



10K ~ 5K

1K Kids Run

SUNDAY

NOV 19, 2023

ROADRUNNER TRAILS

NOON-12:45PM Packet Pickup/Registration
1:00PM 10K & 5K START
2:00PM 1K FUN RUN START

The 56th running of this classic *All Trail Turkey Trot* will run on to the trails of *Southwestern Michigan College – Dowagiac campus*. The 10k and 5k will have a simultaneous start at 1:00PM and a kids *fun run* will start at 2:00PM. The race will use chip timing and all finishers registered by **November 11** will be guaranteed to receive a long sleeve custom designed tech shirt at race check in. Late entrees will receive a shirt, either a current design (if available) or a fabulous past race shirt. The event is sponsored by *Southwestern Michigan College* and is being directed by Ron Gunn of *Cairn Stone Adventure Tours*.



SAT NOV 18 5:30-7:00PM Packet Pickup and Late Registration at SMC Student Activities Center (Use Dailey Road entrance)

AWARDS FOR TOP THREE FINISHERS

30 age groups: 1st place - Awesome wooden laser cut award
2nd & 3rd place – Custom medal
Kids *Fun Run* – Ribbons



LASER CUT AWARD

[UPDATES: Posted on CairnStoneAdventureTours.com. REGISTER ONLINE: RunSignUp.com]

[LOCATION: SMC Dowagiac campus, 58900 Cherry Grove Road, Dowagiac, MI 49047 (SE side of Dowagiac)]

----- CLIP and MAIL -----

DOWAGIAC ALL TRAIL TURKEY TROT 56 - 2023 MANUAL ENTRY FORM

NAME: _____ GENDER (CIRCLE ONE): M F Age: ____ (on race day)

MAIL ADDRESS: _____

CELL/CONTACT PHONE: _____

EMAIL: _____

RACE (CIRCLE ONE): 10k 5k Fun Run (Free-no shirt) Tech Shirt size (CIRCLE): (S, M, L, XL, XXL) (Men's size)

RACE FEES: ENCLOSED is check for: ____ \$25 (10k & 5k) OR \$30 after NOV 11 *includes custom Long Sleeve Tech shirt*

Entries received by NOV 11 are guaranteed a shirt at registration on race day.]

CHECK PAYABLE TO: *Cairn Stone Adventure Tours* (Please note *Turkey Trot 56* on comment line)

MAIL TO: **Coach Ron Gunn, 142 Conifer Trail, Dowagiac, MI 49047**