

THE JANUARY ISSUE

# *MOL SPORTS*



## *Mol Sports Team & Management*

*Coming Soon*

MOL SPORTS SOCCER  
JERSEYS

BY ISRAEL ALADESURU

On behalf of the sports team, we'll like to wish and welcome everyone into a new year. Starting off the year to a good start with a win versus Flirts FC . The final score came out to 7-3 with the lead scorer, Abdul Agboola scoring 3 goals, following behind him with Abdoulaye Conde, Miles Danquah, Kanmi Oludare, and Jesus each scoring a goal each. Nonetheless, this win wouldn't have been possible without Head Coach Fred Appau leading our team into a victory. Fred is not just excited but is hungry to share his knowledge about soccer with his team.

In this new month of January, we'd also like to introduce some new members to the team that we feel represent us and the standard that we at MOLSPORTS abide by so allow me to introduce our new members: Giacomo Parrino, Jack Leons, Jadon Frimpong: Assistant Head Coach, and Matthew Robinson: Head of Talent





**WELCOME TO THE  
FAMILY**





# MOLSPORTS FC COACHING STAFF



**FRED APPAU**  
HEAD COACH

Coaching the squad that we have for the upcoming UPSL season will be my first ever coaching appointment. I am excited about this opportunity because it allows me to showcase my ideas about the game of soccer through formations and how I envision my team to play. I am passionate about soccer and teaching. Currently pursuing a teaching degree at North Park University. Nonetheless, I am hungry to share my knowledge about soccer with our team and hoping for a great season. I believe in the squad.



**JADON FRIMPONG**  
ASSISTANT COACH

Having this assistant coach role is a huge opportunity for me. My passion truly lies with being the backbone and fire for a team and we have a group of guys who are hungry and determined. And as their assistant coach, I am here to never let that fire escape from our team and win.



**CEDRICH SOGLOHOUN**  
HEAD OF SOCCER

Head of soccer and marketing, where I outreach and promote sports events and promote athletes trying to launch their careers. I love to network and hang with people that are willing to help me learn and grow.



**KAMAL AKOREDE**  
HEAD TRAINER

As Head Trainer, my primary responsibility is to use my knowledge and experience with fitness and overall well-being to allow the athletes to feel great in the game. By implementing my warm-up exercises, strength and conditioning workouts and stressing the importance of clean eating, I will have these athletes in the best shape for optimal performance.



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