CAIRN STONE NEWSLETTER

TO: Utah Trekkers and 2021 Training Partners

FROM: Coach Ron Gunn **DATE:** March 24, 2021





ROADRUNNER TRAILS GREAT VENUE FOR LAST TWO HIKES!

ROADRUNNER TRAILS: We had two wonderful training opportunities on *the trails* and everyone enjoyed beautiful weather for both. The second opportunity, the *Shamrock Turkey Trot*, was our best *Turkey Trot* ever and we even had some Cairn Stone people run the course. Thank you's go out to our volunteers Marlene and Gary Kachur, Gretchen Allison, Sue Dobrich, Tom Atkinson, Matt Stack, Thom Janssen, Kathy and Marty Flynn, Larry and Terri Lies, Ray Klomes, Susie Gendron, Lisa Dalton, Barb Groner, Brent Nate and the Dowagiac Police Department. I was very pleased with everyone's cooperation in orchestrating this *live* run. This was one of the first live races since the Pandemic started and I felt it went off very well and safely.

POKAGON STATE PARK: Our next training opportunity will be this Saturday, March 27 at Pokagon State Park located near Angola, IN. We will have a social distance start beginning at 9:30AM and ending at 10:00AM. Last year was our inaugural hike on this beautiful course and everyone loved it. It is an all trail course with some good hills and our feature distance will be 12.3 miles with a 0.3 mile extra credit spur near the end. And I will be happy to set up courses of shorter distances for anyone who is interested.

The park is located 75.5 miles and one hour and twenty minutes from Niles. I will be located near the *Potawatomi Inn* for check in. If it is raining I may be inside in the sitting room near the restaurant entrance. Please bring ample aid as it is difficult to establish an aid station on this course. As always if you are approached by a park ranger *eat your map!* And remember *we are a local hiking club and Dave Yugo is our president*. You will need trekking poles and probably rain gear. I will also have information on some good rehydration stations. There will be **no Jogpot** and **park admission is \$7.00 in state and \$9.00 out of state**.

DIRECTIONS: Follow I-80 E/I-90 east to I-69, take exit 144 to merge onto I-69 S toward Ft. Wayne, take exit 354 for IN-127 toward IN-727/Angola, turn right onto IN-127 N, follow signs for Pokagon State Park.

TEST HIKE SHIRT: Check out our long sleeve shirt for this year's TEST HIKES. Get your declaration and t-shirt order form in **by**

May 29.



