

# CAIRN STONE 2025 NEWSLETTER

**TO:** UP NORTH & TRAINING PARTNERS  
**FROM:** Coach Gunn  
**DATE:** May 28, 2025  
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## **SUPER JOB AT SPUD CREEK!**

**POTATO CREEK:** We had a crackerjack day to hike the beautiful Potato Creek State Park! Training is going very well as several Cairn Stone trekkers are on pace for our 23 miler Up North. **Special thanks** go out to Larry and Terri Lies, Rob and Lee Riley and Craig Clapper.

**SAUGATUCK:** Our next training hike will be the *Zig Zag* course this **Saturday, May 31 at Mt. Baldhead Park** in Saugatuck. The hike will start at **10:00AM** and course distances on this world class venue include lengths of 13.6, 6.9 and 4.0 miles. The weather forecast looks great!

**DIRECTIONS:** Mt. Baldhead Park, 735 Park Street, Saugatuck, MI

**REHYDRATION STATION:** Saugatuck Brewing Company, 2948 Blue Star Hwy, Douglas, MI



**SCOTLAND REUNION:** *ACTION ITEM* – RSVP Required – Please respond if you haven't already. Invitations went out to all *Thistle Trekkers* May 21 and we have heard back from many but not everyone. [If you can't find your email invitation go to the Scotland page on my website for it.]