

# CAIRN STONE NEWSLETTER

**TO:** Utah Trekkers and Training Partners  
**FROM:** Coach Ron Gunn  
**DATE:** December 17, 2020  
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[CAIRNSTONEADVENTURETOURS.COM](http://CAIRNSTONEADVENTURETOURS.COM)



## TREKKERS ENJOY LOVE CREEK TREK!

**LOVE CREEK** We had a nice turnout at Love Creek for our Saturday and Sunday bonus hikes. The trails were in great shape and Derek Pelc and staff should be saluted! I also thank Karen Mackowiak and Janine Andrysiak for picking up the course signs while completing their 20 mile hike. The Jogpot was also very good and Love Creek and the dogs along the course appreciated the support.

**BONUS HIKE:** I have decided to host a Christmas bonus hike this coming **Saturday, December 19** on an enhanced all trail course at Russ Forest. Russ Forest is located about 7 miles northeast of Cassopolis/10 miles east of Dowagiac. This all trail course of 6.5 miles has been developed by Scott Wyman, Director of Cass County Parks and myself and includes several new trails in this beautiful park.



We will have a socially distanced start beginning at **9:00AM** and **running to 11:00AM**. Vault toilets are available. Come and enjoy some of the most beautiful scenic spots in Cass County.

**DIRECTIONS:** Russ Forest County Park, Volinia on Marcellus Hwy., ½ mile east of Decatur Road.

