



Star-Confidence Guide

*Your Self-Confidence Boost By
Zodiac Sign & A Daily Checklist to
Maintain Your Shine*





Hi there!

Thank you for downloading Cosmusic's Star-Confidence Guide. You may be thinking, "That sounds amazing, but just what is star-confidence?"

Glad you asked! Knowing and owning who you are then living that out in meaningful and fulfilling ways guided by astrology is what I call *Star-Confidence!*

This belief sparked my journey as an attorney turned techpreneur. Cosmusic channels my passion for music, astrology, and entrepreneurship, allowing MY star-confidence to shine while helping others. Astrological guidance and awareness empowers you to create fulfillment and higher purpose connection.

In the pages that follow, based on your zodiac sign, you'll find tips to help your star-confidence sparkle even brighter by illuminating how you shine. There's also a daily checklist to help you maintain that positive glow.

Looking forward to connecting with you, again, through my app or social media!



Love and light,

DorriSSa

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Star-Confidence Guide

- Aries** You stay ready, so there's no need to get ready! Be mindful of blind ambition to keep that drive and passion flowing in the right direction.
- Taurus** You've got this, and you know it, so take it easy! To make love last, be sure to lavish it on yourself just as much as you do those you care for.
- Gemini** You are #BookedAndBusy and well-versed in the hot topics! Have a little faith that the right connections will happen at the right time.
- Cancer** You're skilled in the thrill of feeling your way through life! Good boundaries, self-care, and emotional release will keep you right as rain.
- Leo** Lights. Camera. Action. You own the spotlight and shine bright! Be sure to do the right things for the right reasons to garner appreciation.
- Virgo** You take things from good to great to excellent! Pursuing meaningful goals can channel your impeccable drive towards a higher purpose.
- Libra** Your charm and diplomacy are alluring and engaging! Save some of that sweetness for yourself to counterbalance your inner critic.
- Scorpio** You are patient, pensive, and powerful! Stay resilient by reflecting on personal transformations and positive ways you've helped others.
- Sagittarius** You find and revel in the best life has to offer! Let intuition coupled with facts guide your quest for life as you take the road less traveled.
- Capricorn** You are the G.O.A.T. with the skills to pay the bills! Even if you have to schedule it in, reward your unwavering dedication with a small token.
- Aquarius** Your swagger is cool, calm, and collected! Intuition and emotions are just as informative as logic and reason, so tap into those tools, too.
- Pisces** You are a beacon of light and love to all! Keep your lighthouse shining bright by tending to your own needs so you can keep guiding others.



Star-Confidence Daily Checklist

1. Grab your best earphones or radio and turn on your anthem
2. Make wellness and nutrition a priority
3. Reflect on your most admired qualities and/or previous successes
4. Smile and give yourself a compliment
5. Connect with the "fire" inside by using empowered inner dialogue

Here's one of my favorite exercises as an example of empowered inner dialogue by Deepak Chopra called "The Fire in Your Eyes" also known as the principles of self-referral. In his book, *The Spontaneous Fulfillment of Desire*, Deepak provides the following "Fire in Your Eyes" exercise:

"Look into your eyes in a mirror and silently [say to yourself]:

1. I am totally independent of the good or bad opinion of others.
2. I am beneath no one, and no one is beneath me.
3. I am fearless in the face of all challenges.

[Continue to] look into your eyes and silently [repeat the principles until] you see these attitudes reflected back at you."



Thank You!

We hope you found this resource helpful for creating self-connection, personal clarity, and "star-confidence!" If you're looking for more helpful resources like this one, check us out online.

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