



Redemption Farm Hoof Care  
www.redemptionfarm.com  
Kirrily Niswander  
(502) 297-1973

## Thrush Treatment

- **DO NOT USE ANYTHING HARSH OR CAUSTIC.** The goal is to eliminate the infection AND regrow new healthy frog tissue to fill in the crevice. Most common thrush treatments are very harsh and will damage the healthy tissue. They may eliminate the infection, but they are slowing the actual healing process if they damage the healthy tissue too! Do not apply anything to a frog that isn't safe to apply to your face.
- **Don't forget about DIET!** Many stubborn thrush cases are nearly impossible to fully resolve until the diet is optimized!
- If your horse has a very deep narrow central sulcus, any treatment will be more effective if you flush first with ACV in a curved tip syringe, then apply ointment/clay. Be sure to get it all the way to the bottom of the crevice!
- Oxine Soaks
  - Treats both thrush & white line disease. Same ingredient as White Lightening but much less expensive.
  - Soak 1-3 times weekly, then as needed
  - <https://www.healthyhoof.com/articles/Thrush/ThrushRevisited.html>
    - 1 oz (2 Tbsp) Oxine
    - ¼ tsp citric acid OR 1 oz vinegar (I've found citric acid is more effective)
    - Mix in 1 quart bottle, wait 3 minutes while you clean hooves, then fill with water
    - Pick hooves well, scrub with dish soap, scrape any debris out of white line, rinse, put on soak boots
    - Fill boots with diluted solution below hairline, soak for 20 minutes
- ACV Soaks: 50:50 apple cider vinegar & water, 30-45 minutes
- Pete Ramey's Goo Recipes
  - [www.hoofrehab.com/thrush\\_treatment.htm](http://www.hoofrehab.com/thrush_treatment.htm)
  - Apply with curved tip syringe **into bottoms of crevices** daily until resolved (twice daily if severe)
  - Three mix options:
    - 50:50 mix of triple antibiotic ointment (Neosporin) & 1% clotrimazole (athlete's foot cream)
    - 8 oz 40% zinc oxide diaper cream & 2 teaspoons copper sulfate powder (DO NOT USE MORE COPPER)
    - 50:50 mix of 40% zinc oxide diaper rash cream & 1% clotrimazole (athlete's foot cream)
- Natural clay packing, stays in for a couple days, great if you can't treat daily
  - Artimud or Field Paste (Red Horse Products)
  - Pure Sole Hoof Mud
  - Evo Thrush
- Hoof Stuff (Red Horse Products) - fibrous packing, great for deep narrow central sulcus, stays in for a few days
- Spray Solutions – scrub into crevice with soft toothbrush
  - DO NOT USE anything caustic or strong. Must be gentle and diluted. Stronger is NOT better!
  - Pick and clean hoof, brush loose dirt off frog with toothbrush, spray with solution, gently scrub solution into crevice, repeat. Goal is to get the solution worked into the bottom of the crevice.
  - Solution options:
    - Diluted chlorhexidine (1 oz per gallon of water)
    - Diluted Lysol (2 oz Lysol & 1 gallon of water – NO STRONGER!)
    - 50:50 apple cider vinegar & water (can add essential oils)
    - Diluted Oxine

***The best thrush treatment is usually a combination approach:  
balance diet, weekly soaks, daily topical application***