Art Therapists (CATs) across the globe



Our Mission



COLLABORATIVE PLATFORM

Provide a space for CATs to connect, share knowledge, and learn from one another.



INSPIRE CREATIVITY

Foster an environment that encourages creative expression and innovation in the field of art therapy.



SUPPORT PERSONAL & PROFESSIONAL GROWTH

Empower CATs to develop both personally and professionally, helping them achieve their goals.



PROPEL THE FIELD FORWARD

Contribute to the advancement and recognition of creative art therapy as a valuable therapeutic approach.

**BY PROVIDING A COLLABORATIVE AND SUPPORTIVE COMMUNITY, WE
AIM TO INSPIRE CREATIVITY, FACILITATE KNOWLEDGE SHARING,
AND DRIVE THE FIELD OF CREATIVE ART THERAPY TO NEW HEIGHTS.**

Cultivating a Space for Meaningful Engagement

Imagine a vibrant, interactive platform that serves as a hub for creative individuals, brimming with valuable resources, enriching events, and abundant opportunities for meaningful engagement.

This platform fosters a dynamic and supportive environment where ideas flourish, connections are forged, and artistic expression is celebrated.

Our Goals

SPARK DYNAMIC INTERACTIONS

Fostering an environment that encourages active engagement, diverse perspectives, and meaningful dialogues among community members.

EMPOWER CONTINUOUS LEARNING

Providing resources, workshops, and mentorship opportunities to support the ongoing growth and development of our community's creative talents.

CHAMPION INNOVATION AND COLLABORATION

Cultivating a culture that celebrates new ideas, interdisciplinary collaborations, and the cross-pollination of creative practices.

NURTURE CREATIVE EXPLORATION

Inspiring and empowering community members to step outside their comfort zones, experiment with new mediums, and push the boundaries of their creative expression.

FOSTER INCLUSIVE PARTICIPATION

Ensuring that our community is welcoming, accessible, and inclusive to creatives from all backgrounds, ages, and levels of experience.

Resources for Every Step of Your Creative Art Therapy Journey

- **COMPREHENSIVE CREATIVE ART THERAPY TOOLKIT**

Access a wide range of creative art therapy techniques, materials, and exercises to enhance your practice.

- **EXPERT-LED WORKSHOPS AND WEBINARS**

Engage in interactive online sessions led by renowned creative art therapy professionals to expand your knowledge and skills.

- **COLLABORATIVE COMMUNITY FORUM**

Connect with a vibrant network of creative art therapists, share insights, and collaborate on projects.

- **PERSONALIZED COACHING AND MENTORSHIP**

Receive one-on-one guidance from experienced creative art therapy mentors to navigate your professional development.

- **CONTINUOUS LEARNING RESOURCES**

Explore a curated library of articles, case studies, and research materials to stay informed and inspired.

Engage and Advance with Us!

MONTHLY ONLINE/OFFLINE MEETUPS

Join our regular online meetups to network, share experiences, and delve into diverse art therapy topics.

ANNUAL CONFERENCE

Attend our flagship annual conference featuring keynote speakers, insightful panel discussions, and hands-on workshops.

THEMATIC WORKSHOPS

Dive deeper into specific areas of interest through specialized workshops focused on emerging trends and cutting-edge approaches.

COLLABORATION PROJECTS

Join forces with fellow CATs to start impactful creative initiatives that push the boundaries of the field.

GUEST SPEAKER SERIES

Our guest speaker series features renowned experts and practitioners sharing their insights and experiences.

“Together, we can inspire
creativity, support each
other, and propel the art
therapy profession to new
CAT COLLAB COMMUNITY
heights.”