



10K ~ 5K
1K Kids Run
SUNDAY
NOV 22, 2020

1:00 to 1:15PM 10K ROLLING START
1:15 to 1:30PM 5K ROLLING START
2:15PM 1K FUN RUN START

ROADRUNNER TRAILS

The 53rd running of this classic all trail Turkey Trot **will be run live** this year with *social distancing* rolling starts. Participants are required to wear masks when checking in and picking up awards (there will be no award ceremony). Presently the restrooms at the middle school will be open pending any changes in MHSAA protocols. All spectators are required to wear masks and social distance. This event is sponsored by the Dowagiac Union High School Athletic Department and is being directed by Ron Gunn of Cairn Stone Adventure Tours. The start is located on the southwest side of the middle school parking lot. This is *Pure Michigan's* oldest Turkey Trot with the same race director.



30 age groups: 1st place - Awesome wood laser cut award
2nd & 3rd place – Medals
Kids Fun Run - Ribbons



[UPDATES: Any race updates will post at CAIRNSTONEADVENTURETOURS.COM]

RunSignUp.com

[LOCATION: Middle School is located on the SE side of Dowagiac at 57072 Riverside Drive.]

----- CLIP and MAIL -----

DOWAGIAC TURKEY TROT 53, 2020 MANUAL ENTRY FORM (PLEASE PRINT CLEARLY)

NAME: _____ GENDER (CIRCLE ONE): M F Age: ____ (on race day)

MAIL ADDRESS: _____ CITY: _____ ST: ____ ZIP _____

CELL/CONTACT PHONE: _____

EMAIL: _____

RACE (CIRCLE ONE): 10k 5k Fun Run (Free-no shirt) T shirt size (CIRCLE ONE): (S, M, L, XL, XXL)

RACE FEES: ENCLOSED is check for: ____ \$25 postmarked by NOV 16 (10k & 5k)

OR \$30 after NOV 16 [sign up at race 11:30am to 12:45pm] *includes custom Long Sleeve Tech shirt*

Entries received by NOV 16 are guaranteed a shirt at registration on race day.]

CHECK PAYABLE TO: *Cairn Stone Adventure Tours* (Please note *Turkey Trot 53* on comment line)

MAIL TO: Ron Gunn, 142 Conifer Trail, Dowagiac, MI 49047

OR

ONLINE AT: RunSignUp.com (*Dowagiac All Trail Turkey Trot*)

