

TO: ALL HIKERS
FROM: Coach Gunn
DATE: October, 16 2025
574.215.4779



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CAIRN STONE TREKKERS ENJOY AMAZING WEATHER!

UP NORTH & SANDHILL: I must be paying the right preacher as we have enjoyed brilliant weather for our two *Up North* tours and the *Sandhill Crane* races! All of these events went very well and I appreciate everyone's positive involvement. The remainder of 2025 season of hikes are open to everyone interested and these newsletters will include those checking us out on the *Keep Informed* list. **After January** these open newsletters end and only go to those who have joined.

VENUE CHANGE: Our next training hike will be **Saturday, October 25** at the former *Tree-Mendus Fruit Farm* near Indian Lake. Courses of 5.2, 7.3 and 10.7 will be set up on this enjoyable course starting at **8:00AM**. Delicious apples from their orchards will be on sale at a special price for Cairn Stone hikers. [The updated 2025 hiking schedule is attached. Note that any last minute changes are only announced once. Be sure to read the newsletter prior to each hike.]

DIRECTIONS: 9351 E. Eureka Rd, Eau Claire, MI [Map link in email]

REHYDRATION: Our group rehydration after hiking will be the nearby *Indian Lake Pub* - Map link in email. [Group rehydration is our traditional way for newcomers and Cairn Stone vets to get to know each other and share hiking tips.] [55986 Indian Lake Road, Dowagiac, MI]

SHIRTS: Contact me in advance and I will have your **shirts/sweat top** at the next hike **for pickup**. Those that cannot pick up their shirt/sweat top need to **mail** me a prepaid self addressed Priority Mail envelope (shirt) or side loading box (sweat top). [574.215.4779 Ron@CairnStoneTours.com]
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"There are no
shortcuts to
anywhere
worth going."
Beverly Sills