

CAIRN STONE NEWSLETTER

TO: Cairn Stone Alumni
FROM: Coach Ron Gunn
DATE: November 26, 2021
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BLUE SKIES AT THE TROT!

TURKEY TROT: Believe it or not we had blue skies for the 54th Turkey Trot! Dire threats of rain never materialized as my weather luck notched another victory. Special thanks to all my Cairn Stone volunteers who included, Thom, Beth & Ethan Janssen, Gretchen Allison, Doug Geissler, Peggy Watts, Joyce Fox, Gary & Marlene Kachur, Flo Sasaki, Eleanor Catalano, Susan Veersma, Anne Dawson, and a belated thank you Tina Velthuizen who I forgot to thank for her wonderful help with the non denominational service before the Sandhill Crane race.

BONUS HIKE: I am going to offer a bonus hike on **Saturday, December 4 at Saugatuck**, Michigan. Saugatuck is a one hour and six minute drive from Niles and is a beautiful spot to visit during Christmas time. In fact, nearby Holland, South Haven, and St. Joseph are all charming cities at Christmas time with old fashion downtown areas (no malls).

The course will be the 6.8 mile *Zig Zag* course which I feel is one of the most beautiful courses on the fabulous west coast of Michigan. In addition to the *Zig Zag* course a 3.1 mile route can be added that ventures out on the beautiful lake bluff. The weather forecast looks favorable with partial sun and temps in the low 40's. Cairn Stone vets Jay and Kathy Crouch are going to set up the course for me and we will meet at the Mt. Baldy parking lot (restroom may be closed). We will have a staggered start between 10:00 and 10:30AM. I miss everyone and am fired up to see you all again!

DIRECTIONS: Mt. Baldhead Park, 735 Park St, Saugatuck, MI

2022 SCHEDULE: I am busy working on the 2022 Training Schedule and hopefully will have it available at the *Zig Zag* hike and will email it to everyone after that.

WHAT A CLASS ACT: I just had to share with you the SMC Christmas Card with a fitting tribute to my wonderful friend, Dave Briegel!



Wishing you all the joys of the season and happiness throughout the coming year. Best wishes from your friends at SMC.

In loving memory of President Emeritus, David C. Briegel

