

CANADIAN FRIENDS – ST. THOMAS HEALTH CARE ORGANIZATION
ANNUAL 5K & 10K WALK



JOIN us at the JCA Centre 995 Arrow Rd
On Sunday Sept 28nd 2025
The WALK Starts at 9:00am



LET'S WALK INDIVIDUALLY, OR WITH FAMILY FOR VISION CARE

NAME: _____
ADDRESS: _____
TELEPHONE: _____

NAME	ADDRESS	PHONE #	AMOUNT

REGISTRATION FEE \$20.00

AMOUNT COLLECTED:	\$
AMOUNT OUTSTANDING:	\$
TOTAL:	\$

REGISTRATION FEE WAIVED WITH RECEIPT OF PLEDGES

Participant's Release: I acknowledge that I understand the intent thereof, and agree to absolve and hold harmless the CFSTHCO, corporate sponsors, cooperating organizations, and any other parties in this event, of any blame and liability for any injury, misadventure, harm, loss or damage suffered or sustained as a result, of my participation in the 2025 CFSTHCO Walk-A-Thon. Check out our **Website: www.can-friends.ca**

Mail to: CFSTHCO. C/O 25 Benorama Cres. Toronto ON. M1H 1K6 416, 431-4888

SIGNATURE