

DEVIL'S LAKE TEST HIKE



DATE: Saturday, June 27

TIME: 7:45 am Tour participants will leave the hotel for the bus trip to Devil's Lake.

8:30 am Meet at the Devil's Lake State Park – See detailed itinerary.

DIRECTIONS: For those meeting us at Devil's Lake directions are in the detailed itinerary.



MANDATORY QUALIFIER: This *Test Hike* is mandatory for all participants who want the opportunity to advance to the final *Test Hike* at Manistee. A successful hike at Manistee is required for the elite hikes in Zion National Park. Your cooperation with the high standards set for this program is greatly appreciated.

GROUP TRIP: Just as past years, a group trip with transportation has been organized at a very fair price. The *Test Hike* is mandatory for anyone considering an elite hike in Utah. However, the group tour is not mandatory and participants may choose to travel to Devil's Lake on their own. Devil's Lake is a super destination in itself and I expect some non-Utah people to attend this as a destination hike. I urge all Utah trekkers not needing to qualify to also sign up.

COURSE: The course is a very worthy test hike site. It is beautiful, challenging, and it will give participants a good feel for where they are in their training for a challenging Zion hike. Maps complete with narrative will be distributed at our pre-hike orientation. The hike distances are listed below:

<u>DISTANCE</u>	<u>HOF</u>	<u>CHK PTS</u>	<u>YOUR HIKING GOAL</u>
17.9 miles	7 - 8 ½	4	West Rim, East Rim (<i>if open</i>), & Narrows (Zion)
15.0 miles	5 – 6 ½	3	Deadhorse Point (Canyonlands)
8.1 miles	N/A	0	Wonderful shorter Utah hikes
6.7 miles	N/A	0	Wonderful shorter Utah hikes
2.1 miles	N/A	0	Wonderful shorter Utah hikes

CHECK POINTS: There will be four (4) check points on the 17.9 mile hike and there will be three (3) checkpoints on the 15.0 mile hike. Hikers will log in at each check point and will be given a colored day pack tag for each station. All hikers' physical condition will be monitored at each checkpoint. The finish will be at the Chateau Lodge on the North Beach. This is a beautiful setting for our wonderful re-hydration station that welcomes all finishers. This is really the start of our amazing galvanizing experience for our 2020 team! Our bus will then take us on our 40 minute ride back to our hotel for a hot Jacuzzi, therapeutic swim, and a *Spotted Cow* in the lounge before our awards celebration in the courtyard. We will have at least one bus and one car on site for local shuttles.

EQUIPMENT: Equipment needed for the test hike includes a well packed day pack , hiking shoes, performance underwear, shirts and pants, rain jackets, electrolytes and trekking poles. The trekking poles should have rubber tips available. Cell phones are also a good idea, but two way radios may work better (we will use channel 7.7) and is good practice for remote areas on our trip. **Cairn Stone veterans will do a day pack inspection** and award the first tag prior to the hike. Your day pack should be packed as it will need to be for your longest Utah hikes. Use the checklist on the *Lecture Notes* page (under *TEAM LOGIN* on the web site). **[You must use powdered or tablet electrolytes by now. Email Thom if you have a log in issue. Thom@CairnStoneTours.com]**

CELL PHONE LIST: I will give you a master cell phone list of all check point inspectors and participants. This is for safety reasons. However, reception can be hit or miss. The good news is that this is not Zion as far as remote wilderness is concerned. The park is surrounded by county roads and you won't perish in the back country if you need help.

AWARDS: All participants will also be awarded a special, one time, custom performance short sleeve tech shirt at the reception in the courtyard at the hotel.

RECEPTION: Our hotel has an over sized Jacuzzi and a large indoor swimming pool. This will allow for an excellent recovery. A lounge and courtyard are adjacent. This weekend will be great for building team spirit!

