

Anaheim Schedule

Times/Days	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:30am – 7:30 am	Muaythai/Technique		Muaythai/Technique		Muaythai/Technique	
12:30 pm						Kids Class
1 pm		Muaythai/technique		Muaythai/technique		
1:30 pm						Pad work
5 pm-6 pm		Kids Class		Kids Class	kid Sparring	
6pm-7pm	Muaythai/pad work	Muaythai/Drills	Muaythai/pad work	Muaythai/Drills	Weekly combination review	
7pm – 8pm	Muaythai/pad work	Muaythai/Drills	Muaythai/pad work	Muaythai/Drills	Sparring	

Operation hours:

☒ Mon & Wed: 5 p.m. – 8 p.m.

☒ Tues & Thurs: 1 p.m. – 2:30 p.m. / 5 p.m. – 8 p.m.

☒ Friday: 6 p.m. – 8 p.m.

☒ Saturday: 12:30 p.m. – 3 p.m.

☒ Sunday: CLOSED

Please Schedule to stop by or to sign up by texting or calling (714) 760-0289

Please contact coach for kid sparring on Friday before coming. Thank you!