

# CAIRN STONE NEWSLETTER

TO: Utah Trekkers and 2021 Training Partners  
FROM: Coach Ron Gunn  
DATE: April 7, 2021  
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CAIRNSTONEADVENTURETOURS.COM



## PERFECT AT POKAGON!

**POKAGON STATE PARK:** We had a wonderful day to hike the beautiful, challenging course at Pokagon State Park. A good field of 65 showed up and gained valuable training for our challenges in Utah this fall. Special thanks to Kate and Jay Crouch and Larry and Terri Lies for their invaluable help on the set up and course pick up. I was also impressed with the hikers who stayed overnight at the charming Potawatomi Inn. That really helps build a strong team

**LAWLESS:** Our next training session will be held at Lawless County Park about 9 miles west of Cassopolis this **Saturday, April 10**. We will have a social distance start between **8:00AM and ending at 8:30AM**. The primary course distance is 13.1 miles (a ½ marathon!) and courses of 8.6, 6.2 and 3.1 will be available on this beautiful and challenging all trail layout. Restrooms will be available and trekking poles are recommended. Please pay park entry fee into the Jogpot, not at the park entrance. Our rehydration station will be at Lindy's Restaurant.

**DIRECTIONS:** Dr. T. K. Lawless County Park, 15122 Monkey Run Street, Vandalia, MI (South on Lewis Lake Road from M-60 then east on Monkey Run Street.)

### TEST HIKE REMINDERS:

**ROOMMATES & RIDERS:** Need a room or roommate? Want to carpool? Contact Thom with your interest and he will connect everyone with similar interests. With the contact information you can work out the details. Neither *Test Hike* is an organized trip but we can assist in this way.

Thom@CairnStoneTours.com

**SHIRT:** Check out our long sleeve shirt for this year's *Test Hikes*. Get your declaration and t-shirt order form in **by May 29**.

