

GLUTEN FREE MENU

STARTERS

SOUP OF THE DAY

without the roll. Ask staff if suitable for gluten free as some soups may not.

£3.95

PRAWN COCKTAIL

Prawns bound in a Marie rose sauce served on a bed of salad leaves.

£5.50

NACHOS (V) 🌱

Tortilla chips topped with salsa and melted cheese.
Add Cajun Chicken or Chilli for £1.50.

£4.50

FISH

HADDOCK MORNAY

Haddock fillet in a creamy cheese sauce with new potatoes or chips and seasonal vegetables.

£10.95

PAN FRIED SALMON

With choice of sauces – Tuscan cream sauce (spinach, garlic, sundried tomatoes, parmesan and cream) or Cajun cream sauce served with seasonal vegetables and new potatoes.

£9.95

CHARGRILL AND SIZZLERS

8OZ RUMP

£14.95

8OZ SIRLOIN STEAK

£16.95

Both cooked to your liking and served with pan fried mushrooms, salad, peas, coleslaw and chips or new potatoes.

8OZ GAMMON STEAK

£10.50

Topped with fried egg or pineapple or 1 of each served with peas, tomato, chips or new potatoes.

SIZZLING PLATTERS 🌱

CHICKEN BREAST

£13.95

8OZ RUMP STEAK

£15.95

Cooked in choice of seasoned oils with peppers, onions and baby corn. Served with salad and coleslaw.

6OZ STEAK BURGER served on a gluten free bun.

£10.50

CHARGRILLED CHICKEN BURGER

£11.00

Chicken breast coated in Cajun spice served with mango salsa on a gluten free bun.

Main courses can all be served with chips, new potatoes, baked potato or rice.

CHICKEN

NEW YORK CHICKEN

Chicken breast topped with bacon, BBQ sauce and melted cheese served with chips and coleslaw.

£10.50

CHILLI CON CARNE 🌶️

Choice of beef chilli or vegetable chilli served with rice.

£11.95

SALADS

Consisting of lettuce, tomato, cucumber, red onions, peppers, coleslaw, potato salad, and boiled egg. Served with choice of chips, new potatoes or baked potato.

CHEESE AND PINEAPPLE (v) OR HAM

£9.50

CHARGRILLED CHICKEN BREAST

£10.50

HAM

£9.50

CAJUN CHICKEN BREAST 🌶️

£11.95

PRAWN MARIE ROSE

£11.95

POACHED SALMON

£11.95

CAJUN RUMP STEAK 🌶️

£14.95

DESSERTS

HOMEMADE CHEESECAKE

Ask server for details.

£5.95

BANOFFEE PIE

£5.95

BANANA SPLIT

£5.95

PEACH MELBA SUNDAE

£5.95

(v) denotes vegetarian 🌶️ denotes medium hot