



**ASHA MODERN INTERNATIONAL**

**SYLLABUS**

**SESSION – 2024-25**

**CLASS III**

**SUBJECT - ENGLISH**

**PRESCRIBED BOOKS-**

1. Reflections (Acevision)
2. New Learner’s Grammar and Composition (Oxford)

**TERM I**

**(A) PERIODIC TEST-I**

**Literature**

CH-1 The Stork and the Crab

CH-3 Antonio and Julio

CH-4 My Grandfather’s Farm

**POEM**

CH-5 My Shadow

**GRAMMAR BOOK**

L-1 Common and Proper Noun

L-2 Singular and Plural

L-4 Nouns: Gender

**NOTEBOOK WORK GRAMMAR**

- Antonyms (10)
- Synonyms (10)

**Writing Technique** : Sentence Writing

**(B) SUBJECT ENRICHMENT ACTIVITY (SEA)**

- Speaking Assessment
- Art Integrated /Subject Integrated Activity

**(C) NOTEBOOK SUBMISSION**

**HALF-YEARLY EXAMS**

**SECTION-A (READING)**

Two unseen passages of 5 marks each will be asked. (In MCQ form)

**SECTION-B (WRITING)**

1. Sentence Writing
  2. Application Writing
  3. Message Writing
- Topics will be asked from the notebook.
  - No Choice will be given.

40

10

05

80

10

15

### SECTION-C (GRAMMAR)

15

L-1 Common Noun and Proper Noun

L-2 Singular and Plural

L-4 Noun: Gender

L-5 Collective Noun

L-6 Possession

L-7 Using A, An and The

L-8 Pronouns

#### GRAMMAR NOTEBOOK WORK

- Antonyms (10)
- Synonyms (10)
- Three Forms Of Verb (20)
- Change the Gender (10)
- Singular Plural (10)

10

### SECTION-D (LITERATURE)

30

CH-1 The Stork and the Crab

CH-3 Antonio and Julio

CH-4 My Grandfather's Farm

CH-6 Krishana and Sudhama

CH-7 Pinocchio

#### Poem-

CH-5 My Shadow

CH-8 The Duck and the Kangaroo

25

### ENGLISH READING WRITING & DICTATION

Reading, Cursive Writing & Dictation will be asked from Chapters-1, 3, 4, 6 & 7.

Reading Exam (10 marks)

Dictation Exam (10 marks)

Cursive Writing Exam (5 marks)

**Note: English Reading , Cursive Writing and Dictation Exam will be taken separately.**

### TERM II

#### (A) PERIODIC TEST-II

40

##### Literature

CH-9 The Princess and The Pea

CH-12 Who is Stronger?

CH-13 The Steamboat

##### POEM

CH-11 Fishing

##### GRAMMAR BOOK

L-9 Creating Adjectives

L-10 Main Verbs and Helping Verbs

L-11 Has, Have, Had, Do, Did

**NOTEBOOK WORK GRAMMAR**

- Homophones (10)
- Idioms (10)

**Writing Technique** : Application Writing

**(B) SUBJECT ENRICHMENT ACTIVITY (SEA)**

- **Listening Assessment**
- **Art Integrated /Subject Integrated Activity**

**(C) NOTEBOOK SUBMISSION**

**ANNUAL- EXAMS**

**SECTION-A (READING)**

Two unseen passages of 5 marks each will be asked. (In MCQ form)

**SECTION-B (WRITING)**

1. Sentence Writing
  2. Application Writing
  3. Notice Writing
- **Topics will be asked from the notebook.**
  - **No Choice will be given.**

**SECTION-C (GRAMMAR)**

- L -9 Creating Adjectives
- L-10 Main Verbs and Helping Verbs
- L-11 Has, Have, Had, Do, Did
- L- 12 Simple Present and Simple Past
- L-13 Adverbs
- L-14 Prepositions
- L-17 Linking Word

**GRAMMAR NOTEBOOK WORK**

- Homophones (10)
- Idioms (10)
- Antonyms (10)
- Synonyms (10)
- Three Forms Of Verb (20) + 20 verb forms done in Term 1

**SECTION-D (LITERATURE)**

- CH-9 The Princess and The Pea
- CH-12 Who is Stronger?
- CH-13 The Steamboat
- CH-15 Little Johnny and the Fairy
- CH-16 Helen Keller

**Poem**

- CH-11 Fishing
- CH-17 Sea Fever

10

05

80

10

15

15

10

30

**ENGLISH READING WRITING & DICTATION**

25

Reading, Cursive Writing & Dictation will be asked from Chapters-9, 12, 13, 15 &16.

Reading Exam (10 marks)

Dictation Exam (10 marks)

Cursive Writing Exam (5 marks)

**Note: English Reading , Cursive Writing and Dictation Exam will be taken separately.**

**DELETED PORTION****(a) Reflections (Acevision)**

CH-2 The Swing (Peom)

CH- 10 The Whacky Mouse

CH- 14 Cloony the Clown(Peom)

CH-18 Hansel and Gretel

**(b) Grammar Book**

L-3 Countable and Uncountable Nouns

L-15 Short Forms

L-16 Sentences

**Common Errors**

**NOTE:** Ch-18, 19, Test paper 1 and test paper 2 for practice.

**PAPER PATTERN AND MARKING SCHEME FOR PERIODIC TEST I & II**

DETAILS	NO. OF QUES.	MARKS PER QUES	TOTAL
UNSEEN PASSAGE	3	1	3
WRITING TECHNIQUE	1	5	5
WORD MEANING MAKE SENTENCES (4 Out of 6)	4	2	8
QUES-ANS (4 Out of 6)	4	2	8
BACK EXERCISE (FROM REFLECTIONS)	-	-	4
GRAMMAR NOTEBOOK	-	-	05
GRAMMAR BOOK	-	-	07
<b>TOTAL</b>			<b>40</b>

**MARKS DIVISION OF SECTION D FOR HALF-YEARLY & ANNUAL EXAMS**

DETAILS	NO. OF QUES.	MARKS PER QUES	TOTAL
ONE EXTRACT FROM PROSE	3	1	3
ONE EXTRACT FROM POETRY	3	1	3
WORD MEANING & MAKE SENTENCES (3 Out of 6)	3	2	6
SHORT ANS TYPE QUES. (4 OUT OF 6)	4	2	8
LONG ANS TYPE QUES. (1 OUT OF 2)	1	4	4
BACK EXERCISE (FROM LITERATURE)	6	1	6
<b>TOTAL</b>			<b>30</b>

**INSTRUCTIONS:**

- SEA activities will be conducted in class. The marks of every SEA will be added in Term Assessment.
- Prepare chapters thoroughly as any Objective Type Question may be asked.
- Marks of notebook submission will be given on the basis of work completion, in cursive writing neatness and covering of books & notebooks.
- There will be a separate exam of English Dictation, Reading and Cursive Writing in both the Terms (1 reading passage will be from the Text book and 1 reading passage will be from some another book of same level.)
- Syllabus of PA I will be asked in Half-Yearly Exams.
- Syllabus of PA II will be asked in Annual Exams.
- Syllabus of Term I (PA 1 and Half-yearly) will not be asked in Term 2 (PA 2 and Annual) Exams.
- Each Periodic Test will be of 40 marks.  
Half-yearly Exams will be of 80 marks.  
Annual Exams will be of 80 marks.
- Self framed questions will carry a weightage of at least of 10 marks.

**SUBJECT - HINDI**

प्रस्तावित पुस्तकें :-

- 1) दिव्य भारती - ऐवरग्रीन ( भाग - 3)
- 2) भाषा अधिगम एवम व्याकरण - प्राची पब्लिकेशन

**TERM I****(A) PERIODIC TEST-I**

हिन्दी साहित्य

पाठ-1 प्रार्थना (कविता)

पाठ-2 बर्फ का घर

पाठ-3 चीकू और मीकू

हिन्दी व्याकरण

- लिंग परिवर्तन
- वचन परिवर्तन
- क्रिया
- दिए गए विषय पर अनुच्छेद लिखो (लेखन भाग)

**(B) SUBJECT ENRICHMENT ACTIVITY (SEA)** विषय संवर्धन गतिविधि

**(C) NOTEBOOK SUBMISSION**

40

10

05

## HALF-YEARLY EXAMS

(A) हिन्दी साहित्य

- 1) पाठ-1 प्रार्थना (कविता)
- 2) पाठ-2 बर्फ का घर
- 3) पाठ-3 चीकू और मीकू
- 4) पाठ-4 आग की कहानी
- 5) पाठ-5 बहादुर बाक्सो
- 6) पाठ-6 वृक्ष लगाओ भैया (कविता)
- 7) पाठ-7 बल्ब जलाओ, अंधकार मिटाओ

40

(B) हिन्दी व्याकरण

- 1) लिंगपरिवर्तन (1-15)
- 2) वचनपरिवर्तन (1-15)
- 3) विलोमशब्द (1-15)
- 4) गिनती (41-50)
- 5) संज्ञा एवम भेद
- 6) सर्वनाम एवम भेद
- 7) विशेषण एवम भेद
- 8) अनेक शब्दों के लिए एक शब्द (1-10)
- 9) अनुच्छेद (लेखन भाग)
- 10) औपचारिक पत्र (लेखन भाग)
- 11) अपठित गद्यांश (बहुविकल्पीयरूप में)

40

03

03

03

04

04

04

04

03

04

04

04

(C) हिन्दी वाचन व श्रुतलेख परीक्षा

हिन्दी वाचन

श्रुतलेख परीक्षा

हिन्दी वाचन व श्रुतलेख परीक्षा अलग से ली जाएगी।

हिन्दी वाचन व श्रुतलेख परीक्षा पाठ 1,2,3,4,5,6,7 से ली जाएगी।

25

10

15

## TERM II

(A) PERIODIC TEST-II

40

हिन्दी साहित्य

पाठ-8 एक बूँद (कविता)

पाठ-9 हार की जीत  
पाठ 10 प्लास्टिक से बचें

### हिन्दी व्याकरण

- लिपि व बोली
- पर्यायवाची शब्द
- लिंग परिवर्तन
- पत्र (लेखन भाग)

**(B) SUBJECT ENRICHMENT ACTIVITY (SEA)** विषय संवर्धन गतिविधि

**(C) NOTEBOOK SUBMISSION**

10  
05

## ANNUAL- EXAMS

(A) हिन्दी साहित्य

- 1) पाठ-8 एक बूँद (कविता)
- 2) पाठ-9 हार की जीत
- 3) पाठ 10 प्लास्टिक से बचें
- 4) पाठ-11 उसका सपना
- 5) पाठ-12 सत्-फत् (कविता)
- 6) पाठ-13 बालदिवस
- 7) पाठ-15 आँखों की देखभाल

40

(B) हिन्दी व्याकरण

- 1) लिंग परिवर्तन (16-30)
- 2) वचन परिवर्तन (16-30)
- 3) अशुद्धि संशोधन (1-20)
- 4) गिनती (51-60)
- 5) क्रिया एवम भेद
- 6) लिपि व बोली (परिभाषा)
- 7) काल
- 8) पर्यायवाची शब्द (1-10)
- 9) अनुच्छेद (लेखन भाग)
- 10) अनौपचारिक पत्र (लेखन भाग)
- 11) अपठित गद्यांश (बहुविकल्पीयरूप में)

40

03

03

03

04

04

03

04

04

04

04

04

(C) हिन्दी वाचन व श्रुतलेख परीक्षा

हिन्दी वाचन

श्रुतलेख परीक्षा

हिन्दी वाचन व श्रुतलेख परीक्षा अलग से ली जाएगी।

हिन्दी वाचन व श्रुतलेख परीक्षा पाठ 8, 9, 10, 11, 12, 13, 15 से ली जाएगी।

**PAPER PATTERN AND MARKING SCHEME OF PERIODIC I & II**

10  
15

DETAILS	NO. OF QUES.	MARKS PER QUES	TOTAL
शब्दार्थ एवं वाक्य प्रयोग	3	2	6
लघु उत्तरीय प्रश्न- उत्तर	4	1	4
दीर्घ उत्तरीय प्रश्न उत्तर	3	2	6
रिक्त स्थान	4	0.5	2
किसने किससे कहा	2	1	2
गद्यांश प्रश्न- उत्तर	4	1	4
व्याकरण			12
लेखन भाग			4
कुल अंक			<b>40</b>

**PAPER PATTERN & MARKING SCHEME FOR HALF-YEARLY & ANNUAL EXAMS**

DETAILS	NO. OF QUES.	MARKS PER QUES	TOTAL
गद्यांश पर आधारित प्रश्नोत्तर	4	1	4
पद्यांश पर आधारित प्रश्नोत्तर	4	1	4
शब्दार्थ एवं वाक्य प्रयोग (5 में से 4)	4	2	8
लघु उत्तरीय प्रश्न (5 में से 4)	4	1	4
दीर्घ उत्तरीय प्रश्न (5 में से 4)	4	2	8
रिक्त स्थान	4	1	4
बहुविकल्पीय प्रश्न उत्तर	3	1	3
पुस्तक अभ्यास कार्य	3	1	3
किसने किससे कहा	2	1	2
व्याकरण			40
कुल अंक			<b>80</b>

**निर्देश:**

- समस्त पाठ्यक्रम का भली-भांति अध्ययन करें क्योंकि प्रत्येक परीक्षा में 10 अंक में स्वनिर्मित प्रश्न पूछे जाएंगे 1
- व्याकरण भाग से वार्षिक परीक्षा में लेखन भाग अर्द्धवार्षिक पाठ्यक्रम से भी शामिल किया जाएगा।
- विषय संवर्धन गतिविधि **(SEA ACTIVITY)** कक्षा में ही कराई जाएगी तथा इसके अंक अर्द्धवार्षिक एवं वार्षिक परीक्षा में जोड़े जाएंगे 1



- वाचन व श्रुतलेख की परीक्षा अर्द्धवार्षिक एवं वार्षिक परीक्षा में अलग से ली जाएगी 1

## SUBJECT – MATHS

**PRESCRIBED BOOK:-** MATHS GENIUS!

**BY:** R.K GUPTA

### TERM I

**(A) PERIODIC TEST-I**

Ch-1 Numbers upto 9999

Ch-2 Addition

Ch-3 Subtraction

**(B) SUBJECT ENRICHMENT ACTIVITY (SEA)**

**(C) NOTEBOOK SUBMISSION**

### HALF-YEARLY EXAMS

**MATHS WRITTEN**

Ch-1 Number upto 9999

Ch-2 Addition

Ch-3 Subtraction

Ch-4 Multiplication

Ch-5 Division

Ch-8 Symmetry & Pattern

**MATHS DICTATION**

Dictation Upto 99,99,999

**MATHS ORAL**

- Tables 2 to 16
- No. Name upto 9,99,999
- What Comes After, Before & Between upto 9,999
- Dodging Tables 2 to 16
- Mathematical Facts

### TERM II

**(A) PERIODIC TEST-II**

Ch- 6 Fractions

Ch- 7 Geometry

Ch- 11 Money

**(B) SUBJECT ENRICHMENT ACTIVITY (SEA)**

40

16

12

12

10

05

80

16

14

14

13

13

10

10

15

40

12

14

14

10

05

**(C) NOTEBOOK SUBMISSION****ANNUAL- EXAMS****MATHS WRITTEN**

- Ch- 6 Fractions
- Ch- 7 Geometry
- Ch- 9 Measurement
- Ch-10 Time
- Ch- 11 Money
- Ch- 12 Data Handling
- Ch-1 Number upto 9999 (From Half-Yearly)

**MATHS DICTATION**

Dictation upto 99,99,999

**MATHS ORAL**

- Tables 2 to 16
- No. Name upto 99,99,999
- What Comes After, Before, Between upto 9999
- Dodging Tables 2 to 16
- Mathematical Facts

**PAPER PATTERN AND MARKING SCHEME OF PERIODIC I & II**

DETAILS	NO. OF QUES.	MARKS PER QUES	TOTAL
Very Short Questions	10	1	10
Short Questions Type - 1	5	2	10
Short Questions Type -2	4	3	12
Long Questions	2	4	8
<b>TOTAL</b>			<b>40</b>

**PAPER PATTERN & MARKING SCHEME FOR HALF-YEARLY & ANNUAL EXAMS**

DETAILS	NO. OF QUES.	MARKS PER QUES	TOTAL
Very Short Questions	20	1	20
Short Questions Type - 1	8	2	16
Short Questions Type -2	8	3	24
Long Questions	5	4	20
<b>TOTAL</b>			<b>80</b>

**INSTRUCTIONS:-**

- One mark Questions comprise of MCQ, True/False, Fill ups and One word.
- Paper setter may increase or decrease the weightage of the chapters by 1 or 2 marks.
- In each Term questions of 10 marks may be out of book but from the Syllabus.
- Oral and Dictation Assessment will be conducted in Half-Yearly & Annual Exam.

80  
10  
12  
15  
13  
15  
10  
05  
10  
15

## **SUBJECT – EVS**

**PRESCRIBED BOOK :- e-ENVIRONMENTAL STUDIES**

**BY :- RACHNA SAGAR**

### **TERM - I**

#### **(A) PERIODIC TEST-I**

- Ch-4 Plants
- Ch-5 Leaves
- Ch-6 Animals
- Ch-7 Insects

#### **(B) SUBJECT ENRICHMENT ACTIVITY (SEA)**

#### **(C) NOTEBOOK SUBMISSION**

### **HALF-YEARLY EXAMS**

- Ch-4 Plants
- Ch-5 Leaves
- Ch-6 Animals
- Ch-7 Insects
- Ch-8 Birds
- Ch-9 Work and Leisure
- Ch-10 Play Time
- Ch-11 Sources of Food
- Ch- 13 Eating in the Family

### **TERM - II**

#### **(A) PERIODIC TEST-II**

- Ch-14 Food for Animals
- Ch-15 Our Houses
- Ch-16 Animals around us
- Ch-17 Left-Right of my Neighbourhood

#### **(B) SUBJECT ENRICHMENT ACTIVITY (SEA)**

#### **(C) NOTEBOOK SUBMISSION**

### **ANNUAL EXAMS**

- Ch-14 Food for Animals
- Ch-15 Our Houses
- Ch-16 Animals around us
- Ch-17 Left-Right of my Neighbourhood

40

10

05

80

40

10

05

80

Ch-18 Sources of Water  
 Ch-19 Importance of Water  
 Ch-20 Conservation of Water  
 Ch-22 The Journey of a Letter  
 Ch-23 Our Craft

**NOTE:**

1. Ch- 1 (My Family) and Ch-21 (Reaching Places) will be covered under SEA.
2. Deleted Chapters  
 Ch-2 Family Similarities  
 Ch-12 Cooking
3. Ch-3 (Special People) will be discussed in Class only.

**PAPER PATTERN AND MARKING SCHEME OF PERIODIC I & II**

DETAILS	NO. OF QUES.	MARKS PER QUES	TOTAL
MCQs	5	1	5
Fill Ups	5	1	5
Short Questions Type Ques	4	2	8
Long Questions Type Ques.	4	3	12
Match	5	1	05
True False	5	1	05
<b>TOTAL</b>			<b>40</b>

**PAPER PATTERN & MARKING SCHEME FOR HALF-YEARLY & ANNUAL EXAMS**

DETAILS	NO. OF QUES.	MARKS PER QUES	TOTAL
MCQs	8	1	8
Fill Ups	8	1	8
True False	4	1	4
Match	4	1	4
Answer In One Word	<b>4</b>	<b>1</b>	<b>4</b>
Short Q/Ans	10	2	20
Long Q/ANS	6	3	18
LABEL/ Draw The Diagram	4	1	4
Achiever Section (Picture Based)	2	2	4
Case Study	2	3	6
<b>TOTAL</b>			<b>80</b>

**INSTRUCTIONS:**

- 3 Questions will be given in each case study. Each question carries one mark. 2 questions will be in Q/Ans form & one question will be in MCQ form.

# SUBJECT – COMPUTER

**PRESCRIBED BOOK :-** DIGICODE AI

**BY :-** ORANGE EDUCATION

## HALF-YEARLY EXAMS

50

### **PART (A) THEORY EXAM**

- Ch-1 Introduction to windows 10
- Ch-2 Editing and Formatting on word
- Ch-4 Introduction to Internet
- Ch-8 Applications of AI
- Ch-9 Introduction to Robots

50

### **PART (B) PRACTICAL EXAM& INTERNAL ASSESSMENT**

- Editing and Formatting on Word
- Windows 10
- Notebook
- Activity
- Class Tests

## ANNUAL- EXAMS

50

### **PART (A) THEORY EXAM**

- Ch-3 Let's Learn Paint 3D
- Ch-5 Stepwise Thinking
- Ch-6 Introduction to Scratch
- Ch-7 More on Scratch

50

### **PART (B) PRACTICAL EXAM& INTERNAL ASSESSMENT**

- Scratch
- Paint
- Notebook
- Activity
- Class Tests

### **PAPER PATTERN & MARKING SCHEME FOR HALF-YEARLY & ANNUAL EXAMS**

DETAILS	NO. OF QUES.	MARKS PER QUES	TOTAL
MCQ	10	1	10
True/False	5	1	5
Fill Ups	5	1	5
Match	5	1	5
One word (self-made)	5	1	5
Short Ques. Ans	4	2	8
Long Ques. Ans (4 Out of 5)	4	3	12
<b>TOTAL</b>			<b>50</b>

## **SUBJECT – G.K**

**PRESCRIBED BOOK :-KNOW FOR SURE (3)**

**BY :- INDIANNICA LEARNING**

40

### **HALF-YEARLY EXAMS**

**PAGES-** 1, 4, 9, 13 (quick quiz), 16, 17, 19 (quick quiz), 20, 21, 22, 23, 25, 27, 28, 31 (quick quiz), 34, 31, 35, 39 (quick quiz), Model test paper- 1 (Pg-77).

**PICTURE BASED PAGES:** 9, 12, 13, 32, 33 & 37.

**SELF MADE QUESTIONS FROM PAGES:** 2, 3, 18, 19, 30, 31, 38, 39 + Current Affairs.

**REASONING QUESTIONS (based on the concepts taught in the class) –** Pattern, Series.

**DELETED PAGES:** 5, 6, 7, 8, 10, 11, 14, 15, 24, 26, 29 & 36

10

### **SUBJECT ENRICHMENT ACTIVITY (SEA)**

### **ANNUAL EXAMS**

40

**PAGES –** 41 (quick quiz), 42, 43, 44, 45, 46, 47, 49, 51, 53 (quick quiz), 56, 59(quick quiz), 60, 61, 62, 63, 64, 65, 66 (only questions), 68, 69, 72, 73, Model test paper- 1 (Pg-78).

**PICTURE BASED PAGES:-** 44, 45, 48, 49, 51, 52, 53 & 55.

**SELF MADE QUESTIONS FROM PAGES:** -40, 41, 58, 59 + Current Affairs.

**REASONING QUESTIONS (based on the concepts taught in the class) –** Classification + Alphabet Test.

**DELETED PAGES:** 54, 57, 67, 70, 71, 74, 75 & 76.

10

### **SUBJECT ENRICHMENT ACTIVITY (SEA)**

#### **PAPER PATTERN & MARKING SCHEME FOR HALF-YEARLY & ANNUAL EXAMS**

<b>DETAILS</b>	<b>NO. OF QUES.</b>	<b>MARKS PER QUES</b>	<b>TOTAL</b>
FILL UPS	8	1	8
ONE WORD	8	1	8
CURRENT AFFAIRS	5	1	5
MCQs	12	0.5	6
REASONING	5	1	5
PICTURE BASED	4	1	4
TRUE FALSE	8	0.5	4
<b>TOTAL</b>			<b>40</b>

#### **INSTRUCTIONS:**

1. Picture based questions will be asked only from the pages mentioned in the syllabus. However some other questions may also asked from these pages.
2. Reasoning questions will be based on the concepts taught in the class but different from those questions which are discussed in the class.

3. Self-made questions and general questions will be asked from those given in the notebook.

## **SUBJECT – ART**

**PRESCRIBED BOOK :-** Made Easy Art Workplace-3

**By:** Amazing Books

<u><b>TERM I</b></u>	<u><b>TERM II</b></u>
<u><b>HALF-YEARLY EXAMS</b></u>	<u><b>ANNUAL- EXAM</b></u>
<b>(A) Colour Book Page No. 3 to 26</b> <b>(10)</b>	<b>(A) Colour Book Page No. 27 to 48</b> <b>(10)</b>
<b>(B) Draw &amp; Colour</b> <b>(40)</b> <b>Topics</b>  1. Pine apple 2. Fairy/Doll 3. Saree Border 4. Aquarium 5. Bird 6. 3 Vegetables 7. Border Design	<b>(B) Draw &amp; Colour</b> <b>(40)</b> <b>Topics</b>  1. Penguin 2. ChristmasTree 3. Sunflower 4. 3 Fruits 5. Boat 6. Scenery 7. Crayon colour Texture on paper

**INSTRUCTIONS :-**

1. Use only Crayons colour for Colouring and Sketch pen for outline.
2. There will be on the spot Exam in Half-yearly & Annual Exams.
3. Two Colouring topics will be asked in Half-yearly & Annual Exams.

## **SUBJECT – MUSIC**

### **PART-I**

#### **TERM-I**

##### **HINDI PRAYER**

- Namokar Mantra
- Tu Hi Ram Hai

##### **ENGLISH PRAYER**

- Like a Sunflower

##### **NATIONAL ANTHEM**

- Jana Gana Mana

#### **TERM-II**

##### **HINDI PRAYER**

- Gayatri Mantra

## **ENGLISH PRAYER**

- I have come to thee

## **NATIONAL SONG**

- Vande Mataram

## **SCHOOL ANTHEM**

- To The North Eastern Side of Saharanpur

## **PART II**

**Instrument –**

a) Keyboard	b) Congo
c) Guitar	d) Drum Set
e) Percussions	f) Tabla
g) D-Jembe	h) Cojon

### **NOTE:**

- 1) The student will be asked to sing any one item from Part-I.
- 2) The student will be asked to play any one instrument or to tell about the instrument from Part-II.
- 3) Assessment will be on a 3 point grading scale (A to C).

## **SUBJECT – PHYSICAL EDUCATION**

### **TERM-I**

1. Attention and Stand at ease
2. P.T. Exercise (1-5)
3. Races-(3) 50mt, 100mt, Pair race
4. Aerobics Exercise

### **TERM-II**

1. Games: Judo/ Kurash/Sambo
2. Turns, left, right, about turn
3. Aerobics Exercise (8)
4. P.T. Exercise (8)
5. Races (2) Skipping race, Shuttle race

**Note: The Student Will Be Assessed Practically On a Three Point Grading Scale A,B,C.**



## SUBJECT – YOGA

### TERM-I

#### गुरु वंदना

अखंडानन्द बोधाय शिष्य संताप हारिणे  
सच्चिदानन्द ज्ञानाय तस्मै श्री गुरुवे नमः

#### **स्थिरता एकाग्रता एवं मानसिक स्वास्थ्य**

1. ॐ कार
2. माँ का ध्यान
3. भ्रामरी
4. सुखासन

#### **शारीरिक स्वास्थ्य एवं आसन**

1. स्कन्द संचालन
2. कटि चक्रासन
3. ताडासन
4. कोणासन
5. उत्कटासन
6. तपासन- वृक्षासन
7. तितली आसन
8. चक्की चालन
9. पश्चिमोत्तासन
10. आकर्ण धनुरासन
11. चक्रासन

### TERM-II

#### **स्थिरता एकाग्रता एवं मानसिक स्वास्थ्य**

1. ॐ कार
2. माँ का ध्यान

3. भ्रामरी
4. सुखासन

#### शारीरिक स्वास्थ्य एवं आसन-

1. वज्रासन
2. पदमासन
3. भद्रासन
4. धनुरासन
5. पूर्ण भुजंगासन

#### विशिष्टासन

1. चक्रासन
2. मयूरासन
3. कुक्कुटासन
4. गर्भासन
5. हलासन