



Unmasked

Neurodiversity Network CIC

Getting here

UNMASKED Neurodiversity Network CIC
Suite 6 Prospect Park, Limewood Approach,
Seacroft, LS14 1NG



We are located on Seacroft Ring Road- in-between JD Gym and FIVES



You can park in the car park at the front of the building or on the main road.

Please text or email your counsellor when you arrive, and they will come to collect you.

If you arrive early, please wait in reception until your appointment time, even if the door is open.

Please be aware that the hub is located on the first floor with no lifts.

If you have any concerns around accessibility please let us know.



GETTING HERE BY BUS



PLEASE ALWAYS REFER TO THE BUS COMPANY WEBSITE AS CHANGES CAN BE MADE AND WE MAY HAVE GOT SOME INFO WRONG

Route 7 – Leeds ↔ Seacroft Ring Road ↔ Harrogate

(Operated by The Harrogate Bus Company)

Why it's the best choice for ND adults

Direct & single-seat travel—no changes or confusing transfers

Stops right on Seacroft Ring Road, a few steps from your venue

Audio/visual announcements on-board for ease of navigation

Service hours (Mon–Fri): roughly 05:50 – 22:50, with buses approximately every hour

Seacroft stop: near the route's midpoint, each stop announced and clearly signposted

How to ride: Simple 3-Step Journey

Board at Leeds City Bus Station (Stand 22) or Leeds Victoria (Stand O)

Stay on board until the bus announces "Seacroft Ring Road"

Alight—you're right by the venue with minimal walking

Bus Routes to Seacroft Bus Station

please check websites

40 - Every 10–15 min-, city centre to Seacroft

11- Hourly- Another direct link via Cross Gates

4/4F- Regular- Runs via Pudsey and Leeds

16/16A-Regular-Connects Whinmoor, Gipton

9/9C- Less frequent- Connects Horsforth, Pudsey, White Rose

50/50A-Regular- Runs from Horsforth The Green

Walk from -Tesco Extra bus station

(AROUND 15 MINS)



from tescos take the steps



Cross the road at the traffic lights



Keep going straight on



Turn left



walk straight on until the road.



Turn left at the traffic lights- then right at Ninja warrior.



Keep walking until you get to JD Gym- we are next door.