2024 NEWSLETTER TO: THISTLE TREKKERS & TRAINING PARTNERS FROM: COACH RON GUNN DATE: October 9, 2024 574.215.4779

CAIRN STONF



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SCOTLAND IS STUNNING!

SCOTLAND: Trips 1 and 2 went extremely well as the weather cooperated and our trekkers hiked their hearts out! I was very pleased with all aspects of our trips and our participants were amazing! I can hardly wait to celebrate at our reunion on December 8. I was overwhelmed by your extremely generous gifts and wonderful thank you notes. I am totally FIRED UP!!!

SANDHILL CRANE: Our next activity will be the classic Sandhill Crane All Trails ½ Marathon, 10k and 5k race on this **Saturday**, **October 12** starting at **9:00AM** at *Dr. T. K. Lawless County Park* east of Cassopolis. The weather forecast looks great and Cairn Stone hikers are encouraged to participate and I will be sure you get a Sandhill Crane shirt. [Race day registration or at RunSignUp.com]



DIRECTIONS: Lawless Park, 15122 Monkey Run St, Vandalia, MI [Driving Map link in email]

CHRISTMAS PARTY/REUNION: Our Cairn Stone family will celebrate Christmas and also our first two Scotland trips on **Sunday, December 8** at **2:00PM** at the Dowagiac **Elks Club.** This is open to all Cairn Stone hikers regardless if you went on the trip or not. Please bring a dish to pass for a potluck and also your ugly Christmas sweater for our contest. There will be an open bar for social hour.

SCHEDULE UPDATE: IMPORTANT NOTICE!!! Please see the attached revised schedule for the remainder of this year. Mark your calendars. As always, complete details for each hike will be in the newsletter sent out a few days prior to each event.

"Our bonnie lads and lassies were bloody great in Scotland!"

Coach Gunn



