# **GOURMET SANDWICHES \$10.95**

#### CHICKEN

- 1 CRANBERRY WALNUT CHICKEN SALAD LETTUCE TOMATOES ON 7 GRAIN BREAD
- 2 CAJUN GRILLED CHICKEN PEPPER JACK CHEESE, TOMATO, LEAF LETTUCE & CHIPOTLE MAYO ON CIABATTA BREAD

### TURKEY

- 3 SMOKED TURKEY BRIE CHEESE. LEAF LETTUCE. ROMA TOMATO & HONEY MUSTARD ON PRETZEL BAGUETTE.
- 4 SIERRA SMOKED TURKEY SMOKED TURKEY, RED ONION, TOMATO, BABY GREENS & CHIPOTLE MAYO ON BAGUETTE

### MEATS

- 5 PROSCIUTTO DE PARMA FRESH MOZZARELLA, LETTUCE, TOMATO, ROASTED PEPPERS & BALSAMIC DRIZZLE ON CIABATTA
- 6 ITALIAN HERO BAKED HAM, GENOA SALAMI, CAPICOLLA, PROVOLONE CHESE, FRESH BASIL, ROASTED PEPPERS, ARUGULA & BALSAMIC VINAIGRETTE
- 7 TENDER ROAST BEEF CHEDDAR CHEESE. PLUM TOMATOES. LEAF LETTUCE & HERB MAYO ON PUMPERNICKEL BREAD
- 8 BLACK FOREST HAM SWISS CHEESE, LEAF LETTUCE, TOMATOES & DIJON MUSTARD ON ON PUMPERNICKEL BREAD

### FISH

- 9 SMOKED SALMON SCALLION CREAM CHEESE CUCUMBERS ON BLACK BREAD
- 10 HEALTHY MEDITERRANEAN TUNA SALAD ONION CUCUMBER ROASTED PEPPERS CAPERS) ON 7 GRAIN BREAD

# **WRAP SANDWICHES \$10.95**

- 11 BUFFALO CHICKEN CARROTS. BUFFALO SAUCE. LETTUCE. TOMATO & BLUE CHEESE DRESSING
- 12 TEXAS CHICKEN GRILLED CHICKEN, BBQ SAUCE, CHEDDAR, LETTUCE & TOMATO
- 13 CHICKEN CAESAR GRILLED CHICKEN. LETTUCE. PARMESAN & ROASTED PEPPERS WITH CAESAR DRESSING
- 14 CALIFORNIA CHICKEN GRILLED CHICKEN. LETTUCE. TOMATO. ROASTED PEPPER. AVOCADO & RANCH DRESSING
- 15 GREEK ISLAND WRAP TOMATO. FETA. KALAMATA OLIVES. CUCUMBER. ONION & BALSAMIC DRIZZLE
- 16 CHIPOTLE CRISPY CHICKEN CUTLET AVOCADO. TOMATOES. ARUGULA W/ CHIPOTLE AIOLI. SPREAD



## PANINI OUT OF THE OVEN

### PANINI \$10.95

SERVED ON EUROPEAN FLAT GRILL PANINI BREAD ONLY WITH CHOICE OF CHIPOTLE PEPPER, HONEY MUSTARD OR ROASTED GARLIC DIPPING SAUCE

- 17 EGGPLANT PARMIGIANA FRESH MOZZARELLA. TOMATO SAUCE & FRESH BASIL
- MOZZARELLA. CARAMELIZED ONIONS. ARUGULA & BASIL PESTO
- 19 CHICKEN FAJITA GRILL CHICKEN. ROASTED PEPPERS AND ONIONS, JACK CHEESE, & MILD SALSA
- 20 ROASTED TURKEY CRISPY BACON, PEPPER JACK CHEESE, TOMATO & AMP; HERB MAYO
- 21 MONTE CHRISTO BAKED HAM. SMOKED TURKEY. SWISS. CHEDDAR. TOMATO & HONEY MUSTARD

### OVEN CRISP SANDWICHES \$10.95

SERVED ON RUSTIC CIABATTA BREAD ONLY WITH CHOICE OF CHIPOTLE PEPPER. HONEY MUSTARD OR OASTED GARLIC DIPPING SAUCE

- 22 CHICKEN CORDON BLEU CHICKEN CUTLET, SWISS CHEESE, BLACK FOREST HAM & DIJONNAISE
- 23 CHICKEN PARMIGIANA CRISPY CHICKEN CUTLET. FRESH MOZZARELLA. BASIL & MARINARA SAUCE
- 24 TURKEY CUBANO SMOKED TURKEY. PROSCIUTTO. SLICED PICKLES. SWISS CHEESE & RUSSIAN DRESSING
- 25 SOUTHERN BBO CHICKEN BBO CHICKEN. CHEDDAR CHEESE. GRILLED RED ONION & LETTUCE
- 26 CHICKEN BROCHETTA PESTO GRILLED CHICKEN, MELTED MOZZARELLA, TOMATO & FRESH BASIL SALSA

### QUESADILLAS \$10.95

STUFFED WITH 3 CHEESES AND SERVED HOT AND CRISP WITH SOUR CREAM AND SALSA

- 27 CLASSIC THREE CHEESE THREE CHEESES ROASTED PEPPERS AND ROASTED ONIONS
- 28 GRILLED CHICKEN TENDER GRILL CHICKEN THREE CHEESES ROASTED PEPPERS AND ROASTED ONIONS
- 29 ASADA STEAK CHARD GRILL STEAK THREE CHEESES ROASTED PEPPERS AND ROASTED ONIONS
- SAUTEED GRILL MUSHROOMS THREE CHEESES ROASTED PEPPERS AND ROASTED ONIONS
- GRILLED BBO CHICKEN THREE CHEESES ROASTED PEPPERS AND ROASTED ONIONS



# **SAVORY SOUPS**

WE OFFER UP TO 4 FRESHLY MADE SOUPS DAILY, CALL AND ASK FOR OUR DAILY SPECIALS SMALL \$4.50 ★ LARGE \$5.50

# DAILY CLASSICS

CHICKEN NOODLE A HEARTY CLASSIC SOUP **VEGETABLE VEGETARIAN SPLIT PEA OR LENTIL RICH AND HEARTY** 

# **BURRITOS \$10.95**

GRILLED CHICKEN ASADA STEAK WILD MUSHROOM WITH RICE. BLACK BEANS. JACK CHEDDAR CHEESE SERVED WITH SOUR CREAM & SALSA (CHOICE OF CHICKEN, STEAK, WILD MUSHROOM

## FAMOUS PIZZA

SLICE PIE

CALZONES	RC	ILLS	EXTRAS		
MARGARITA	\$4.95	\$28.95			
WHITE SPINACH	\$4.95	\$28.95	HAWAIIAN\$4.95	\$32.95	
MEATBALLS	\$4.95	\$28.95	VEGGETABLES\$4.95	\$28.95	
MUSHROOMS & BROCCOLI	\$4.95	\$28.95	CHICKEN AND BACON\$4.95	\$32.95	
SAUSAGE	\$4.95	\$28.95	MEAT LOVERS\$5.95	\$35.95	
PEPPERONI	\$4.95	\$26.95	GRILL CHICKEN\$4.95	\$32.95	
SICILIAN	\$4.95	\$26.95	BUFFALO CHICKEN\$4.95	\$32.95	
PLAIN CHEESE	\$3.50	\$23.95	PEPPERS & ONIONS\$4.95	\$28.95	
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#### ROLLS EXTRAS CHICKEN ROLL GARLIC KNOTS 4 PCS...

BEEF PATTIE\$3.95	
CARD HAM OR CAHCAGE OR CRIMAGH CO CO.	



# BURGERS & GRILL CHEESE

BEEF HAMBURGER.	\$7.00
TURKEY BURGER	\$8.00
VEGGIE BURGER	88.00
GRILL CHEESE	\$5.95

ADD ONS DELUXE SERVED WITH LETTUCE. TOMATOES AND FRIES ADD \$4.50 CHEESE ADD \$1.00 BACON ADD \$2.50 TOMATOES ADD \$1.00 DOUBLE BURGER ADD \$5.00

# FROM OUR GRILLS

EUBEN PASTRAMI REUBEN, SWISS CHEESE, COLESLAW & RUSSIAN DRESSING ON RYE TOAST	\$11.5
LUB TURKEY TURKEY, BACON, LETTUCE AND TOMATOES WITH MAYONNAISE	
AMB OR CHICKEN GYRO LETTUCE, TOMATOES, ONIONS & GYRO SAUCE ON PITA BREAD	
HILLY OR CHICKEN CHEESE STEAK PRIME ROAST BEEF, GRILLED MUSHROOMS, PEPPERS, ONIONS AND PEPPERJACK CHEESE ON A SEMOLINA HERO	
URRITO (CHOICE OF CHICKEN, BEEF, OR VEGGIE) RICE, BEANS, JACK CHEDDAR CHEESE	
ACO SALAD BOWL (CHOICE OF CHICKEN, BEEF, OR VEGGIE) RICE, LETTUCE, TOMATO, CHEESE	
LT SANDWICH.	
ONION RINGS \$3.95. FRENCH FRIES \$3.95. CURLY FRIES \$3.95	

# CREATE YOUR OWN SALAD BAR

**ENJOY YOUR SALAD TOSSED OR CHOPPED \$10.95** 

#### STEP I

SLICE PIE

CHOOSE YOUR LETTUCE BABY GREENS CRYSP ROMAINE ORGANIC SPINACH HEALTHY KALE BABY ARUGULA

# STEP 2

CHOOSE YOUR MAIN INGREDIEN ROSEMARY GRILL CHICKEN CRISPY CHICKEN CUTTLE **GRILL CAJUN CHICKEN** ALBACORE TUNA PORTOBELLO MUSHROOMS SMOKED TURKEY SPICY SHRIMP ADD \$1.00

### STEP 3

CHOOSE UP TO 2 ITEMS FROM THE FOLLOWING SSAGA BLUE CHEESE ARTICHOKES FETA CHEESE ROASTED PEPPERS SHAVED ROMANO KALAMATA OLIVES FRESH MOZZARELLA SHREDDED CHEDDAR FRESH AVOCADO BACON BITS DRY CRANBERRIES FGG WHITES HARD BOILED EGGS

#### STEP 4

CHOOSE UP TO 4 TOPPINGS FROM THE FOLLOWIN SHAVED RED ONIONS SCALLIONS BELL PEPPERS CROUTONS CHOPPED TOMATOES SLICED CUCUMBERS SLICED MUSHROOMS BROCCOLI FLORETS SWEET CORN SHREDDED CARROTS CHICKPEAS SWEET PEAS SESAME NOODLES KIDNEY BEANS PENNE PASTA SUNFLOWER SEEDS ALFALFA SPROUTS CHERRY TOMATOES SLICED BEETS **GOLDEN RAISINS** 

#### STEP 5

BALSAMIC VINAIGRETTE SESAME GINGER LOW FAT HONEY DIJON LOW FAT LOW CAL CAESAR **BLUE CHEESE** CLASSIC FRENCH RUSSIAN ROASTED GARLIC VINAIGRETTE **LOW FAT RANCH** LOW FAT ITALIAN FAT FREE LEMON HERB FAT FREE RASPBERRY RED WINE VINEGAR BALSAMIC VINEGAR

EXTRA VIRGIN OLIVE OIL

FRESH SQUEEZED LEMON JUICE

CHOOSE ONE OF OUR HOMEMADE DRESSINGS

# ENTREE SALADS \$12.95

HOUSE GARDEN GRILL CHICKEN SALAD MIX GREENS. CARROTS. CUCUMBERS. ALFALFA SPROUTS. CHERRY TOMATOES BROCCOLI FLORETS. WITH

MANDARIN ORANGES

CITY CAFE FAVORITE SALAD ORGANIC BABY GREENS. GRAPES. CRANBERRIES. FRESH PERLINE MOZZARELLA. CARAMELIZED WALNUTS WITH

D CRISP ROMAINE. GRILLED CHICKEN. ROMANO CHEESE. CHERRY TOMATOES. HOUSE MADE CROUTONS. AND CAESAR DRESSING ORGANIC MIX GREENS. SMOKED TURKEY. AVOCADO. BACON. BOIL EGG. CHERRY TOMATOES AND BLUE CHEESE DRESSING GREEK SALAD CRISP ROMAINE. STUFFED GRAPE LEAVES. CUCUMBER. CHERRY TOMATOES. FETA CHEESE. ONIONS WITH VIRGIN OLIVE OIL AND RED VINEGAR

# SIDE SALADS \$5.95

GARDEN SALAD, CAESAR SALAD, POTATO SALAD, MACARONI SALAD, COSLOW



# CREATE YOUR OWN SANDWICHES

CREATE YOUR OWN SANDWICH ON OUR GREAT SELECTION OF BRICK OVEN BREADS: FRENCH BAGUETTE. SEMOLINA HERO. . SEEDLESS ROLL. SLICE RYE. SLICE WHOLE WHEAT. SLICE BLACK BREAD. SLICE 7 GRAIN BREAD

SMOKED TURKEY	\$8.50	CHICKEN SALAD	\$8.50	<b>BREADED CHICKEN CUTLET\$8.50</b>
RARE ROAST BEEF	\$8.50	EGG SALAD	\$8.50	TUNA SALAD \$8.50
CAJUN CHICKEN	\$8.50	BAKED HAM	\$8.50	CHEESE SANDWICH \$8.50
GRILLED BREAST OF CHICKEN	\$8.50	FRESH ROAST TURKEY	\$8.50	GENOVA SALAMI \$8.50

### EXTRAS ON YOUR SANDWICH

TOMATO \$1.00 • ROASTED PEPPERS \$1.00 • AVOCADO \$2.50 • CHEESE \$1.00

# CHEF'S SPECIAL HOT ENTREES

### STEAM TABLE ENTREE

E CHICKEN FRANCESE, CHICKEN PARMIGIANA, CHICKEN MARSALA W/ MUSHROOMS, CHICKEN FLORENTINE W/ SPINACH, CHICKEN CORDON BLEU. CHICKEN LEMON. CHICKEN TABASCO. ROASTED CHICKEN

MACARONI & BEEF. BAKED ZITI. SPAGHETTI MEAT BALLS. GRILLED CHICKEN PENNE. PENNE W/ VEGGIES. PENNE TUFU FRESCO

CHEESE. ROASTED POTATOES. RICE AND VEGGIES. WHITE RICE, YELLOW RICE, RICE AND BEANS





# HOMEMADE DESSERTS BROWNIE \$4.95

OREO BROWNIE. CHOCOLATE FUDGE BROWNIE. WALNUT BROWNIE. MANGO BROWNIE. PEANUT BUTTER BROWNIE. SNICKER BROWNIE, PECAN BAR BROWNIE

# LARGE COOKIES \$4.00

GIANT OATMEAL RAISIN COOKIE. GIANT BLACK BAMP: WHITE COOKIE. GIANT CHOCOLATE CHIP COOKIE

# SHAKES & FRUIT SMOOTHIES - SM. \$6.95 / LG. \$7.95

# BREAKFAST

### SANDWICHES

WO EGGS ON A ROLL	\$4.25	CHEESE OMELETTE ON A ROLL	\$6.25
GG WHITES ON A ROLL	\$5.25	HEALTHY EGG WHITE OMELETTE WITH VEGETABLES ON A ROLL	\$8.25
EGETABLE OMELETTE ON	I A ROLL\$7.25	WESTERN OMELETTE ON A ROLL	\$8.25
ADD EXT	RA FOR : EGG WHITES \$1.00	• MEAT \$2.50 • VEGETABLE \$1.00 • CHEESE \$1.50	

EGG \$1.25 • AVOCADO \$2.50 • HASH BROWN OR HOME FRIES \$1.25

TWO EGGS ANY STYLE	TERS			
CHEESE OMELETTE				
WESTERN OMELETTE				
HEALTHY EGG WHITE OMELETTE	\$9.75			
VEGETABLE OMELETTE	\$8.75			
HEALTHY AVOCADO TOAST WITH CHERRY TOMATOES AND SC	ALLIONS\$9.75			
ALL OF THE ABOVE SERVE ADD BBACON, TURKEY BACON, HAM, PORK SAUSAGE, TURKE	D WITH TOAST & HOME FRIES Y Sausage, Beef Sausage\$2.50			
GRIDLE ORIGINALS				
BUTTERMILK PANCAKES SERVED WITH MAPLE SYRUP\$6.75 BELGI	IAN WAFFLE SERVED WITH MAPLE SYRUP\$6.75			
CHALLAH FRENCH TOAST SERVED WITH MAPLE SYRUP\$6.75 CREP	ES WITH STRAWBERRY BANANA NUTELLA\$10.75			
ADD BACON, HAM OR SAUSAGE \$2.50 STRAWBERRIES \$1.50 BANANAS	`\$1.50			
4				

## JUMBO BAGELS AND ROLLS

PLAIN, POPPY, SESAME, CINNAMON RAISIN, ONION (EVERYTHING WHOLE WHEAT)..... ADD BUTTER 50C, JELLY 50C, CREAM CHEESE \$1.50, LOX SPREAD \$4.25, SALMON \$9.45. VEGETABLE AND SCALLION

CREAM CHEESE ADD 2.00

# HOT CEREAL BAR

**OATMEAL SM. \$4.50** ★ **LG. \$5.50** 

[COMPLEMENTARY TWO TOPPINGS EACH ADDITIONAL AD 1] ADD BANANAS. STRAWBERRIES. BLUEBERRIES. ALMOND. **CRANBERRIES. WALNUTS \$1.00** 

## HOMEMADE PAREFAIT

CRUNCHY HONEY GRANOLA SERVED WITH NON FAT YOGURT, FRESH FRUIT AND BERRIE

# FRESH SQUEEZED ORANGE JUICE \* REG. \$5.95

### FRESH FRUIT

REG. \$4.95 ★ LG. \$5.95 APPLES.......\$1.95 ORANGES.......\$2.00 BANANAS........\$1.00

# YOGURT CUPS



FAGE / CHOBANI YOGURT



#### CATERING IS OUR SPECIALITY

# FRESH FROM OUR BAKERY

### **BAKING DONE ON THE PREMISES**

HAL'S NEW YORK CHIPS.

MUFFINS				
CORN, BLUEBERRY, CRANBERRY, HONEY RAISIN BRAN, BANANA NUT, CARROT, APPLE CINNAMON, LEMON POPPY	\$2.5			
FAT FREE MUFFINS				
BLUEBERRY, BRAN, CORN,CHOCOLATE CHIP, OAT BRAN	\$2.5			
SUGAR FREE MUFFINS				
BLUEBERRY, BRAN, CORN,CHOCOLATE CHIP, OAT BRAN	\$2.5			
CROISSANTS	¢9.7			

# ALMOND. CHEESE CHOCOLATE LOW FAT YOGURT LOAVES

PLAIN, MARBLE, CARROT, WANUT, LEMON, POPPY, BLUEBERRY, TROPICAL ORANGE, CHOCOLATE,

CHEESE, CINROMON SWIRL, CINNAMON STICK	3.25
SCONES WALNUT RAISIN, BLUEBERRY, CRANBERRY, CHOCOLATE CHIP	
SNACKS	

CEREAL CUPS \$2.95 MILK ADD \$1.00

\$2.75

BEER IS AVAILABLE ALL THE MAJOR BRANDS MODELO. CORONA. HEINEKEN

### BEVERAGES SMALL LARGE SMALL LARGE SMALL LARGE ICED COFFEE HOUSE BLEND..... \$2.75 \$3.25 ICED FLAVORED COFFEE ... \$3.00 \$3.25 ICED HERBAL TEA......\$3,25 \$3,75 ICED LEMONADE .....\$2.75 FRESH BREWED ICED TEA..... \$2.75 \$3.25 CANNED SODA .....\$2.00 HOT CHOCOLATE - 100% MILK . \$3.45 BOTTLED WATER SM. \$2.00 ★ MED. \$3.00 ★ LG. \$4.00 CAPPUCCINO ......\$4.95 \$5.95 ...\$3.50 \$4.50 TROPICANA JUICES. .....\$2.50 DOUBLE \$3.50 ...\$4.95 \$5.95 CHAI LATTE ..... ...\$4.95 RED BULL





TAKEOUT MENU

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