

Leka Mokihana

JUNE 2019 FRIENDSHIP HOUSE KAUAI

Volunteering at Clubhouse vs. Real World of Work

By Kurt

Volunteering around the clubhouse is like a mirror-image of doing work in the community, only thing is it's more demanding in the community. We learn a lot about work ethics and behaviors around the clubhouse, which leads to getting jobs out in the community. Doing a good job - if we don't do a good job at the clubhouse, we'll learn how to do it better the next time. When you start a job, make sure you finish it.

Similarities and differences between the two, like how it's like here versus out there in the working world. The main difference between volunteering at the clubhouse and working a job out in the community is the stress level, because you are under a time limit to get your job done. Speed of clubhouse is more relaxed, compared to the intensity of the work place. At the clubhouse, when you're tired and need a break, you can stop working and get coffee or a snack. But on a real job, you take your break when you are told. You get to meet new friends out there at work and have a lot of extra money to spend. You learn more about working one day at a time.

By doing the volunteering at clubhouse and then hopefully getting a job out there is doing the right thing. Trust the process.

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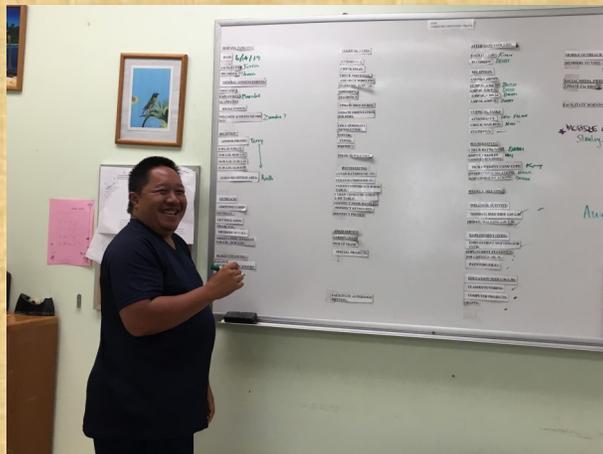
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Member Spotlight



My Journey

By Justin

This is my story about me working in the communications unit. It was October 16, 2016 & for 6 months I was doing nothing but sitting outside the clubhouse in the front yard and I didn't want to participate in the meetings, or doing any of clubhouse chores that's is written on the board, until a few of the clubhouse staff came around & around and convince me to come and joined the rest of the members inside. It was that one day I just started to voluntary my services to certain chores I see that I can do around the unit, And I started by disinfecting, I thought that I can do that, so I vounteer for that job.

Ever since than I started to just keep volunteering and volunteering and it just keeps getting more and more interesting to me, so I just volunteer for those ones over and over again and it's just gets better and better every single time I do it. And now I started by voluntary disinfect the Phones, Door handles, & Keyboards around the room. People ask me what I do around the club house and I just tell them that I do the Disinfecting the Phones, Door handles, & Keyboards and they just cannot believe how far I came since then. The next thing I do in the clubhouse is cleaning the Male Bathroom, I first cleanse toilet bowls, wipe the mirror and sweep the floors & empty trash can if it's full. Another big huge job I do on Wednesday's is gardening where I go outside with one of the staff and mow the lawn, picking up rubbish and pulling weeds, or sometimes I sweep around the sidewalk. And if there are other things that need to be done I will do them too. The newest job I do if I'm not outside is Cashier where I go around the two units and ask the member's or staff if they would like lunch. Many of them will say yes, others will say no, so I just move on to the next member. Fast forward to 3 or 4 years and 6 months now I just learning a whole lot and talking to the members and staff that I couldn't do before, And the more I show up people just ask me what's new! Every day is a daily routine for me. I cannot express my feelings I just enjoy my time here at clubhouse.

For the future I am working on T.E job at ST. Michael's job hopefully I can nail the jobs they do there too. Because they are doing almost the same jobs I am doing at the club house, so cross your fingers that everything's going to work out for me. I am also working on Coconut Wireless using my typing skills to the works which everybody is reading it and I am getting real responses from people who really doesn't talk to me about certain things that's happening.

Communications Unit Report

By Felina

In Communications Unit, we work on the Outreach Log and call members to invite them to come back Friendship House. And also, we do attendance and statistics. And bank statements. We make Coconut Wireless every day and Leka Mokihana every month. We do grants. We do copies and shredding. People come here to find a job - TE, SE, and IE. Too much work!



Food Service Unit Report

By Keith

In Food Service Unit, we go shopping for groceries, we prep the food and wash the dishes, and we cook the meals just right to perfection! The staff members are really nice and help out a lot in the kitchen. Meals are reasonably priced. And Felina is a good baker! And Binh is exceptionally helpful in the kitchen, runs the snack shop, and he gets the mail for all the staff members. The people are so nice and it makes it worthwhile to get out of the house everyday and come to this program!



Garden Crew Report

On Wednesday and Friday mornings, our Garden Crew can be found working hard to upkeep and maintain our 2 acre property. We do it all, from mowing, weed-whacking, trimming the hedges, planting new crops, fertilizing, watering the plants, and the endless weeding! We recently purchased rocks for a rock garden, and will be doing some landscaping out front. Come by and check out the beautiful transformation of our lovely grounds!



Staff Spotlight of the Month

Our fearless Vocational Coordinator aka “The Vince-anator” can always be counted on to step in and save the day... from chasing frantic mynah birds out of the Comm. Unit ceiling, to demonstrating how to safely cross the street using his perfected “scooting” motion, and his endless optimism and devotion to leading our vocational charge. What would we do without him!



Education Highlights

Jason has been selected as a recipient of the Wai'ale'ale Program Grant, and will be starting classes at Kaua'i Community College in the upcoming Fall 2019 semester! Congratulations, and enjoy your exciting college adventure, Jason! We are so proud of you!



Our Visit with Tom Manning of Clubhouse Int.

Mr. Tom Manning and his lovely wife stopped by for a tour, during their recent vacation to the island. Jolly happened to be at the clubhouse, doing an in-service for staff, so we were happy that she was able to join in on the visit also. Much mahalo to Tom for his generous monetary donation to our Friendship Club! A hui hou!



Writer's Corner

By James



Hi, my name is James Fu. I'm 28 years old and I live in a Steadfast Group Home. I work at Safeway-Kapaa, in an Independent Employment position as a Seafood Clerk. I started doing TE positions at Friendship House around 5 years ago. My first job was landscaping at St. Michael's. I continued with a second TE at Menehune Food Mart in Kapahi doing kitchen help. My next job was an OJT through DVR at Basil Restaurant and I enjoyed working there until the restaurant closed. It was a good introduction to the food-handling environment. From there, I went to Lava Lava Beach Club, which also started as an OJT. I was employed there for almost 2 years. I collected unemployment benefits for a little while, then got an interview at Safeway! I've been at Safeway for 7 months now. My goal is to continue working at Safeway and increasing my hours so I can eventually become financially independent.

I've had substance abuse issues in the past. I've learned that communication is a very important key to building healthy relationships. I find that taking medication as directed, as well as staying productive helps me a lot. The staff and members at the clubhouse have been very supportive of my needs and goals. I continue to stay involved with Friendship House because it's what got me started on my journey. I am thankful for the resources in the community that led me to where I am now.

Writer's Corner

By Tyrus



I'm bi-polar and I want to set a positive example for my fellow human beings. My name is Tyrus Crane Miyashiro. Tyrus is English for Thor, the Norse God of Thunder. Crane is for the machine that builds skyscrapers or like that Karate Kid, the white crane. My last name means White Castle. I am Hawaiian, Okinawan, and 1% English, 1% Scottish 1% Irish. My ancestors were knights for King Richard. My cousin researched it and did our genealogy. They came from Denmark. The Danes brought class to the English Kingdom, they were like knights in shining armor.

I was born and raised on Kauai. My birthday is July 13, 1959, when we were still a territory, so I still in my heart believe in the Hawaiian Kingdom. Kauai is invincible, King Kamehameha tried to conquer Kauai twice but he couldn't because Kauai get the mana, the power. I like talking about Hawaiians because they are humble people, even after their culture, everything, was taken away.

You know what's in my heart? Jesus Christ. Without Jesus Christ in our life, we are nothing. "With God, all things are possible." Matthew 19:26

Happy National Donut Day!



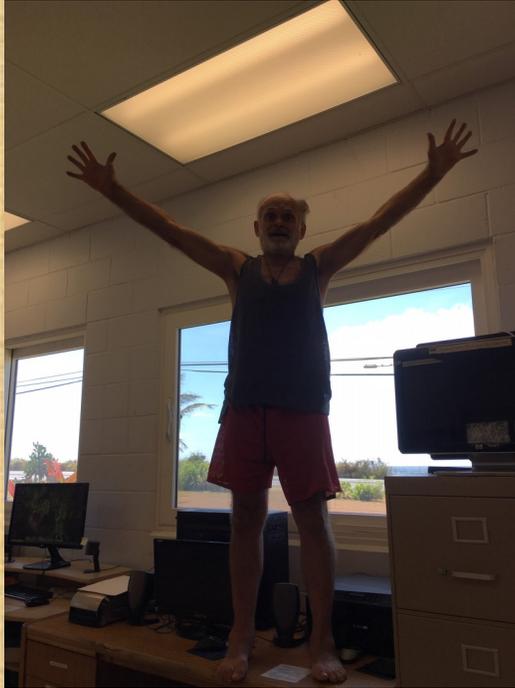
Dennis' KCC Graduation 50th Anniversary Celebration



Happy Senior Discount Birthday, Deb!



Poet's Corner



A Father's Day Tribute

By Bob

Get off your butt

It's Father's Day
every child has to pay

they pay with money

they pay with love

they pay with a kiss

or a gentle shove.

Yes, that's right

It's Father's Day

get off your butt

and make your play.

July Menu and Social Event Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 L: Baked Chicken	2 L: Home-made Cheeseburgers	3 L: Pork Stir Fry	4 L: Pizza Root beer Floats	5 L: Leftovers	6
7	8 L: Pot Roast	9 L: Chicken Cous Cous	10 L: Home-made Corn-dogs	11 L: Spam Eggplant D: Grilled Cheese and Tomato Soup	12 L: Leftovers	13
14	15 L: Chili & Rice	16 L: Teriyaki Chicken	17 L: Chicken Salad Sandwiches	18 L: Teriyaki Hamburger Patties D: Sloppy Joes	19 L: Leftovers	20
21 KUW Golf Tournament Vet Ctr. 12—4 pm	22 L: Kalua Cabbage	23 L: Shoyu Chicken with Potato Salad	24 L: Spaghetti and Meatballs	25 L: Chef Salad with Chicken D: Costco Food Court	26 L: Leftovers	27
28	29 L: Chicken and Bean Sprouts	30 L: Stuffed Cabbage	31 L: Chow Fun Birthday Party for July Babies!			