



# CAIRN STONE 2025 NEWSLETTER



**TO:** SCOTLAND, UP NORTH & TRAINING PARTNERS  
**FROM:** Thom  
**DATE:** April 1, 2025  
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## BONUS HIKE

**POTATO CREEK STATE PARK:** Cairn Stone vet Doug Geissler responded to Coach's request to set up a bonus hike while he was in Scotland with an enthusiastic, "yes!" Doug is recovering from foot surgery and hopes to return to the ranks of our elite hikers later this year. I look forward to this hike and promised to help get the word out.

For anyone interested, I plan on having a hike at **Potato Creek State Park** this **Saturday, April 5**, starting at **8:30 AM EST**. The hike will start at the **Nature Center**, NOT at the boat rental parking lot. The main course will be about 7.3 miles, optional loops of 2 miles and 3.75 miles. available. I will do my best to answer any questions about the loops or my very basic, not to scale map.

I will have cookies and water at the start point, which you will pass by if repeating any of the loops.

The trail will be marked with paint on Friday. The current forecast indicates a chance of rain Friday night and Saturday morning so I don't know how visible they will be while hiking. I'm not sure if there will be any blue cards marking the trails.

Feel free to bring a chair if you want to sit and enjoy a snack after your hike is done. I look forward to seeing anyone that ventures out.

Fire up!

Doug Geissler  
(219)363-5674

