BREAKFAST SANDWIC	CHES		BAGELS		
	Cash	Credit		Cash	Credit
2 Eggs	\$6.00	\$6.24	Bagels Plain, Sesame, Poppy, Everything, Cinnamon Raisins, Onion, Salt, Egg, Egg Everything, Whole Wheat, Whole Wheat	\$2.00	\$2.08
2 Eggs & Cheese	\$7.50	\$7.80	Everything, Pumpernickel, Pumpernickel Everything		
Breakfast Special 2 Eggs, Meat & Cheese on a choice of bread	\$8.95	\$9.31	Flats Plain, Sesame, Poppy, Everything, Onion, Sunflower	\$2.50	\$2.60
Impossible Sausage, 2 Eggs & Cheese	\$8.95	\$9.31	Gluten Free Bagel Plain, Everything, Cinnamon Raisins	\$3.00	\$3.12
Bacon Sandwich	\$7.95	\$8.27	French Toast Bagel	\$3.00	\$3.12
BLT	\$8.95	\$9.31	Bagel Pudding	\$6.99	\$7.27
2 Egg Whites	\$6.95	\$7.23	Pizza Bagel - Plain	\$6.99	\$7.27
2 Egg Whites & Cheese	\$8.50	\$8.84	Specialty Pizza Bagel	\$8.99	\$9.35
2 Egg Whites, Meat & Cheese	\$10.95	\$11.39	Mini Bagel	\$1.00	\$1.04
The HOBO 2 Eggs, Bacon, Cheese & Hash brown	\$10.95	\$11.39	BY THE POUND		
Spicy HOBO 2 Eggs, Bacon, Pepperjack Cheese, Hash Brown & Hot sauce	\$10.95	\$11.39		Cash	Credit
The Powerhouse Turkey, Egg Whites, Lettuce, Tomato & Hot Sauce	\$11.95	\$12.43	Butter	\$12.00	\$12.48
The Hungry Man 3 Eggs, Bacon, Ham, Sausage, Hash Brown & Cheese on a Hero	\$12.95	\$13.47	Plain Cream Cheese	\$15.00	\$15.60
The Hungry Woman Egg Whites, Spinach, Turkey Bacon & Swiss Cheese in a Wrap	\$11.95	\$12.43	Scallion/Vegetable/Olive Cream Cheese	\$16.00	\$16.64
Israeli Breakfast Burrito Falafel, Egg Whites, Hummus & hot Sauce in a Wrap	\$11.95	\$12.43	Specialty Cream Cheese	\$17.00	\$17.68
ADD ONS			Tofu Plain Cream Cheese	\$17.00	\$17.68
	Cash	Credit	Tofu Scallion/Vegetable Cream Cheese	\$18.00	\$18.72
Egg/Cheese/Tomato/Vegetables	\$1.50	\$1.56	Lox Spread	\$18.00	\$18.72
Meat/Avocado	\$3.00	\$3.12	Chicken/Tuna Salad	\$17.00	\$17.68
Hash Brown	\$2.00	\$2.08	Egg Salad	\$16.00	\$16.64
Make your Omelette Egg White	\$1.75	\$1.82	Whitefish/baked Salmon Salad	\$22.00	\$22.88
On a Hero	\$1.50	\$1.56	Nova	\$65.00	\$67.60
On a Gluten free Bagel	\$2.50	\$2.60	Coleslaw/Macaroni Salad	\$14.00	\$14.56
OMELETTES			Turkey	\$20.00	\$20.80
Served with 3 Eggs, Home Fries or Hash Brow	vn & Toa	st	Roast Beef/Ham	\$18.00	\$18.72
	Cash	Credit	Salami/Bologna S	\$20.00	\$20.80
Spicy Vegetable Spinach, Onions, Peppers, Mushrooms & Jalapeños	\$13.95	\$14.51	Hot Corned Beef/Pastrami	\$22.00	\$22.88
Loco Pollo Grilled Chicken, Pepperjack, Avocado & Salasa	\$13.95	\$14.51	Grilled/Breaded Chicken cutlet	\$20.00	\$20.80
The Western Ham, Peppers, Onions & American Cheese	\$13.95	\$14.51	Fruit Salad	\$13.00	\$13.52
South Beach Spinach, Peppers, onions, Olives, Capers	\$13.95	\$14.51	Swiss/Muenster Cheese	\$18.00	\$18.72
The Mediterranean Falafel, Egg Whites, Cucumber, Israeli Salad & Hummus	\$13.95	\$14.51	Provolone Cheese	\$13.00	\$13.52
The LEO Lox, Eggs, Onions	\$16.95	\$17.63	American/Cheddar Cheese	\$12.00	\$12.48
The Farm Fresh Turkey Bacon, Spinach, Avocado & Salsa	\$13.95	\$14.51	Mozzarella/Pepperjack Cheese	\$12.00	\$12.48

OTHER BREAKFAS	T.2		SPECIALTY SANDWIC	HES	
	Cash	Credit	Served with Chips & a Pickle	Cash	
French Toast	\$10.95	\$11.39	The Southampton Roast Beef with melted Muenster, Tomato & Peter Lugar sauce on a garlic hero	\$15.95	
Pancakes	\$10.95	\$11.39	The East Hampton Turkey, Grilled Pastrami, Russian & coleslaw on Rye Bread	\$15.95	
Add Chocolate Chips/Fruit/Nuts	\$2.00	\$2.08	The Montauk Roast Beef, Swiss & coleslaw on Rye Bread	\$15.95	
Oatmeal Brown Sugar & Cinnamon	\$5.99	\$6.23	The Riverhead Fried Salami, Provolone, Lettuce, Tomato, Oil & Vinegar	\$15.95	
Add Craisins/Raisins/Walnuts/Apple/Banana	\$1.50	\$1.56	The Napeague Falafel, Hummus & Israeli salad in a Wrap	\$15.95	
Yogurt Parfait Gluten free Granola with seasonal Fruit	\$10.95	\$11.39	The East Quogue Grilled Chicken, Avocado, Bacon, Lettuce, Tomato & Swiss on 8 Grain bread	\$15.95	
ON A BAGEL (Add \$0.75 to have it on a Fla	ıt)		The Westhampton Grilled Turkey with sautéed Apples, Bacon, Tomato & Mayo in a Wrap	\$15.95	
	Cash	Credit	The Hampton Bays Ham, Turkey, Swiss, Russian & Coleslaw	\$15.95	
Butter	\$3.25	\$3.38	The Quogue Corned Beef, melted Mozzarella & coleslaw on Grilled Rye	\$15.95	
Plain Cream Cheese	\$4.00	\$4.16	The Sag Harbor Ham, Swiss, Russian & Coleslaw	\$15.95	
Scallion Cream Cheese	\$5.95	\$6.19	The Sagaponack Honey Turkey, Lettuce, Tomato, Onion & Honey Mustard	\$15.95	
Vegetable Cream Cheese	\$5.95	\$6.19	The Mattituck Pepper Turkey, Bacon, Lettuce & Tomato	\$15.95	
Olive Cream Cheese	\$5.95	\$6.19	The Springs Breaded Chicken cutlet, Lettuce, Tomato & Bacon	\$15.95	
Jalapeño Cream Cheese	\$6.25	\$6.50	Pastrami Southwestern Pastrami, Pepperjack, Coleslaw & Honey Mustard in a Wrap	\$15.95	
Walnut Raisin Cream Cheese	\$6.25	\$6.50	Spicy Roast Beef Roast Beef, Bacon, sautéed Onion, Cheddar & Horseradish mayo on a Roll	\$15.95	
Honey Cranberry Cream Cheese	\$6.25	\$6.50	Chicken Quesadilla Grilled Chicken, Muenster, Salsa & Chipotle Mayo	\$15.95	
Sundried Tomato Cream Cheese	\$6.25	\$6.50	Greek Chicken Wrap Grilled Chicken, Lettuce, Tomato, Red Onion & home made Tzatziki sauce in a Wrap	\$15.95	
Cucumber & Dill Cream Cheese	\$6.25	\$6.50	Italian sandwich Salami, Prosciutto, Ham, Provolone, Lettuce, Tomato, Onion, Oil & Vinegar on a Hero	\$18.95	
Tofu Plain Cream Cheese	\$6.25	\$6.50	Ruuben's Carnegie Deli Pastrami/Corned Beef, melted Swiss & Sauerkraut on Grilled Rye Bread	\$19.95	
Tofu Scallion Cream Cheese	\$6.95	\$7.23	OUR FAMOUS FISH	I	
Tofu Vegetable Cream Cheese	\$6.95	\$7.23	3 Little Fishes Choice of 3 of our famous Fish or Salads, Cream Cheese,	Cash	
Lox Spread (Add \$1.50 to have it on a Flat)	\$7.25	\$7.54	Tomatoes, Onions, Capers & a choice of 3 Bagels all served on a platter to share	\$44.99	
Peanut Butter	\$4.00	\$4.16	The New Yorker Cream Cheese, Lox, Tomato, Onions on your choice of Bagel	\$15.95	
LUNCH SANDWICH (Add \$1.50 to have it on a Fla			The Sushi Bagel Cream Cheese, Lox, Avocado, Cucumber & Sriracha Mayo	\$19.95	
Served on your choice of Bread, Chips & a Pickle	Cash	Credit	Mini Bagel Flight Your choice of 4 Mini Bagels & 4 different spreads	\$18.00	
Egg Salad	\$10.95	\$11.39	Add Lox, Lettuce, Tomatoes & Onions - \$15	\$33.00	

Served on your choice of Bread, Chips & a Pickle	Cash	Credit
Egg Salad	\$10.95	\$11.39
Chicken/Tuna Salad	\$12.95	\$13.47
Hummus	\$10.95	\$11.39
Whitefish Salad	\$14.95	\$15.55
Turkey/Roast Beef/Ham	\$13.95	\$14.51
Salami	\$12.95	\$13.47
Hot Pastrami/Corned Beef	\$16.95	\$17.63
Grilled/Breaded Chicken Cutlet	\$12.95	\$13.47