

CAIRN STONE NEWSLETTER

TO: Cairn Alumni and Friends
FROM: Coach Ron Gunn
DATE: December 8, 2020
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CAIRNSTONEADVENTURETOURS.COM



SHAMROCK TURKEY TROT PRACTICES GET BIG TURNOUT!

TURKEY TROT Our 8 days of Shamrock Turkey Trot *practice* run and hikes went very well with a big turnout. We had good weather and over 70 participants picked up their shirts. We may have one more *practice* in February because this went so well. Special thanks to Matt Stack, John Juroff and Jeff Gunn for their help.

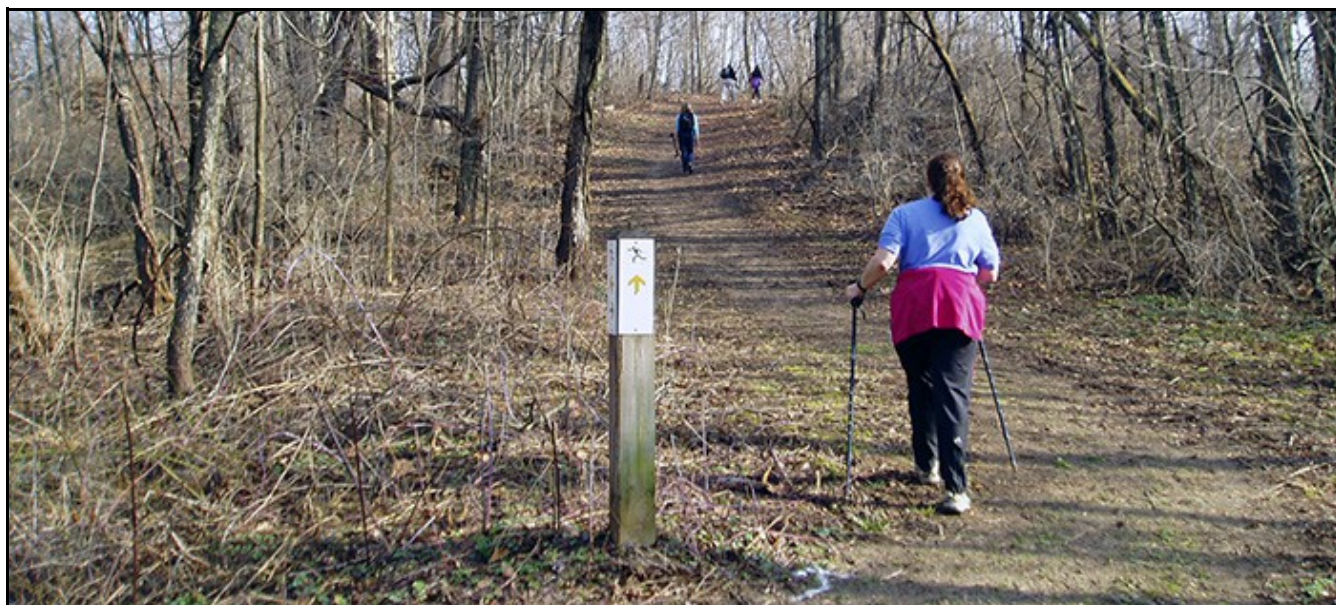


BONUS HIKE: I am organizing a bonus hike at **Love Creek County Park** on **Saturday,**



December 12 with an open social distance start between **9:00AM and 11:00AM.** The core loop on the wooded trails at Love Creek is 5.0 miles and can be done twice because it is so beautiful. Other distances include 6.0, 8.0, 10.0, 12.0, 14.0, 16.0, 18.0 and 20.0 by going out on the South Loop and turning around at your designated point. The South Loop includes both trails and beautiful, quiet country roads. The restrooms will be available and park fees should be paid into the Jog Pot, not at the front counter in the lodge. I will have bottled water and Windmill cookies but bring your own aid. One of the advantages of hiking Love Creek at this time of year is that you can see some beautiful valleys and streams that you can't see with the summer foliage.

DIRECTIONS: Love Creek Nature Center, 9292 Huckleberry Road, Berrien Center, MI 49102



ALOHA RUN & WALK: January 1, 9:00 – 11:00AM,
Dowagiac, MI.
Our 41st Annual Aloha *Fantasy* Run & Walk will take place in an adjusted format because of the Pandemic. Please check out the attached flier.
Ahi Maluna!



2021