ALL TRAIL HALF MARATHON, 10K, 5K



BASCE STAGGERED STARTS 9:00 -9:30AM Half Marathon

A GREAT **PURE MICHIGAN** ALL TRAIL COURSE!

9:30 – 9:45AM 10k Run & Walk

9:45 - 10:00AM

5k Run & Walk

11:00 – 11:10AM

1k Kids Fun Run

IMPORTANT SANDHILL CRANE RACES UPDATE!

The 2020 Sandhill Crane ½ Marathon, 10k and 5k races will be run LIVE on October 18 on our outstanding all trail course. However, in order to insure safety and social distancing, a staggered open start will take place. Check-in will begin at 8:15AM.

All runners will be timed by our chip timers but no awards will be given. The race entry fee is **reduced** to \$19.00 and includes a dynamite custom designed long sleeve tech shirt. Those who have already registered will receive a \$6.00 refund. Runners may register at RunSignUp.com by October 16 or mail in an entry form with a postmark of October 12 or before. There will be **no race day sign up**.

Participants whose entry is received by October 12 will be guaranteed receiving their T-shirt on race day. Everyone must mask up when checking in and after their finish. The non denominational service will not be held but a free 1k kids fun run will be held also with a staggered start between 11:00 and 11:10AM. The aid stations will offer 7oz. bottled water and packaged potato chips.

Our race **DJ Bill Craft** will be playing his inspiring music.

THANK YOU FOR YOUR UNDERSTANDING AND SUPPORT!

Race benefits the Cass County Parks and the Dowagiac Rotary Club

- No parking fee!.[15122 Monkey Run Street, Vandalia, MI 49095]
- 2 WAYS TO REGISTER: RunSignUp.com or MAIL by OCT 12
- **RESULTS** will be available at **RunSignUp.com**

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CLIP and MAIL below			
NAME:	GENDER (CIRCLE ONE): 1	M F Age: (on race day)	
MAIL ADDRESS:	CITY:	ST: ZIP	
CELL/CONTACT PHONE:	EMAIL:		
RACE (CIRCLE ONE): 1/2 Marathon 10k 5k T-SHIRT SIZE (CIRCLE ONE): (S, M, L, XXL)			
RACE FEES: Mail In entry fee \$19.			
ENCLOSED: Check no for \$19 postmarke	ed by OCT 12 (last day		
PAYABLE TO: The Friends of Cass County Parks (note Sandhill Race on comment line)			
MAIL TO: The Friends of Cass County Parks, P.O. Box 131, Cassopolis, MI 49031			
FILL ALL INFORMATION: including, gender,	age, T-shirt size & race	choice ALL TRAIL	