

Revision 20 & 27 AUG 2020

Changes in RED text

Coach Ron Gunn's **CAIRN STONE HIKES**
TENTATIVE REVISED SCHEDULE



MODIFIED FOR SAFE HIKING WITH SOCIAL DISTANCING (flexible start times)

<u>DATE</u>	<u>DAYS</u>	<u>COURSE (Location)</u>	<u>Comments</u>	<u>DISTANCES</u>
JUN 13/14	SAT/SUN	ROADRUNNER TRAILS (Elks, Dowagiac, MI)-----	TRAINING HIKE	6.2-18.0
JUN 20/21	SAT/SUN	MADLINE BERTRAND - ST. PAT'S PARKS (Madeline Bertrand, Niles, MI)	BONUS HIKE	7.2-14.4
JUN 28	SUN	JORDAN RIVER VALLEY (Deadman's Hill trailhead)-----	BONUS HIKE	3.2-18.7
JUL 11	SAT	POTATO CREEK STATE PARK (North Liberty, IN)-----	TRAINING HIKE	5.1-15.0
JUL 18	SAT	SAUGATUCK STATE PARK (Saugatuck, MI)-----	BONUS HIKE	2.0-14.4
JUL 25	SAT	LOVE CREEK COUNTY PARK (Nature Center, Berrien Center, MI)-----	TRAINING HIKE	4.6-20.0
AUG 1	SAT	SPECIAL STEVE'S RUN OLD COURSE RUN/WALK (Dowagiac, MI)-----	BONUS HIKE	3.1-6.2
AUG 8	SAT	INDIANA DUNES STATE PARK (Chesterton, IN)-----	TRAINING HIKE	8.3-17.0
AUG 22	SAT	ROADRUNNER TRAILS (Elks Golf Course, Dowagiac, MI)-----	TRAINING HIKE	6.2-18.0
SEP 7	MON	SAUGATUCK MT. BALDY (Saugatuck, MI) [Labor Day tradition]-----	HIKE & PICNIC	3.4-12.8
SEP 12	SAT	GRAND MERE STATE PARK (North Lake Park, Stevensville, MI)-----	TRAINING HIKE	5.5-19.0
SEP 19	SAT	RON'S FANTASTIC LAKESIDE URBAN HIKE (St. Joseph, MI)-----	BONUS HIKE	3.0-8.2
SEP 27	SUN	MANISTEE RIVER VALLEY (Upper River Road – Coates Highway)-----	BONUS HIKE	10.8-21.0
OCT 3	SAT	SAUGATUCK STATE PARK (Saugatuck, MI)-----	TRAINING HIKE	8.0-16.0
OCT 10	SAT	POTATO CREEK STATE PARK (North Liberty, IN)-----	BONUS HIKE	5.5-19.4
OCT 18	SUN	SANDHILL CRANE ALL TRAIL RACES-----	OPTIONAL	3.1-13.1
OCT 24	SAT	TREE-MENDOUS FRUIT FARM (Eau Claire, MI)-----	TRAINING HIKE	7.2-15.9
OCT 31	SAT/SUN	LEMON CREEK WINERY (Berrien Springs, MI)-----	HIKE FOR HAITI	3.0-10.0
NOV 7	SAT	POKAGON STATE PARK (Angola, IN)-----	TRAINING HIKE	4.1-8.2
NOV 14	SAT	RON'S FABULOUS Z HIKE (Oval Beach, Saugatuck, MI)-----	BONUS HIKE	5.7
NOV 22	SUN	53 rd ANNUAL TURKEY TROT (Middle School, Dowagiac, MI)-----	OPTIONAL	3.1-6.2
JAN 1, 2021	FRI	41 st ANNUAL ALOHA FANTASY RUN/WALK (St. Paul's, Dowagiac, MI)---	OPTIONAL	3.0-7.0

SCHEDULE SUBJECT TO CHANGE

**FINAL DETAILS AND ANY CHANGES WILL BE ANNOUNCED IN THE NEWSLETTERS
ALWAYS CHECK THE LATEST TRAINING NEWSLETTER PRIOR TO EACH HIKE**