



10K ~ 5K

1K Kids Run

SUNDAY

NOV 20, 2022

NOON-12:45PM Packet Pickup/Registration

1:00PM 10K START

1:00PM 5K START

2:00PM 1K FUN RUN START

ROADRUNNER TRAILS

The 55th running of this classic *All Trail Turkey Trot* will return to the trails of *Southwestern Michigan College* – Dowagiac campus. The 10k and 5k will have a simultaneous start at 1:00PM and a kids fun run will start at 2:00PM. The race will use chip timing and all finishers who registered by **November 12** will receive a long sleeve custom designed tech shirt at race check in. The event is sponsored by



Southwestern Michigan College and is being directed by Ron Gunn of *Cairn Stone Adventure Tours*.



LASER CUT AWARD

Awards for top three finishers in 30 age divisions are:

30 age groups: 1st place - Awesome wooden laser cut award

2nd & 3rd place – Custom medal

Kids Fun Run – Ribbons

[UPDATES: Posted on CairnStoneAdventureTours.com. REGISTER ONLINE: RunSignUp.com]

[LOCATION: SMC Dowagiac campus, 58900 Cherry Grove Road, Dowagiac, MI 49047 (SE side of Dowagiac)]

----- CLIP and MAIL -----
DOWAGIAC ALL TRAIL TURKEY TROT 55 - 2022 MANUAL ENTRY FORM

NAME: _____ GENDER (CIRCLE ONE): M F Age: ____ (on race day)

MAIL ADDRESS: _____

CELL/CONTACT PHONE: _____

EMAIL: _____

RACE (CIRCLE ONE): 10k 5k Fun Run (Free-no shirt) Tech Shirt size (CIRCLE): (S, M, L, XL, XXL) (M F)

RACE FEES: ENCLOSED is check for: ____ \$25 (10k & 5k) OR \$30 after NOV 12 *includes custom Long Sleeve Tech shirt*

Entries received by NOV 12 are guaranteed a shirt at registration on race day.]

CHECK PAYABLE TO: *Cairn Stone Adventure Tours* (Please note *Turkey Trot 55* on comment line)

MAIL TO: **Coach Ron Gunn, 142 Conifer Trail, Dowagiac, MI 49047**