

# **SCIOTO COUNTY MEDICAL SOCIETY**

## **JUNE and JULY 2018 NEWSLETTER**

PHONE: 356-7688 FAX: 354-5315

1248 KINNEYS LANE, PORTSMOUTH, OH 45662

E-MAIL: [MARTING@SOMC.ORG](mailto:MARTING@SOMC.ORG)

OHIO STATE MEDICAL ASSN: [www.OSMA.ORG](http://www.OSMA.ORG)

OSMA: 800-766-6762

[WWW.SCIOTOCOUNTYMEDICALSOCIETY.ORG](http://WWW.SCIOTOCOUNTYMEDICALSOCIETY.ORG)

OHIO OSTEOPATHIC ORGANIZATION: [www.OOANET.Org](http://www.OOANET.Org)

**Teleconference: Opioid Epidemic Substance Abuse: June 20<sup>th</sup>; 1:00 -2:00 pm; Micklethwaite Bldg. 1 CME Credit**

### **Hepatitis A Outbreak**

Since March 2018, the West Virginia and Kentucky Bureau for Public Health has reported an increase in the number of confirmed cases of acute Hepatitis A virus. This increase has primarily been among injection and non-injection drug users, homeless or mobile individuals, those who have been recently incarcerated and individuals co-infected with hepatitis C. Viral sequencing has linked cases from Kentucky and California. Because this is close to our community, Dr. Michael Martin, Scioto County Health Commissioner, suggest that Hepatitis A can be prevented by vaccination with a 2-dose series of hepatitis A vaccine. Vaccination is the best way to prevent Hepatitis A and can be administered to persons 1 year of age and older. Common causes of Hepatitis A are exposure to contaminated food and water, foods not properly cooked, and through the fecal-oral route. Hepatitis A vaccine is available at the Scioto County Health Department (740-353-8863) and your local pharmacist.

### **State Medical Board of Ohio**

**ICD-10 Required on Controlled Substance Prescriptions**

Effective May 31, 2018

**Ohio Automated RX Reporting System:**

**How to Read a Prescriber Practice Report**

**Goggle these Drug Information Websites**

**[StartTalking@Ohio.gov](http://StartTalking@Ohio.gov)**

**Build a Drug Free [Future@Ohio.Gov](http://Future@Ohio.Gov)**

**[MedicalMarijuana@Ohio.Gov](http://MedicalMarijuana@Ohio.Gov)**

**[PreventionActionAlliance.Org](http://PreventionActionAlliance.Org)**

## Wall Street Journal: May 26, 2018

### *Judicial Tough Love Helps Addicted Mothers Stay Clean*

Opting into a family drug court, under a judge's supervision, may bring their kids home sooner. By: Naomi Schaefer Riley

It's a sunny spring day in Judge Alan Lemons' courtroom, but it is hard to feel optimistic. A screen next to his bench shows a set of slides, each with a picture of a young mother and a brief description of why she will be appearing this morning.

Two numbers on each slide tell the real story: the ages of her children and the number of days she has been sober. Sometimes the numbers are quite low. "Child age: 3 months; days sober: 81." Several of these women were using drugs while pregnant and lost custody after giving birth.

Judge Lemons runs what's called a "family drug court" here in Scioto County, where the rate of opioid overdose is among the nations highest. He is hoping that this unconventional model of justice will help parents kick their habit, allowing them to reunite sooner with their children.

Family drug courts have been around for more than 20 years, but they have attracted new interest amid the opioid epidemic and rising rates of foster care. More than 15,500 children were in Ohio foster homes last year, up from 12,600 four years earlier, according to the nonprofit Public Children Services Association of Ohio. If current trends continue, the figure could reach 20,000 by 2020. Federal research confirms that the drug problem has increased child-welfare caseloads. A 10% increase in overdose death rates is correlated with a 4.4% increase in foster-care entry rates, according to a March report by the U.S. Department of Health and Human Services.

Regular family courts aren't built to cope with the type or the volume of cases that now are coming before them. The rules vary somewhat from state to state, but Ohio's are common. First comes a decision, often by a caseworker, to remove children from a home to prevent abuse or serious neglect. Then comes a hearing, usually the next day, to determine if the removal was appropriate, who should care for the children now, and what steps the parent needs to take to remedy the situation.

After that a judge may not see the parent for more than three months. Usually little would have changed. Judge Lemons tells me he got tired of seeing parents after 12 months who hadn't even gone for their drug assessments. "They're not even beginning the case plan," he says. Meanwhile, the children may languish, moving between different foster homes, staying with relatives who may or may not be capable of or interested in caring for them.

Family drug court, on the other hand, meets every week. Participants, who opt into the program, are drug-tested at least once a week. At each hearing the parent is expected to give the judge a progress report. It can seem like a support group at times. The judge then gives very specific instructions for what the parent needs to do. This eliminates the disconnect that sometimes occurs in

regular family court between what a caseworker tells a parent to do and what a judge expects.

A hearing in family drug court typically includes representatives from several public and private agencies: rehab centers, transitional housing authorities, child protective services, law enforcement, appointed guardians for the children. They are supposed to ensure that the parents have enough resources and support to carry out the judge's instructions. If the judge says the parent is ready to move from an inpatient treatment facility to transitional housing, the agencies in the courtroom know what to do. If he orders more counseling, they can set that up.

Parents who fail to follow instructions face real consequences. They aren't facing criminal charges, but a judge can put them in jail for a couple days for falling off the wagon. One woman I saw thanked Judge Lemons for "the wake-up call" he had delivered the previous week. Others are required to do community service or check in with a local sheriff's office every day. Sally Satel, a psychiatrist specializing in addiction (and my colleague at the American Enterprise Institute), says "these immediate, certain but not severe kinds of judicial responses are very effective in helping drug-addicted people change their behavior."

A 2012 research compilation by the National Association of Drug Court Professionals suggests that people in family drug court complete their treatments at a rate 20 to 30 percentage points higher than in the traditional court system. Family reunification rates are 20 to 40 percentage points higher. Critics worry that these statistics suffer from selection bias, since only motivated parents will opt into the program. They also wonder whether family reunification is the best measure, since judges who get to know young women by hearing their stories every week may return their children before it's appropriate.

Children whose parents are in family drug court re-enter foster care at lower rates, but not dramatically so. That isn't necessarily surprising: Treating addiction takes time, and even people who take the right treatment steps can relapse. But Judge Lemons thinks family drug court is better than the alternative. "The thought used to be that you can't force them into recovery," he says. "You can lead a horse to water, but you can't force him to drink." But with family drug court, the threat of a few days in jail can be strong motivation to stay clean.

## Happy June Birthday's

|                       |    |
|-----------------------|----|
| Pardja Vishnu, MD     | 1  |
| Terry Johnson, DO     | 4  |
| Duane Marchyn, MD     | 4  |
| Dustin Johnson, MD    | 12 |
| Sarah Porter, DO      | 13 |
| William Angelos, MD   | 15 |
| Kevin Boehm, DO       | 25 |
| Patrick McDonough, PA | 26 |
| John Radford, MD      | 28 |
| Dalkeith Tucker, DO   | 30 |

## Happy July Birthday's

|                        |    |
|------------------------|----|
| James McGinnis, DO     | 1  |
| Reshma Banerjee, DO    | 4  |
| Aaron Adams, DO        | 7  |
| T. J. Stidham, MD      | 8  |
| Humberto Hernandez, MD | 12 |
| Carolyn Arnett, DO     | 13 |
| Chris Schmidt, DO      | 13 |
| John Dobson, MD        | 17 |
| Nanda Methuku, MD      | 23 |
| John Gilbert, DO       | 27 |

**Scioto County Medical Society  
Scholarship Recipients  
2018-2019**

**Courtney Pierron, Junior @ OU-HCOM  
Johelen Taylor, Sophomore @ OU-HCOM  
Olivia Thoroughman, Freshman @ OU-HCOM**

**Congratulations!**

**June 9th**

**SOMC Pediatric Guild to Host - Touch-A-Truck Event**

The SOMC Pediatric Guild will host the Touch-A-Truck event from 12 p.m. to 2:30 p.m. Saturday, June 9 at the Portsmouth Spartan Stadium (James Street in Portsmouth).

The event will feature all sorts of vehicles including a fire truck, police cars, helicopter, construction dozers, school bus, and a special appearance by Batman and Wonder Woman in the Batmobile (arriving at 12:30 p.m.). For \$10 you can get an autographed poster and your photo taken in the Batmobile!

**Cost is \$2 per person.** Children age one and under may enter for free.

**June 21st**

**Business After Hours from 5 – 7 pm**

**Burnside Law and Rutman – Burnside Realty,  
1118 Hutchins St, Portsmouth**

**June 18 – 22 and July 16 - 20**

**Camp LIFE Coming Soon: SOMC LIFE Center**

It's summertime, the kids are out of school and it's time to get them involved in something fun! SOMC has the answer as the SOMC Portsmouth LIFE Center will host Camp LIFE June 18-22 and July 16-20. The camp will run from 9 a.m. to 3 p.m. each day with drop off time of 8:45 a.m. The camp is open to children ages 7-13 with a **cost of \$100 per child.**

The camp will be filled with fun activities while also teaching healthy lifestyles.

**For more information, please call the SOMC LIFE Center at 356-7650.**

**Community Events**

**May 19 – October 27**

**Main Street Portsmouth Farmers Market** on the Roy Rogers Esplanade every Saturday from 9 am to noon. For more information call MSP at 740-464-0203.

**June 25th -28th - SSU's Cub Camp (grades K-6) and Cub Academy (grades 7 -8)**

Formerly known as Kids on Campus, Cub Camp and Cub Academy offer unique learning experiences for students. For more information visit [www.shawnee.edu/cubcamp](http://www.shawnee.edu/cubcamp).

**June 9th & 10th – Lucasville Trade Days at the Lucasville Fairgrounds.** Parking will now be FREE on fairground lots! General admission will be just \$3 per person. For more information please call (937) 728-6643 or email: [lucasvilletradedays@gmail.com](mailto:lucasvilletradedays@gmail.com).

**June 14<sup>th</sup> – Gene Bennett Classic** – High School Elite baseball tournament. More details coming soon.

**June 16<sup>th</sup> – Dreamland Music Festival:** Sponsors, Doc Spartan and Patties & Pints featuring Nashville recording artists **2Steel Girls and Rick Ferrell Music!** This is the BIGGEST concert of the year in Southern Ohio. Once again they will be shutting down Court Street to pump good music and good times. The best music combined with the best people and best beer. Pre-sale general admission - \$25, couples tickets - \$40, tickets at door - \$35. Tickets available on Facebook. Search for Dreamland Music Festival Portsmouth, OH.

**June 19<sup>th</sup> – Shawnee Nature Club End of Year Covered Dish Picnic** at Earl Thomas Conley Riverside Park (small picnic shelter) - Dinner at 6 pm. Contact: Marijean Rapp 740-858-2758.

**June 23<sup>rd</sup> - The Counseling Center's Annual 5K Run & Fitness Festival;** 7:00 AM at the Earl Thomas Conley Park in West Portsmouth. Contact 740-351-2707.

**June 23<sup>rd</sup> – Ohio Senior Olympics Cycling Event** – Race begins at 7 am at the Scioto County Welcome Center. Register April 1<sup>st</sup> – May 25<sup>th</sup>. For more information contact [www.ohioseniorolympics.org](http://www.ohioseniorolympics.org).

**June 30<sup>th</sup> – Portsmouth Motorcycle Club's 125<sup>th</sup> Anniversary Old Fashioned BBQ & Rumble on the River.**

Includes a vintage dress contest, vintage bicycle /motorcycle show, parade, music, food, drink, 50/50, raffles and prizes! For more information, contact Stiffy 740-464-4968 or Crazy 740-372.0862. Find the PortsmouthMotorcycle Club on Facebook (PortsmouthMC).

### **Other Event's**

June 16 @ 10:00 – 12:00 pm: Summer Yoga at the Ridge  
2198 Sedan Crabtree Road; Lucasville



@ [Scioto County Medical Society](https://www.facebook.com/SciotoCountyMedicalSociety)

Or the website: [www.sciotocountymedicalsociety.org](http://www.sciotocountymedicalsociety.org)