

CAIRN STONE HIKERS BUILD BASE AT MORRIS FARMS!

NILES MORRIS FARMS: We had a fired up group of seventy plus enjoy a beautiful day to continue to build their hiking base. This beautiful course included two big hills and hopefully we are done with road courses. I appreciate everyone's understanding. Special thanks goes to Jay Crouch as he got up very early on Saturday morning with me to mark the course. Our aid station stud Gary Kachur wasn't able to attend because of his recent surgery in Indianapolis. I am very pleased to report that he is doing very well. Also a special thank you to Denise Peters and the Niles YMCA staff for their help as beautiful hosts. I appreciate all those who contributed to the Jog Pot and rehydrated at *Front Street Pizza Pub*.

MADELINE BERTRAND & ST. PAT'S: Our next training hike will be this **Saturday, March 12** at **Madeline Bertrand and St. Patrick's county parks**. There will be a social distance start between **9:00AM and 9:30AM** (Madeline Bertrand park rangers will open the entrance gate for us an hour early). Course distances are 6.1, 10.0 and 12.4 miles on mostly beautiful trails. There will be no Jog Pot as the rangers will collect an entry fee at the gate: Per car, \$3 (Berrien County residents) or \$5 (non Berrien County resident). There are modern restrooms available.

LECTURE: I will have a lecture at **9:10AM at the shelter** just south of the visitors center. The lecture topic will be course choices for our trip and TEST HIKE descriptions.

REHYDRATION STATION: For those that feel comfortable rehydrating I suggest *Joey Armidillos* sports bar located very close to the finish. (2732 S 11th St, Niles, MI)

LOCATION: *Madeline Bertrand County Park*, 3038 Adams Rd #4115, Niles, MI

GRAND CANYON PAYMENTS: Just a friendly reminder that payments for this trip are due by March 12 unless I hear from you. If you need a payment schedule please call me, I will work with you. 574.215.4779 The special sweat tops will be ordered on March 15.

