A Guide to Family Support

TEEN SUBSTANCE RECOVERY

Parents,

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We are excited to extend an exclusive invitation to families in our community for a transformative parenting course, "Teen Substance Recovery: A Guide to Family Support."

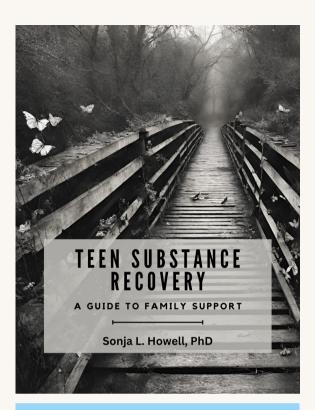
As part of our commitment to supporting families within our community, we invite you to enroll in this unique sevenweek course designed to provide guidance and assistance to families dealing with the complexities of teen substance abuse.

"Teen Substance Recovery: A Guide to Family Support" offers a comprehensive program including engaging online instructor-led sessions. This course is crafted to empower parents with practical strategies for supporting teens on their path to recovery, fostering resilience, and integrating essential knowledge into family life during challenging times. The accompanying workbook, which complements the course, may also be purchased separately on Amazon and Kindle.

We believe this course will offer valuable support to families facing the challenges of teen substance abuse. If you have any questions or need more information, please feel free to reach out. We look forward to working with you on this transformative journey with you and your family.

Warm regards,

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Within these pages lie the "Supportive Arches," six fundamental pillars essential for families navigating the complex terrain of teen substance abuse and recovery From laying a sturdy foundation of trust and open communication to guiding with empathy and setting boundaries, these pillars offer a pathway to resilience. Embracing adaptable parenting, community support, and empoverment through positive reinforcement, this comprehensive guide equips families for the journey. As a critical birdige, mentoring serves as the sixth arch, Intertwining parential mentorship with inspiring examples, offering guidance crucial for navigating the challenges of recovery within the family dynamic.

Discover these six Supportive Arches for:

—the framework for fostering understanding, resilience, and support —leading families towards sustained recovery and well-being.



Methods used in this book are the Transformative Mindset Instructional Design (TMID) and the Transtheoretical Model (TTM).

