

LECTURE NOTES

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CAIRN STONE HIKERS SHOPPING TIPS

by Coach Ron Gunn

HELPFUL VENDORS: I have listed below some stores and web sites with hiking equipment, including energy and electrolyte products:

AREA LOCATIONS

- ◆ Gazelle Sports <https://gazellesports.com/> Kalamazoo, 269.342.5996
- ◆ Wanderlust <https://wanderlustoutfitters.com/> St. Joe, 269.281.7047
- ◆ Fleet Feet <https://www.fleetfeet.com/s/mishawaka> 574.257.7867
- ◆ REI <https://www.rei.com/stores/grand-rapids> 616.940.1526
- ◆ Connected Soles <https://www.connected-soles.com/> St. Joseph, 269.408.1400
- ◆ The Bivouac <https://www.bivouacann Arbor.com/> Ann Arbor, 734.761.6207
- ◆ Uncle Dan's <https://udans.com/pages/ud-locations> Evanston, 847.475.7100

ONLINE SHOPPING

- ◆ <https://www.campmor.com/>
- ◆ <https://www.ems.com/>
- ◆ <https://shop.highsierra.com/>
- ◆ <https://www.moosejaw.com/>
- ◆ <https://www.roadrunnersports.com/>
- ◆ <https://www.hammernutrition.com/>

DISCOUNT: Mention *Coach Gunn* and *Cairn Stone Tours* at area locations.

NOTE: The web addresses are not active hyperlinks since some security programs block the opening of files with active links. Copy and Paste the web address into any browser address bar.

“Showing really cool people the world through adventure hikes.”