

LaGRANGE VALLEY CONSERVATION PROJECT



HIKES & RUNS
SAT JULY 29, 2023
9:00AM
Lindy's Restaurant
Cassopolis, MI



Coach Ron Gunn's *Cairn Stone Adventure Tours*, in the spirit of being good stewards of nature, is organizing special hikes and runs around the beautiful *LaGrange Valley* wetlands (formerly *Lake LaGrange*) to raise awareness and financial support to help *Southwest Michigan Land Conservancy* protect and steward this special property.

Scenic courses

of 11.4, 10.2, 6.7 and 3.1 miles will be set up surrounding the *LaGrange Valley*. We are also working hard on including a scenic spur trail to a remote viewing point, adding an additional 0.7 miles to the course.

The courses here have been a long time favorite of Coach Ron Gunn's cross country teams and international *Cairn Stone* hikers. The course layout includes quiet, winding, bucolic roads and features the charming *Slipper Street* and the Walden Pond look-a-like *Kelsey Lake* view point.

Registration and entry are free!

Just show up with your kind heart and consider a donation that goes 100% towards matching the federal grant for this project.

[Find details at: <https://swmlc.org/lagrange-valley-benefit-hikes/>]

Lindy's Restaurant

will host our event and in addition to clean restrooms they offer great food and wonderful views of the *Lake LaGrange Valley*.

[57983 M-62, Cassopolis, MI (6 miles SE of Dowagiac/9 miles NW of Cassopolis)]

