

## GOT CAD?





## PEOPLE LIVING WITH CAD MAY EXPERIENCE SYMPTOMS LIKE:

FATIGUE
WEAKNESS
SHORTNESS OF BREATH
LIGHT-HEADEDNESS
CHEST PAIN
IRREGULAR HEARTBEAT
A BLUISH COLOR OR DISCOMFORT OF THE HANDS AND FEET

These symptoms may get worse if you have a compromised immune system or an infection, or if you're exposed to cold temperatures. The average age of onset for CAD is 58 years old, but it has been seen in patients as young as 30.



## HEALTH checks AND

**INFORMATION** 

## WHAT IS COLD AGGLUTININ DISEASE?

Cold Agglutinin Disease is a rare type of autoimmune hemolytic anemia (AIHA) in which the body's immune system mistakenly attacks and destroys its own red blood cells.



YOU ARE NOT ALONE



www.coldagglutinindisease.org