

Why a Test Hike? You've worked hard all year, but are you ready? This is how you find out. This trail course is designed to demonstrate your level of conditioning and endurance, to yourself and to Coach. It is mandatory to qualify for the 20 mile *Enchantments* hike in Washington. It is optional for everyone else. The *Manistee River Trail* course is a beautiful destination hike that many will want to experience for it's intrinsic beauty.



Lodging: Make hotel reservations now. Most will want to stay overnight Friday and Saturday. Group rehydration Saturday night is always a good time and a great team builder. Our host hotel is *Comfort Inn* where we have reserved a block of 22 rooms. We have a **\$169.00 rate** (plus 8% tax). Use the **link in the email** to book online or call **231-779-2900** to book your room. Our block code is **Gunn Hikers**. The map below will help you orient with the host hotel and the route to the trailhead.

Friday night reception: Coach will conduct a team briefing about the hike on Friday night at our host hotel from 5:00 pm to 6:30 pm. After the briefing there are great nearby choices for dining together.

Trailhead: Coach will lead a caravan from *Comfort Inn* to our start/finish at Upper River Trailhead.

Carpools and roommates: It's a long drive to Cadillac and some will want to carpool. Sharing a room also makes sense. Contact Thom for assistance with connecting roommates and drivers with riders. 269.462.0683 Thom@CairnStoneTours.com

