



Creative Calm

Rock Painting for ND Art & Wellbeing

Join us for a one-off creative session where adults can explore emotions through rock painting in a calm and supportive space.

We have space for up to 8 participants, so booking is essential.

Use the link below to book a space

✦ Please only reserve a space if you're sure you can attend.

**Tuesday 23rd
September
2025**

**6:00PM –
7:30PM**



Unmasked Hub, Seacroft, LS14 1NG

**Run by Unmasked Neurodiversity Network CIC
and Proudly funded by Being You Leeds.**

