



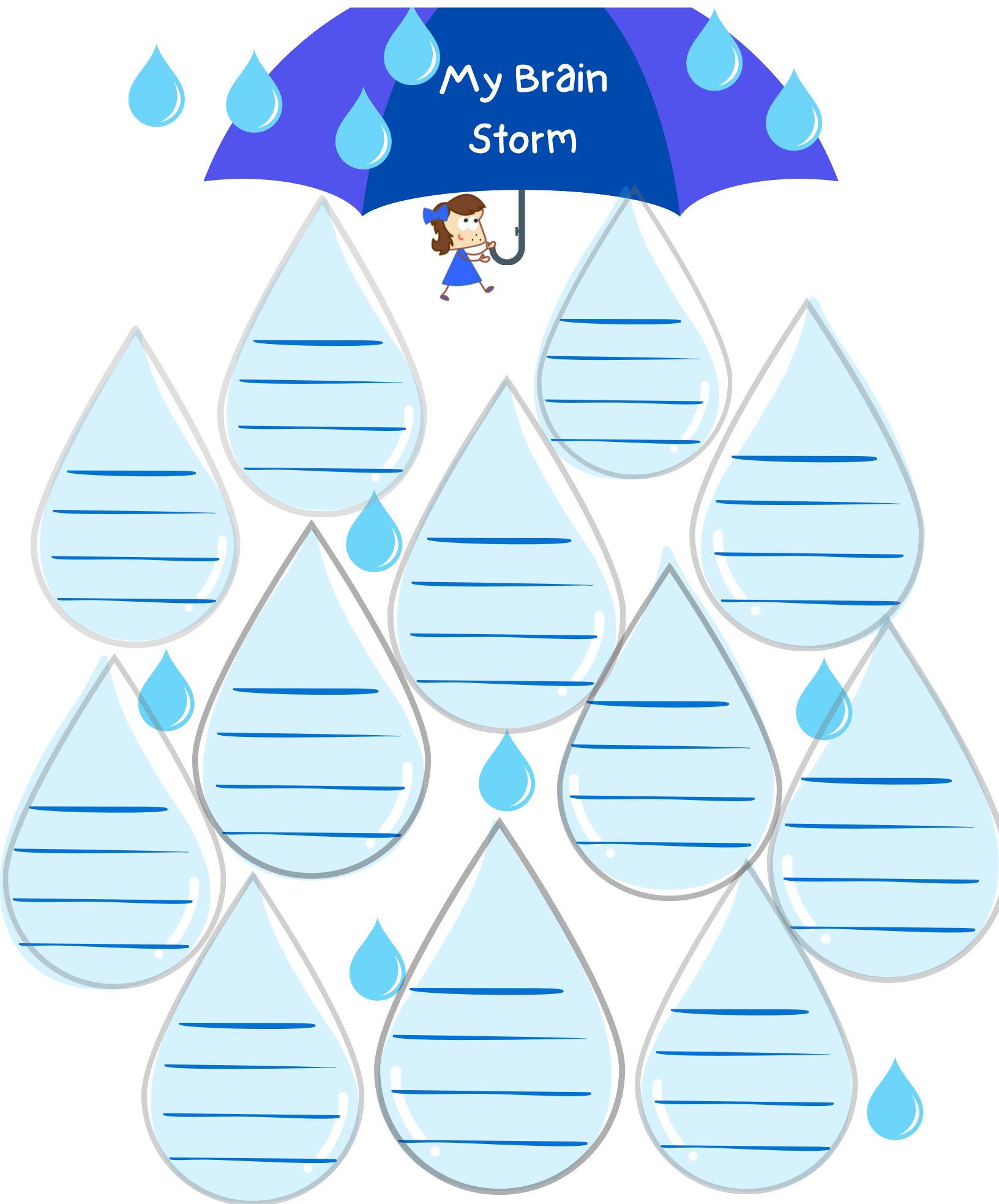
# Rise and Prioritize with Rachel Rye

This brainstorming activity will give you a chance to figure out what you need to do today, tomorrow, and the rest of your week!

You will begin by giving yourself two minutes to think of everything you need to do now, and in the future (whether that means you have to help do the dishes tomorrow, or go to soccer practice). Whatever it is that you need to do, just write it inside one of the raindrops. You also want to include things that you would like to do if you have enough time. Be sure to schedule some time for work, and also for PLAY!

Once your two minutes are up, go to page three and put your drops in the right bucket (depending on when you need to finish the task).

For two minutes think of anything that you need to get done. Anything that comes to mind--write in one of the raindrops. Once you get it all on paper, you can decide what needs to be done and when.





Must do  
right  
away

Can wait  
until  
tomorrow

If I have  
the time