

# CAIRN STONE NEWSLETTER

**TO:** Utah Trekkers and 2021 Training Partners  
**FROM:** Coach Ron Gunn  
**DATE:** April 21, 2021  
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CAIRNSTONEADVENTURETOURS.COM



## CAIRN STONE TREKKERS RULE AT LAWLESS!

**LAWLESS PARK:** We had 97 Cairn Stone hikers tackle this challenging ½ marathon course! Fantastic training rewards were reaped on a beautiful day. Special thanks to Scott Wyman and Jay Wade of the Cass County Parks Department and Gary Kachur, our aid station ace! The Jog Pot was amazing and greatly appreciated by the Parks Department. *THANK YOU!*

**POTATO CREEK:** Our next training opportunity will be at **Potato Creek State Park** on this **Saturday, April 24**. The hike will start at the Boat Rental parking lot which is just before the Beach parking lot. We will have a social distance start between **8:00AM-8:30AM**. We really appreciate your cooperation in starting during this time. I have a sweeper starting shortly after to pick up the signs as Potato Creek is sensitive to our course markings. Course distances will be 13.7, 8.7, 5.2 and 2.6 miles. Restrooms will be open and there will be no Jog Pot as an entry fee will be charged at the entrance.

**DIRECTIONS:** Potato Creek State Park, 25601 IN-4, North Liberty, IN 46554

**SIGN IN, PLEASE:** I also would appreciate everyone please sign in and out. Last week we had three people forget to sign out and we went looking to make sure everyone was safe. [Note: Report any errors or omissions to Thom for correction. Thom@CairnStoneTours.com]

**REHYDRATION:** For those interested I suggest rehydration at the *Texas Roadhouse* which is about 20 minutes northeast of the park. [4635 S. Michigan Street, South Bend]

**TEST HIKE HISTORY:** As we approach our first *Test Hikes* I thought our Cairn Stone family would enjoy a little of the history of our program, the *Test Hikes* and why they are important. (Coming soon.) I also plan to have a special bulletin board at our hike on Saturday providing valuable information on the *West Rim Trail* in Zion and environs.

