



www.tranquiltherapies.me.uk

How to have a happy and productive workplace



↓ The on-site chair massage specialists

Keeping you stress free with @tranquiltherapies.me



Repetitive strain injuries are common when using computers for long periods of time



0.5 million
work related
Musculoskeletal disorder cases
were recorded 2019/2020
HSE. Gov





0.8 million
work related
Stress, Anxiety or
Depression cases
reported
2019/2020
HSE.GOV



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How will Massage help?

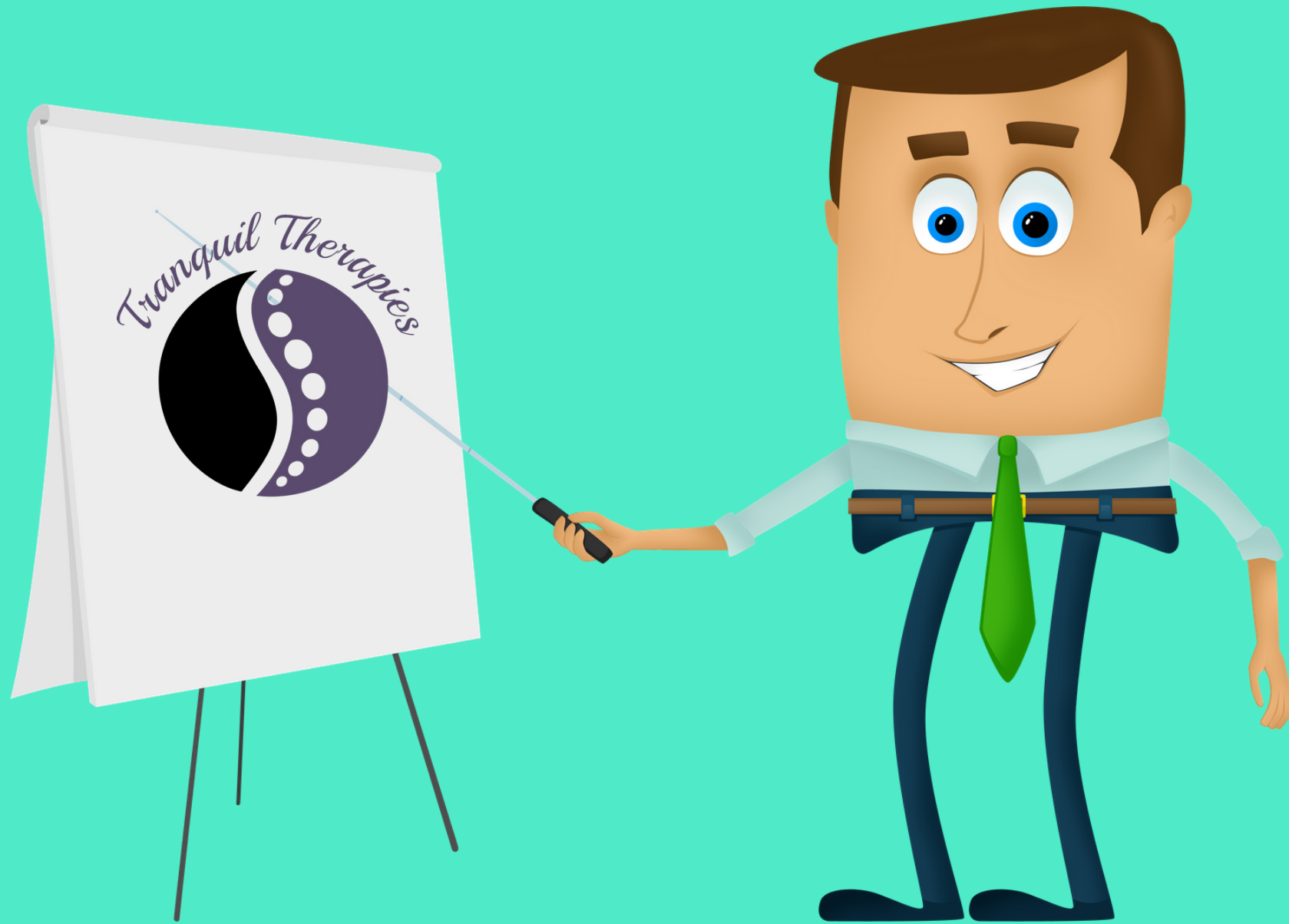
It is now scientifically proven that massage:

- Boosts your immune system
- Increases Endorphins
- Lowers blood pressure
- Relieves headaches
- Releases tension
- Increases oxygenated blood flow
- Removes brain fog
- Re-energises
- Improves general well-being

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HSE releases annual injury and ill-health statistics for Great Britain 4th November 2020



More than half of Britain's working days lost in 2019/20 were due to mental ill-health.

In 2019/2020, the estimated economic cost to Great Britain totalled £16.2 billion with 38.8 million working days lost.

Fines from convictions totalled £35.8 million

Offering a regular on-site chair massage event will increase the outcome of any wellness initiative or EAP



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Great Incentive

Include **Onsite Chair Massage**
as an incentive for your staff
Staff who are rewarded;

Stay longer (less attrition, less recruitment
costs)

More productive, 95% reported they work
harder to achieve an incentive

Work as a team in order to succeed

Happier teams make a great company
reputation

Attract the best candidates to work for you

WIN WIN WIN



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Some of our happy clients

We had Tranquiltherapies.me
in just before lockdown for
a Birthday event

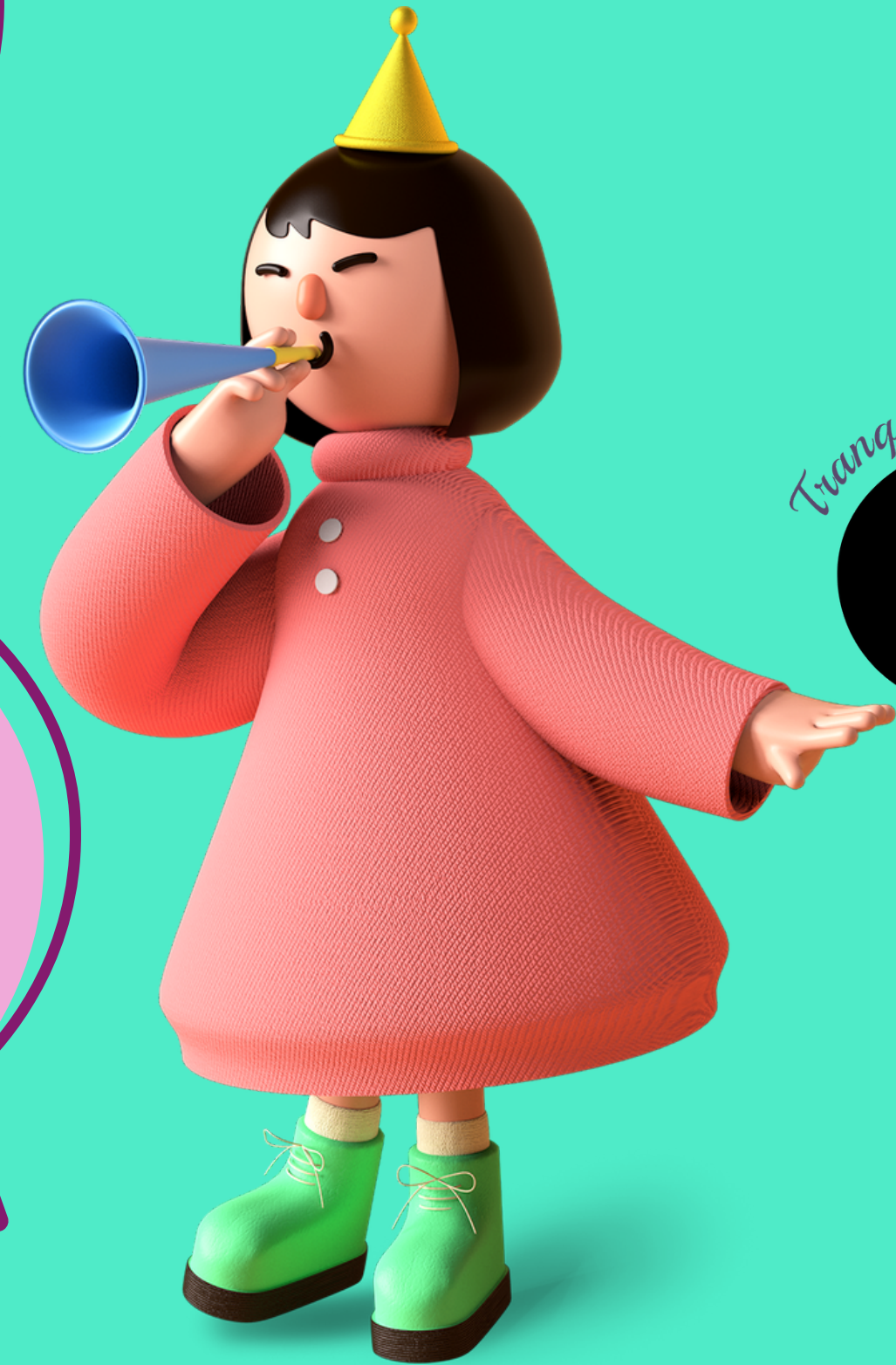
5*****

Everyone loved it

Shannon, staff nurse
FPH

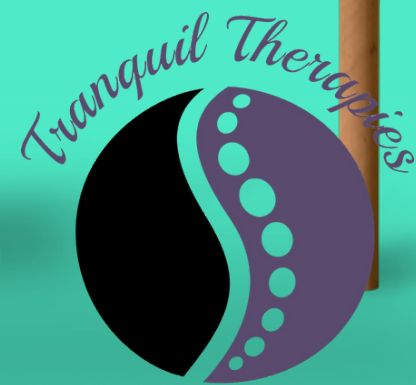
If I could give a 10* review
I would ...
Felt at ease and came away feeling
jejuvenated
Just booked another
Nicola
(Office Manager)

Magic hands
Excellent
Totally refreshed
Waiting to rebook
Stuart (Sales Director)



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Want to be the Best Boss?

Book our no-obligation free trial
for 2 now!!!

07759 709358

corporate@tranquiltherapies.me.uk

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HAPPY TEAM HAPPY OFFICE HAPPY DAYS

PRICES START FROM AS LITTLE AS £10.00 PER
EMPLOYEE

WE OFFER A LOYALTY SCHEME

WE CAN ACCOMODATE TEAMS OF 2 +

MINIMUM CALL OUT = 2HOURS

20 MILES RADIUS OF GU14 (FARNBOROUGH)



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Summary

No Oils are used

Your hairstyles/makeup remain intact
Over your clothes

Concentrated on areas that have repetitive strain
We use a specially adapted pressure point massage

This invigorates and revives

No falling asleep after, buzzing ready to go!!!

You tell us how you like the pressure

Stress is reduced by as much as 85%

Focus is improved and brain fog alleviated

Loyalty to company increases

Absenteeism reduced

Reduces risk of RSI and MSD

+ they all love you



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