

# CAIRN STONE ADVENTURE TOURS

**TO:** Grand Canyon Trekkers & Training Partners  
**FR:** Coach Ron Gunn  
**RE:** Manistee River Valley TEST HIKE  
**DT:** August 12, 2022

574.215.4779

CAIRNSTONEADVENTURETOURS.COM



**DATE:** Saturday, September 10, 2022.

**TIME:** 8:00AM - 8:30AM Social distance start

**WHERE:** Meet at the hiker's parking lot on Upper River Road just off Coates Hwy., one mile west of the Red Bridge over the Manistee River.

**DISTANCE:** The range of distances will be explained at the lecture. Test Hike course distances will be: 26.4 (N to S), 23.9 (RRR), 21.6 (Kathy's Hike), 16.6 (Plateau Pt.) and 11.2 (Destination hike) miles.

**COSTS:** There will be no charge for our *Grand Canyon Trekkers* or *2022 Training Partners*. There will be a \$30.00 charge for guests.

**CHECKPOINTS** START, Day Pack check, (Yellow Tag) - Hikers Parking Lot  
Little Mac Bridge, (Green Tag)  
Slagel Road, (Blue Tag)  
**FINISH,** (Stars & Stripes Tag) – Hikers Parking Lot

**AID STATIONS:** Coates Hwy. (21.4 to go)  
Sweet Ravine Road (16.6 to go)  
Little Mac Bridge (11.2 to go)  
Slagel Road (5.7 to go)

**RECEPTION:** FRIDAY NIGHT - A pre hike reception will be held at the Holiday Inn from **5:30 to 6:15PM**. Everyone is urged to attend.

**HOST HOTEL:** Once again our host hotel is the **Holiday Inn Express in Cadillac:** [7642 US-131 BUS South, Cadillac, MI 49601 (US-131 Business exit)] They are offering a \$162 rate (plus 11% tax), 2 night minimum. Call **231-779-4656** for reservations and ask for the **Ron Gunn Hiking group** rate (Block Code RGA). **[NOTE: Rooms in Manistee go quickly.]**

**REGISTRATION:** **EVERYONE** previously registered are asked to email Coach with the Grand Canyon hike you hope to qualify for. [Ron@CairnStoneTours.com](mailto:Ron@CairnStoneTours.com)  
NEW REGISTRATIONS are asked to complete the form below and mail by **September 3, 2022**. [This helps with logistics, thank you!]



-----CLIP HERE-----

NAME1: \_\_\_\_\_ DISTANCE (CIRCLE 1) 26.4 23.9 21.6 16.6 11.2

NAME2: \_\_\_\_\_ DISTANCE (CIRCLE 1) 26.4 23.9 21.6 16.6 11.2

CELL1: \_\_\_\_\_ CELL2: \_\_\_\_\_

EMAIL1: \_\_\_\_\_ EMAIL2: \_\_\_\_\_

(Check 1) GC XII  TRAINING PARTNER  GUEST \$30 Cash  Check No. \_\_\_\_\_

COMING TO THE (5:30-6:15PM) FRIDAY RECEPTION? YES  NO

COMMENTS: \_\_\_\_\_

MAIL TO (RECEIVE BY SEP. 3):

Cairn Stone Tours, c/o Tim Calhoun, 437 Dune Ridges, St. Joseph, MI 49085