



Pet Quality of Life Scale & Daily Diary

Directions: Use the key factors of quality of life below to help assess your pet's condition. Use the Daily Diary to keep track of their progress. Select the appropriate number for each category and add the numbers for that day. You can score 1/2 or 1/4 points if you like. You can add categories that pertain to your pet's specific situation such as "Respiratory Rate" if your pet has heart failure or lung cancer.

MOBILITY

- 2 Good Mobility - No difficulty getting around, enjoys walks and going outside
- 1 Poor Mobility - Difficulty getting up, hard to get in position to eliminate, short walks only
- 0 Bare Minimum Mobility - Needs assistance, pain medication/anti-inflammatory medications do not help

NUTRITION

- 2 Good Appetite
- 1 Poor Appetite - Hand feeding, needs enticing
- 0 No Appetite

HYDRATION

- 2 Adequate Intake
- 1 Poor intake (or possibly increased with some particular diseases)
- 0 Requires Subcutaneous Fluids

INTERACTION/ATTITUDE

- 2 Interacts normally with family and other pets
- 1 Some interaction with family and other pets
- 0 Hides in the closet or under the bed

ELIMINATION

- 2 Normal urination and/or defecation
- 1 Reduced/Irregular urination and/or defecation
- 0 None

FAVORITE THINGS

- 2 Normal favorite activities, hobbies, etc
- 1 Decrease in doing their favorite things
- 0 No interest in their favorite things

EXAMPLE SCALE AS FOLLOWS:

- 12 - 9** Adequate Quality of Life
- 6 - 8** Requires Additional Intervention
- < or = 5** Consider Humane Euthanasia

