## Thom's Grand Canyon Trail Mix with Peanuts

Hand mix the following ingredients in a large bowl. Bag approximately 1 cup in zipper lock bags or store in airtight storage containers. (Use *zipper* lock bags in your backpack)

- > 9.5 oz. (1 can) Planters nut mix: Cashews, Almonds, & Pecans
- ½ cup Honey Roasted Peanuts (optional)
- > 3/4 cup Crispy M & M's candy
- > 2 cups Sunbelt Granola Cereal: Raisins, Dates & Almonds
- > 1 cup Kashi Cereal: Go Lean Crunch (hand pick largest clumps)
- ➢ ¼ cup Raisins

## Recipes by Grand Canyon veteran Thom Janssen

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- > 1 cup Kashi Cereal: Go Lean Crunch (hand pick largest clumps)
- ➢ ¼ cup Raisins