



LIGHT
the invisible fire in you



Sky Special School



ABOUT US:

The Light organization is registered as a Non-profit NGO under Societies Act in 2007. Dedicated to empowering marginalized communities through a range of initiatives. Working to awaken the innate potential within individuals and inspire them to embody the spirit of selfless service. Through cultivating a culture rooted in compassion, empathy and inclusivity, LIGHT endeavors to create a more harmonious and equitable society, where every individual can flourish and reach their full potential.

- ✓ **Empowering lives through various services**
- ✓ **Creating a better society by enhancing the quality of life for individuals from all walks of life**
- ✓ **Promoting inclusivity, equality, and dignity**



Our Location
RK Puram, Road No
4, Kothapet, Near
Narayana High
School



Call Us
+91 94933 89414
+91 99896 86730

OUR INITIATIVES

- ✓ **Yoga & Meditation:** At Light, yoga and meditation are fundamental for everyone who walks through our doors. We believe that these practices are essential for nurturing the physical, mental, emotional, social, and spiritual well-being of all individuals, regardless of ability. That's why we offer free yoga and meditation classes to everyone, including those with intellectual challenges. Our goal is to empower lives, foster a culture of compassion and inclusivity, and create a more harmonious society where every individual can flourish & reach their full potential.
- ✓ **Sky Special Scool:** Our flagship program, it's an experimental day school offering free services to individuals with intellectual disabilities from low-to-middle-income families. At Sky, we provide a warm, flexible environment with nutritious meals like millet or ragi porridge and vegetarian lunches to support gut health and brain development. Our program includes therapies and vocational training, helping children develop life skills, reduce dependency, and achieve self-advocacy.
- ✓ **Light Brundas Women Group:** A group of women, including mothers of special children, united through yoga and meditation to support Sky Special School and empower each other through vocational training, income generation programs, and essential support.



✓ **Education through ARTS:**

We provide quality, holistic education for the all-round development of every child, especially from marginalized communities, through various programs like:

1. Little Buddhas Children Club
2. Creative Learning centres (Tuition centers)
3. Beyond the classroom teacher training
4. Music, dance, theatre arts & inclusive programs that foster creativity, physical activity, self-confidence, & life skills among children



✓ **Networking:**

1. Collaborating with GO's, NGO's and Networks
2. Light IRS serves as a vital information hub, offers referral services, linking individuals with special needs and mental health issues to suitable government and NGO institutions, facilitating access to essential support and resources
3. Awareness programs, Training & Workshops on different subjects like mental health, rights, laws, (of women & child, disability & transgender) etc.
4. Counselling Services to parents, children caregivers and community members
5. Showcasing best practices of other organizations to support people with intellectual challenges



All our initiatives are interdependent and work together to Assure quality services.



We participated in various exhibitions to showcase our products



Sky students showcased their skills as self-advocates at the National Conference in Palakkad & Mumbai and the National Parents Meet in Hyderabad.



12 Sky Special School students have transitioned to our production unit, gaining work experience, earning a stipend, and achieving financial independence through vocational training.



THERAPEUTIC INTERVENTIONS

- **Occupational Therapy (OT)**

Enhancing daily living skills, fine motor skills, and sensory integration.

- **Speech and Language Therapy**

Developing communication skills, speech clarity, and language comprehension.

- **Colour Therapy**

Using colours to balance and restore the body's energy, promoting relaxation and overall well-being.

- **Music Therapy**

Utilizing music to promote emotional expression, social skills, and cognitive development.

- **Dance Therapy**

Combining movement and dance to enhance creativity, self-esteem, and motor skills.

- **Yoga Therapy**

Integrating yoga principles to promote relaxation, flexibility, and inner balance.

- **Naadi Yoga & Sujok Therapy**

Applying acupuncture, acupressure and Thai-Chi techniques to support physical and emotional well-being.

- **Physical Therapy (PT)**

Improving gross motor skills, mobility, and overall physical well-being



WHAT SETS US APART?

- **Flexible & Child Centric Approach:**

Rejecting rigid timetables to create a homely environment.

- **Comprehensive Therapies:**

Offering a range of therapies to support holistic development.

- **Inclusive Education:**

Unites students of all abilities, fostering equality and socialization

- **Self-Advocacy Training:**

Provides individuals with special needs a platform to express themselves, fostering independence and reducing dependency.

- **Family-Centric Approach:**

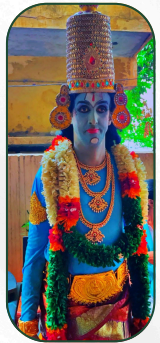
Most faculty and employees are parents or relatives of special children.

- **Networking & Resource Sharing:**

Collaborating with organizations, government agencies, and NGOs.

- **Free of Cost:**

Every service we provide is completely free of cost





Products of Sky Special School:

- Spice powders (Karam Podi)
- Millet Laddus
- Snacks
- Raw Food
- Pickles
- Ragi & Millet Malt
- Biscuits & Chocolates
- Flour (Atta) making
- Cleaning & personal care products (Bath powder, Detergent, mops, etc)
- Painting Diyas & Idols
- Flower Garlands
- Cloth & Paper bags
- Saree rolling & Painting

JOIN US GET INVOLVED



*Be a part of our journey to spread light and love.
Volunteer, contribute & support with us to make a
difference. Together, we can create a brighter
future for all!*



Volunteer
Share your Time
& Skills!



Contribute
Support our
Initiatives!



Unite
Collaborate
with us!



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