## sandwiches

Vegan sandwich options come with vegan cheese and mayo on a vegan pub bun. We have vegan buns, and we have gluten-free buns, but there is no vegan AND gluten-free bun option at this time.

The Impossible Burger

vegan / vegetarian 18

This is a 100% plant-based burger that offers you an authentic, meat-like burger experience - and now it's Gluten-Free! We serve it with American cheese, tomato, onion, pickles, lettuce, and mayo. Add a second patty for an extra 6

Akua Kelp Burger

vegan / vegetarian 18

The newest, best thing! 100% plant-based, non-GMO, soy-free and gluten-free. Served with mayo, lettuce, onion, pickle, tomato, and cheese.

**Vegan Chicken Sandwich** vegan / vegetarian 18 Gardein Vegan Chicken Breast on a Pub bun with lettuce, pickles, and plenty of our own Cajunnaise.

Viet-Thai Baguette

vegan / vegetarian 19

Chopped Impossible burger, cabbage, celery, green onions, and cilantro, topped with our spicy chili sauce.

Vegedelphia Cheesesteak vegan / vegetarian 19

Tofurky strips, sautéed onions, and bell peppers, with, yes, Cheez Whiz – deal with it!

(Or don't deal with it - get the vegan option.)

ImpossiBall Sub

vegetarian 20

Sub sandwich with Impossible "meat" balls (same ones we use for the Spaghetti and ImpossiBalls) and the usual stuff like House Marinara and cheese or whatever.

Shrimp(less) Po' Boy

vegan 19.5

New Wave plant-based, breaded and deep-fried "shrimp" with cabbage slaw, diced tomato, and our vegan creole sauce. This is vegan, kosher, and environmentally friendly.

Nopales Fritos Wrap

vegan / vegetarian 19

Lightly breaded and deep fried cactus strips, diced tomato, cabbage slaw, cilantro, and spicy red chile yogurt sauce wrapped in a flour tortilla, not unlike a burrito.

Cajun Tofu Sandwich

vegan / vegetarian 18

Louisiana style breaded and deep-fried tofu, served with lettuce, tomato, onion, and pickles on a Pub Bun with plenty of our unique Cajunnaise and a side of vegan buffalo ranch.



# fork and knife stuff

Spaghetti and ImpossiBalls

/egetarian 2

Thin spaghetti topped with our House Marinara and three New Jersey style "meat" balls made from ground Impossible burger, Parmesan cheese, Italian seasonings, and two proprietary (but still vegetarian!) ingredients - served with sliced baguette. No nuts, no soy. There is no vegan or gluten-free option. So fuhgeddaboudit.

Linguini Puttanesca

vegan 20

Black olives, tomatoes, onions, bell peppers, garlic, and sliced Italian Tofurky, tossed in our delicious spicy marinara sauce – served with sliced baguette.

Juju's Favorite Pasta

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vegan / vegetarian 21

Thin spaghetti, grape tomatoes, Crimini Mushrooms, and capers tossed in pan sauce of butter, garlic, and olive oil. Topped with Parmesan and served with sliced Baguette. Not reinventing the wheel on this one - just making it taste better.

Inland Empire Street Tacos

vegan 19

Four tacos with ground Impossible burger, onions, tomatoes and cilantro. Served with our unique sweet and sour taco sauce and choice of our hand-cut fries or side salad. Yes, this is completely vegan!

Creole Penne

vegan 25

Totally vegan and free of gluten: sautéed arugula, tomatoes, onions, and bell peppers - tossed in a white cream sauce made with vegan cheese, coconut milk, and Cajun spices.

Mushroom Tortellini

vegetarian 25

Tri-colored cheese-stuffed pasta with house-made Cajun alfredo sauce, bell peppers, tomatoes, and crimini mushrooms – served with sliced baguette.

**Buffalo Tofu Salad** 

vegan 25

Deep fried firm tofu (GF) tossed in Frank's Buffalo sauce and served on a bed of seasonal greens, cilantro, celery, onions, tomatoes, pumpkin seeds, cabbage, and vegan ranch dressing.

20% gratuity added to parties of 6 or more

## appetizers

Deep Fried Mozzarella Sticks

vegetarian 15

You know 'em. You love 'em. We got 'em. So get 'em.

Tickles's Chili Fries



vegan 15

Cascadia's hand-cut fries topped with dairy-free cheese, green onions, diced tomatoes, and our famous vegan chili.

**Evergreen Beans** 



vegetarian 12

Fresh green beans sautéed in sesame oil, garlic, butter, lemon juice, and a shprinkle of salt.

How Do You Say Gnocchi?

vegetarian 11

Potato dumplings boiled, sautéed, and topped with Marinara and parmesan. Vegan if served sans parmesan cheese.

Soup: Vegan Chili

cup 6.5

Everything you want in a meat-free chili: pinto beans, corn, tomatoes, green chiles, onions, and meatless crumbles.

Deep Fried Shrimpless Shrimp

vegan16

New Wave plant-based shrimp served with a side of our wasabi cocktail sauce.

Deep Fried Pickles



vegan15

Good ol' dill pickles, sliced lengthwise, battered in coconut milk and corn starch, fried up just right, and served with vegan buffalo ranch dipping sauce.

Tofu<sup>2</sup>



vegan 15

Extra firm tofu squares battered in coconut milk and corn starch, deep-fried to crunchy goodness, and served with Northwest BBQ and vegan buffalo ranch dipping sauces. This is completely vegan and "all good"!

### salads

We make our own salad dressings and they are all gluten-free! Juju's Sicilian Red Wine Vinaigrette (vegan), Balsamic Vinaigrette (vegan), Vegan Ranch (vegan), Bleu Cheese, or Buttermilk Ranch.

Vegan-option salads come with vegan cheese.

#### Add a bread basket \$6

Please remind your server that you are ordering from the Vegetarian menu when ordering one of these salads, okay? Thanks!

#### Vegetarian or Vegan Purist

Sometimes it's the simple things in Life...Seasonal greens with red onions, grape tomatoes, and Parmesan.

#### Vegetarian or Vegan Grilled Romaine

11

Romaine brushed with olive oil and grilled; topped with vegan bacon bits, red onion, tomatoes, and Parmesan. Comes with your choice of vinaigrette.

#### Vegetarian or Vegan Wedge

12

We make a hunk of iceberg lettuce classy by dressing it up with vegan bacon bits, pumpkin seeds, bleu cheese crumbles, red onions, and tomatoes.

#### Vegetarian or Vegan Cascadian

11

Seasonal greens, grape tomatoes, red onions, vegan bacon bits, bleu cheese crumbles, and pumpkin seeds.

#### Juju's Favorite Vegetarian or Vegan Lunch

16.5

A bowl of soup or vegan chili, and either a Purist or Cascadian salad - served with sliced baguette.

**Grilled Romaine or Wedge salad** *may be substituted* for an additional 1.50

## bevs

Fountain Drinks 3.75

Coca-Cola Diet Coke

Mello Yello DrPepper

Fanta Orange Soda Sprite

Lemonade 3.50 Flavored Lemonades 3.75

Iced Tea 3.50

Cranberry or Apple Juice 3.50

Assorted San Pellegrino Sodas 2.50 Coffee/Hot Tea/Hot Chocolate 3.50

Cock n' Bull Ginger Beer 4.00

Topo Chico Carbonated Mineral Water in a 12oz. Bottle 4.00

# dietary key



= Gluten free



= Can be prepared Gluten Free

Note from Menu Editor Jill: Thank you for being here to read this. I love this place and I'm not just saying that because they pay me in fried pickles.