



“Spirit Governs the Body”

Rev. James Lee

“They say they feel tired even after sleeping a lot. It doesn’t feel refreshing. They inexplicably become sensitive, their hearts are shaken by trivial words, and they feel their energy draining even before their body gives out.” A column that begins with these words suggests that we must realign our flow of energy, collecting our scattered selves back together through meditation. The weather is scorching hot. Passing through the monsoon season, the humidity has rolled in, making it incredibly hot. Once the monsoon passes, the intensity of the heat will become even more severe. In this kind of weather, it seems only natural, in a way, for the body to break down. A phrase I have heard so often that it’s practically stuck in my ears is that you can’t do anything during the summer in Arizona. It’s probably not that people can’t do anything, but rather that they wouldn’t even dare to try. Yet, there are those who come to this very Arizona to do mission work. The "Navajo United Mission Team" came to support a summer school for Navajo children over a period of six weeks. Several churches under the denomination each take charge of one week, preparing programs for the children. They teach English and math, of course, but also prepare Bible studies, various recreational activities, and even community service during their spare moments. Over the past six weeks, I also welcomed them at the airport every week and saw them off at the airport. Those who come as part of the mission team arrive knowing that Arizona is hot. And though they return home after serving for a week in the hot, dusty Navajo region, there is no exhaustion or breakdown in their appearance. Instead, they look even more vibrant. What is supplying them with this energy? It is their aching heart for the Navajo Native Americans and the love of Jesus Christ that powerfully builds them up. I enjoy watching sports variety shows. Their growth stories challenge and inspire me. Among them is a women's soccer entertainment show. One team uses this phrase: “The spirit governs the body.” I accept these words from a perspective of faith. When God answers our prayers, He says He will guard our hearts and minds. When our hearts and minds stand firm, our bodies naturally respond. Our faces shine with a glow, our eyes clear up, and strength returns to our arms and legs. Rather than breaking down from exhaustion in the heat, we must become saints who live a vibrant day, day after day, looking forward to the path God opens for us.



Sunday worship	11:00AM	Small Sanctuary
Sunday School		
Early morning P r a y e r	06:00AM(Tue.-Fri.) 06:30AM(Sat.)	Main Sanctuary
Intercessory Prayer meeting	09:00AM(Sun)	Education Building
Disciple Training Man of Jesus	1:00 PM(Sun)	Education Building
New comers Class	1:00PM(Sun)	Education Building
Yedam Community	Every Second Sunday Fourth Sunday	Meeting Room
Korean School (Plan)	01:00PM(Sun)	Education Building
College & Adult	01:00PM(Sun)	Education Building



Church Map



Church Address

1310 S. Longmore
Mesa AZ 85202



밸리한인장로교회
VALLEY KOREAN PRESBYTERIAN CHURCH



No. 13- 31

**Aug 02,
2026**

예수님을
따라가는 공동체



Ephesians 4:13

until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.

밸리한인장로교회

VALLEY KOREAN PRESBYTERIAN CHURCH

1310 S. Longmore Mesa, AZ 85202

Senior Pastor James Lee (T.480.570.8132)



밸리한인장로교회
VALLEY KOREAN PRESBYTERIAN CHURCH



Sunday Worship

Sunday Worship 11:00 AM

‘From the fullness of his grace we have all received one blessing after another.’ John 1:16

Confession of Faith	Apostle’s Creed
Hymn	Praise & Worship
Prayer	Deacon Bo Hyun Kim
Scripture Reading	Genesis 24:3-4
Sermon	“From Faith to Faith!” -Rev. James Lee-
Welcome & Announcement	Rev. James Lee
Offering & Praise	“He Provides Rain!” Offering: Young Lim Park /Cindy Jang
Benediction	Rev. James Lee



Worship Service Volunteers

	Prayer Sunday	Prayer Sat.	Offering	Lunch(Sunday)		Cleaning
				Serving	Dish washer	
8/02	Bo Hyun	Min Jin (8/8)	Young Lim/ Cindy	Kyung Hoon	Hephzi-bah	Timothy (8/8)
8/09	Min Hyuk	Grace (8/15)	Robert/ Dasom	Young Ae	Joshua	Faith (8/15)
8/16	YoungLim	Shinwoo (8/22)	Kangsub/ Heejin	Sun Ok	Timothy	Hephzibah (8/22)
8/23	Youl Cho	Jay Jang (8/29)	Seung H./ Eun Y.		Faith	Joshua (8/29)
Worship Guide: Bo Hyun Kim, Hee Jin Jeon						



Church Announcement

""Welcome to the Community Becoming Like Jesus. We sincerely welcome you. We look forward to a beautiful fellowship and meeting after the worship service."

Welcome to New Members

Special Congregational Meeting

Hope Community Picnic

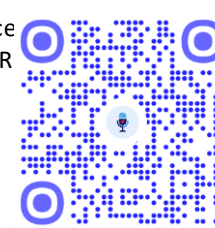
Simultaneous interpretation

We welcome those who are visiting our church for the first time or just stopping by.

Date 09 Aug. 2026 After Lord’s day service.
Candidate:
Ordained Deacon: Min Jin Kim
Robert McCaghen
Kwonsa: Cindy Jang, Elise Kim, Young Ae Shin, Sang Mi Lee.

Date: Aug 5, 9:00 am
Place: Clear Creek

We provide interpretation service through a smart app. Scan the QR code to get started.





매일 성경읽기 및 중보기도(가정) 안내

3(Mo)	4(Tu)	5(Wn)	6(Tr)	7(Fr)	8(Sa)	9(Su)
Jeremiah	Jeremiah	Jeremiah	Jeremiah	Jeremiah	Jeremiah	Jeremiah
1-3	4-6 Sung Bin	7-9 Min Jun	10-12 David K.	13-15 Daniel K.	16-19 Sunday Service	20-22



Saturday Early Mornng Prayer

8, Aug. Sat. 6:30am

Confession of Faith	Apostle’s Creed
Hymn	Hymn 309, 293
Prayer	Deacon Min Jin Kim
Sermon	Ephesian 3:17-19 “ Let us know Your love!” Rev. James Lee



Bible Problem Solving

(Aug 02)

Jeremiah 1 – 19**Name:**

1. Why did God declare His judgments against the people of Israel? (Jer 1:16)

2. What does God say He will do to Israel, who says, "I am innocent"? (Jer 2:35)

3. What does God command sinful Israel to do? (Jer 3:13)

4. What must Jerusalem wash to be saved? (Jer 4:14)

5. Instead of listening to Jeremiah’s warning, what did they consider the word of the Lord to be? (Jer 6:10)

6. What evil thing did the children of Judah do to their sons and daughters by building the high places of Topheth in the Valley of the Son of Hinnom? (Jer 7:31)

7. With what did the Lord say the serpents and adders He is sending among the people cannot be controlled? (Jer 8:17)

8. What did the Lord say the people refuse to know because of their deceit? (Jer 9:6)

9. What did God tell them not to learn, saying it is a vanity? (Jer 10:3)

10. What has God solemnly warned and protested to their fathers from the day He brought them out of the land of Egypt until this day? (Jer 11:7)

11. Where did God tell Jeremiah to take the loincloth (belt) and hide it? (Jer 13:4)

12. By what did God say the false prophets would be consumed? (Jer 14:15)

13. What is deceitful above all things and desperately corrupt? (Jer 17:9)

14. As God is shaping disaster and devising a plan against Judah, from what did He tell them to turn? (Jer 18:11)

15. What was the meaning of breaking the potter's vessel according to the word of God? (Jer 19:11)

Last Week's Answers

1. The word of God 2. Wrath and war 3. My shepherd 4. In suffering 5. He pities 6. Earth 7. Transgressions 8. Falls into ruin 9. Evil way, wrong thoughts 10. Shalom 11. Joy in the Lord 12. Sin 13. A garment of praise 14. The potter 15. Here I am