



vegan and vegetarian sandwiches

Vegan sandwich options come with vegan cheese and mayo on a vegan pub bun. We have vegan buns, and we have gluten-free buns, but there is no vegan AND gluten-free bun option at this time.

The Impossible Burger ■ vegan / vegetarian 21

This is a 100% plant-based burger that offers you an authentic, meat-like burger experience - and now it's Gluten-Free! We serve it with American cheese, tomato, onion, pickles, lettuce, and mayo.

Add a second patty for an extra 6

BBQ Pulled Chik'n Sandwich ● vegan 21

Alpha brand chik'n tossed in Jeff's NW BBQ sauce - served on a pub bun with cabbage slaw and pickles.

Vegan "Chicken" Sandwich ● vegan / vegetarian 21

Gardein Vegan Chicken Breast on a Pub bun with lettuce, pickles, and plenty of our own Cajunnaise.

Viet-Thai Baguette ■ vegan / vegetarian 22

Chopped Impossible burger, cabbage, celery, green onions, and cilantro, topped with our spicy chili sauce.

Vegedelpia Cheesesteak ● vegan / vegetarian 22.5

Beyond "steak" strips, sautéed onions, and bell peppers, with, yes, Cheez Whiz - deal with it!

(Or don't deal with it - get the vegan option!)

Vegan Sloppy Jo ■ vegan 20.5

Impossible "meat" tossed in Jeff's sweet and tangy Sloppy Jo sauce that is much, much better than what you might remember from grade school - and no obligatory Dodge Ball!

Nopales Fritos Wrap ● vegan / vegetarian 22

Lightly breaded and deep fried cactus strips, diced tomato, cabbage slaw, cilantro, and spicy red chile yogurt sauce wrapped in a flour tortilla, not unlike a burrito.

Cajun Tofu Sandwich ■ vegan / vegetarian 21

Louisiana style breaded and deep-fried tofu, served with lettuce, tomato, onion, and pickles on a Pub Bun with plenty of our unique Cajunnaise and a side of vegan buffalo ranch.

fork and knife stuff

Spaghetti and ImpossibleBalls ● vegetarian 27.5

Thin spaghetti topped with our House Marinara and three New Jersey style "meat"balls made from ground Impossible burger, Parmesan cheese, Italian seasonings, and two proprietary (but still vegetarian!) ingredients - served with sliced baguette. No nuts, no soy. There is no vegan or gluten-free option. So fuhgeddaboutit.

"Chicken" Fried "Steak" ● vegan 27.5

10oz Impossible burgersteak, breaded with house-seasoned corn starch and coconut milk batter - deep fried and topped with Jeff's brown vegan gravy - served with side of sautéed onions and Cascadia's hand-cut fries.

Juju's Favorite Pasta ■ vegan / vegetarian 24.5

Thin spaghetti, grape tomatoes, Crimini Mushrooms, and capers tossed in a pan sauce of butter, garlic, and olive oil. Topped with Parmesan and served with sliced Baguette. Simple. Elegant. Italianate.

Inland Empire Street Tacos ● vegan 21.5

Four tacos with ground Impossible burger, onions, tomatoes and cilantro. Served with our unique sweet and sour taco sauce and choice of our hand-cut fries or side salad. Yes, this is completely vegan!

Creole Penne ● vegan 27.5

Totally vegan and free of gluten: sautéed arugula, tomatoes, onions, and bell peppers - tossed in a white cream sauce made with vegan cheese, coconut milk, and Cajun spices.

Mushroom Tortellini ● vegetarian 28.5

Tri-colored cheese-stuffed pasta with house-made Cajun alfredo sauce, bell peppers, tomatoes, and crimini mushrooms - served with sliced baguette.

Buffalo Tofu Salad ● vegan 27.5

Deep fried firm tofu (GF) tossed in Frank's Buffalo sauce and served on a bed of seasonal greens, cilantro, celery, onions, tomatoes, pumpkin seeds, cabbage, and vegan ranch dressing.

Vegan Fish 'n' Chips ● vegan 26

Gardein F'sh strips with our hand cut fries and the best darn sesame cole slaw in the world.

Japanese Steak Salad ● vegan 27.5

Beyond 'steak' strips marinated in lime ponzu and served on a Yakisoba and chopped vegetable salad tossed in sesame salad dressing. Served with side of red garlic chile sauce and cilantro garnish.

Chik'n Quesadilla ● vegan 24

Onion, bell pepper, tomato, vegan mozzarella, and Alpha brand Chik'n strips - served with fries and side of our sweet and spicy taco sauce.

appetizers

Deep Fried Mozzarella Sticks vegetarian 15
You know ‘em. You love ‘em. We got ‘em. So get ‘em.

Tickles’s Chili Fries vegan 15
Cascadia’s hand-cut fries topped with dairy-free cheese, green onions, diced tomatoes, and our famous vegan chili.

Vegan Poutine vegan 15
Cascadia’s hand-cut fries topped with dairy-free shredded mozzarella, green onions, vegan baco-bits, and Jef’s brown vegan gravy.

Evergreen Beans vegan 13
Fresh green beans sautéed in sesame oil, garlic, lemon juice, and a shprinkle of salt.

How Do You Say ‘Gnocchi?’ vegan / vegetarian 12
Potato dumplings boiled and topped with Marinara and parmesan. Vegan if served sans parmesan cheese.

Soup: Vegan Chili cup 7 bowl 9
Everything you want in a meat-free chili: pinto beans, corn, tomatoes, green chiles, onions, and meatless crumbles.

Deep Fried Pickles vegan 15
Good ol’ dill pickles, sliced lengthwise, battered in coconut milk and corn starch, fried up just right, and served with vegan buffalo ranch dipping sauce.

Tofu² vegan 16
Extra firm tofu squares battered in coconut milk and corn starch, deep-fried to crunchy goodness, and served with Northwest BBQ and vegan buffalo ranch dipping sauces. This is completely vegan and “all good”!

20% gratuity added to parties of 6 or more.

small salads

We make our own salad dressings and they are all gluten-free! Juju’s Sicilian Red Wine Vinaigrette (vegan), Balsamic Vinaigrette (vegan), Vegan Ranch (vegan), Bleu Cheese, or Buttermilk Ranch.

Vegan-option salads come with vegan cheese.

Add a bread basket \$6

Please remind your server that you are ordering from the Vegetarian menu when ordering one of these salads, okay? Thanks!

Vegetarian or Vegan Purist 9.5
Sometimes it’s the simple things in Life...Seasonal greens with red onions, grape tomatoes, and Parmesan.

Vegetarian or Vegan Grilled Romaine 13
Romaine brushed with olive oil and grilled; topped with vegan bacon bits, red onion, tomatoes, and Parmesan. Comes with your choice of vinaigrette.

Vegetarian or Vegan Wedge 13
We make a hunk of iceberg lettuce classy by dressing it up with vegan bacon bits, pumpkin seeds, bleu cheese crumbles, red onions, and tomatoes.



Vegetarian or Vegan Cascadian 12
Seasonal greens, grape tomatoes, red onions, vegan bacon bits, bleu cheese crumbles, and pumpkin seeds.

Juju’s Favorite Vegetarian or Vegan Lunch 17.5
A bowl of soup or vegan chili, and either a Purist or Cascadian salad.
Grilled Romaine or Wedge salad may be substituted for an additional 2.50

bevs

Fountain Drinks 3.75		
Coca-Cola		
Diet Coke		
Mello Yello	Lemonade	3.50
DrPepper	Flavored Lemonades	3.75
Fanta Orange Soda	Iced Tea	3.50
Sprite	Cranberry or Apple Juice	3.50
	Assorted San Pellegrino Sodas	3.00
	Coffee/Hot Tea/Hot Chocolate	3.50
	Cock n’ Bull Ginger Beer	4.00
Topo Chico Carbonated Mineral Water in a 12oz. Bottle 4.00		

dietary key

-  = Gluten free
-  = Can be prepared Gluten Free

Note from Menu Editor Jill: Thank you for being here to read this. I ADORE this place and I’m not just saying that because they pay me in fried tofu.