



Map and Directions

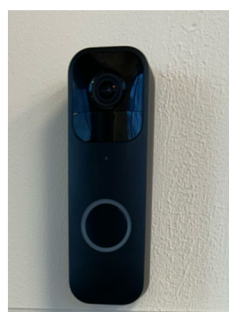


UNMASKED Neurodiversity Network CIC
Suite 6 Prospect Park, Limewood Approach,
Seacroft, LS14 1NG



We are located on Seacroft Ring Road- in-between JD Gym and FIVES

You can park in the car park at the front of the building or on the main road.



Please ring the bell (inside the building) when you arrive and wait in reception- if you arrive early please wait in reception until your appointment/session time- even if the door is open - please wait until someone come to collect you



Please be aware that the hub is located on the first floor with no lifts- for any concerns around accessibility please let us know.



GETTING HERE BY BUS



PLEASE ALWAYS REFER TO THE BUS COMPANY WEBSITE AS CHANGES
CAN BE MADE AND WE MAY HAVE GOT SOME INFO WRONG

Route 7 – Leeds ↔ Seacroft Ring Road ↔ Harrogate

(Operated by The Harrogate Bus Company)

Why it's the best choice for ND adults

Direct & single-seat travel—no changes or confusing transfers

Stops right on Seacroft Ring Road, a few steps from your venue

Audio/visual announcements on-board for ease of navigation

Service hours (Mon–Fri): roughly 05:50 – 22:50, with buses
approximately every hour

Seacroft stop: near the route's midpoint, each stop announced
and clearly signposted

How to ride: Simple 3-Step Journey

Board at Leeds City Bus Station
(Stand 22) or Leeds Victoria (Stand O)

Stay on board until the bus announces
“Seacroft Ring Road”

Alight—you're right by the venue with
minimal walking

Bus Routes to Seacroft Bus Station

please check websites

40 - Every 10–15 min-, city centre to Seacroft

11- Hourly- Another direct link via Cross Gates

4/4F- Regular- Runs via Pudsey and Leeds

16/16A-Regular-Connects Whinmoor, Gipton

9/9C- Less frequent- Connects Horsforth, Pudsey, White Rose

50/50A-Regular- Runs from Horsforth The Green

Walk from -Tesco Extra bus station

(AROUND 15 MINS)



from tescos take
the steps



Cross the road at the
traffic lights



Keep going straight
on



Turn left



walk straight on until
the road.



Turn left at the traffic lights-
then right at Ninja warrior.



Keep walking until you get to
JD Gym- we are next door.