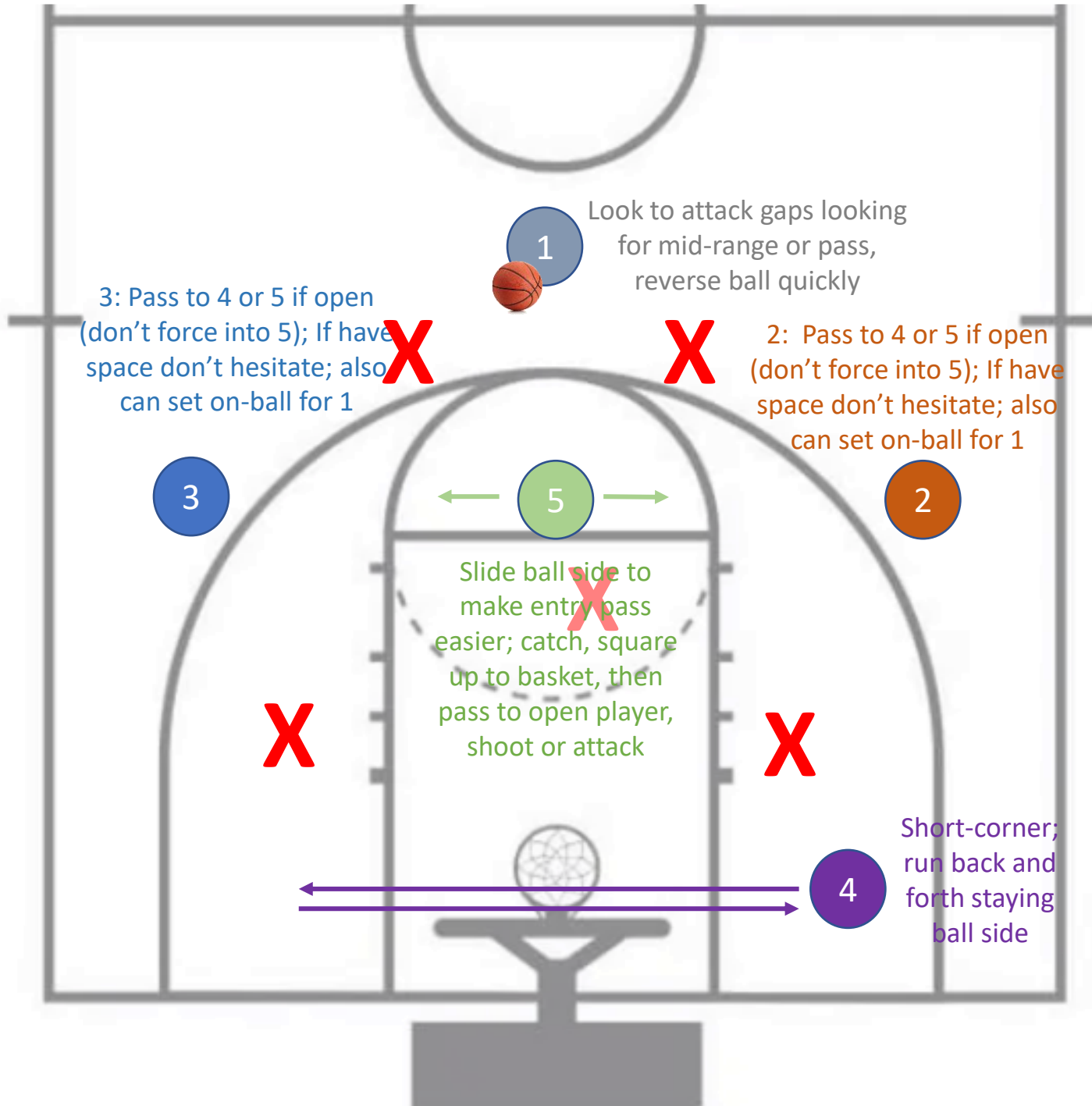


# Attacking 2-3 Zone

## Triangle Overload ("Short-corner")

Objective of defense is to take away shots in the paint and frustrate offense into taking bad shot or high % threes

Given putting 3 defenders down low, defense is exposed to quick ball reversals (2 D can't cover 3 O), attacking of gaps and once ball is in High Post or Overload situations (e.g. 3 defenders going against 2 defenders).

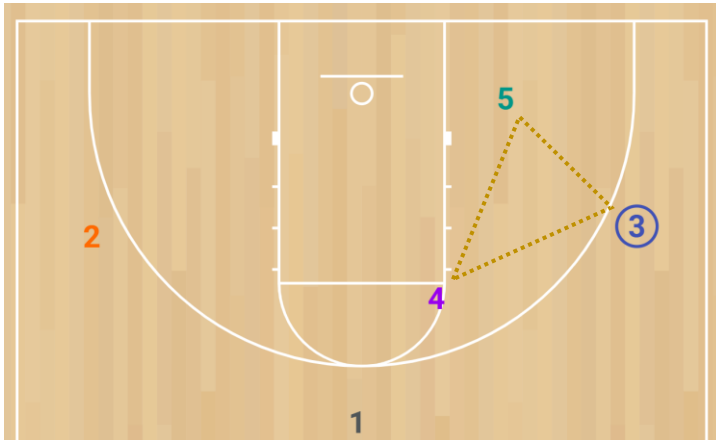


# Attacking 2-3 Zone

## Triangle Overload Exchange

*Ball starting on right*

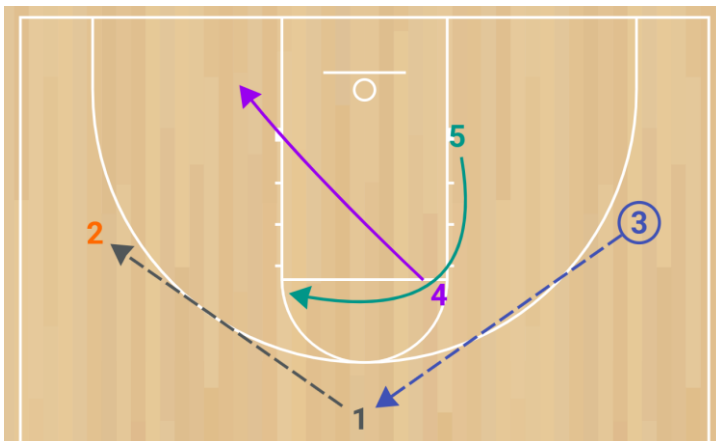
Objectives: Overload zone with High post and Short corner while still using motion



(5) In short corner, (4) in high post & (3) on Wing are overloading the zone & working like a triangle.

If (4) catches it, immediately squares up looking to shoot, pass to (5) or kick back to (3); if (5) catches look to drive

(5) Can also post up below low block depending on match up and spacing. If (4) catches look for quick pass and then flash to opposite block



If nothing there reverse:

(3) Pass to Top of Key (1)

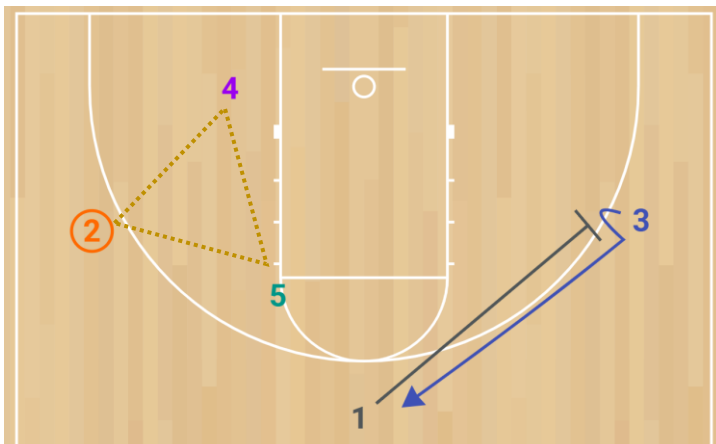
(1) Immediately swings it to (2)

(5) Moves to ball side high post

(4) Moves to ball side short corner



*Below happens after (1) passes to (2), breaking out as separate step for ease of illustration*



(1) After passing to (2) exchange with (3)  
(3) Waits for screen from (1) then uses to move to top of key

(4) In short corner, (5) in high post & (2) on Wing are overloading the zone & working like a triangle.

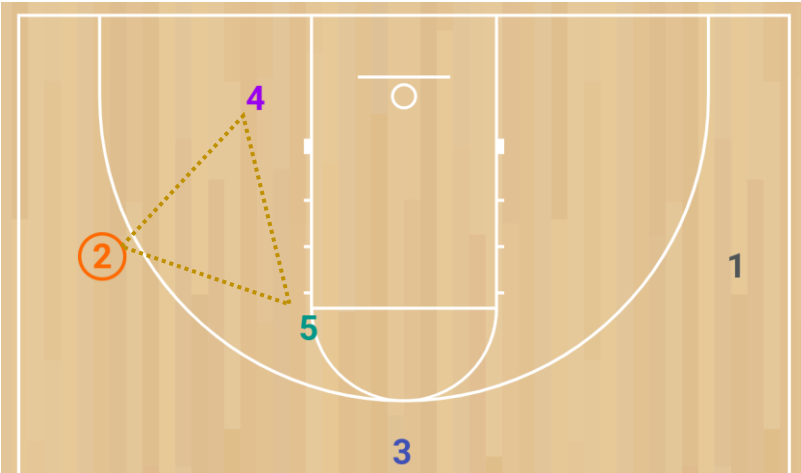
If (5) catches it, immediately squares up looking to shoot, pass to (4) or kick back to (2)

(4) Can also post up below low block



# Attacking 2-3 Zone Triangle Overload Exchange

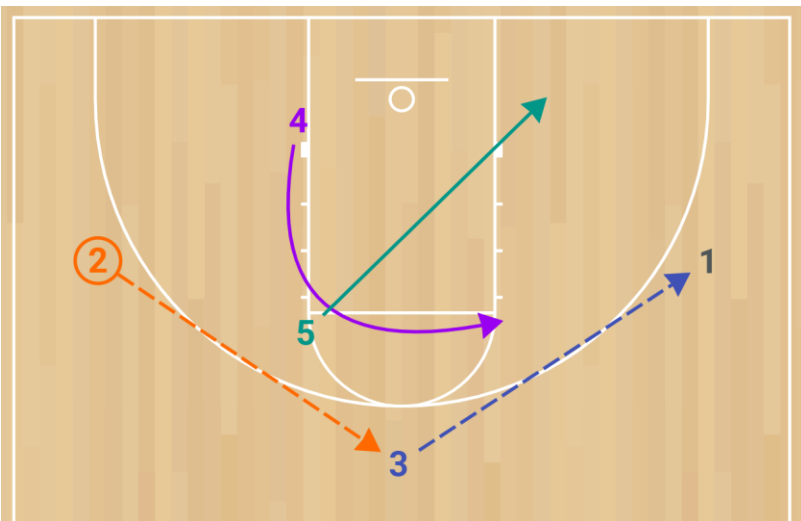
*Ball starting on left*



(4) In short corner, (5) in high post & (2) on Wing are overloading the zone & working like a triangle.

If (5) catches it, immediately squares up looking to shoot, pass to (4) or kick back to (2); if (4) catches look to drive

(4) Can also post up below low block depending on match up and spacing, if (5) catches look for quick pass & then flash to opposite block



*If nothing there reverse:*

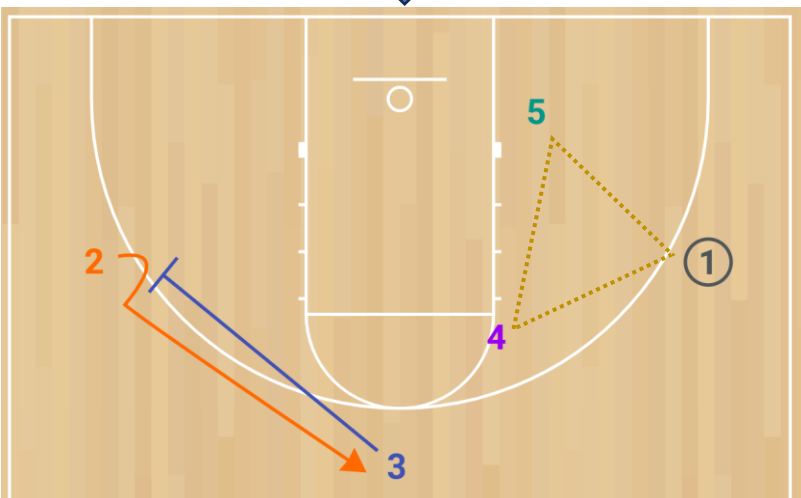
(2) Pass to Top of Key (1)

(3) Immediately swings it to (2)

(4) Moves to ball side high post

(5) Moves to ball side short corner

*Below happens after (3) passes to (1), breaking out as separate step for ease of illustration*



(3) After passing to (1) exchange with (2)

(2) Waits for screen from (3) then uses to move to top of key

(5) In short corner, (4) in high post & (1) on Wing are overloading the zone & working like a triangle.

If (4) catches it, immediately squares up looking to shoot, pass to (5) or kick back to (1)

(5) Can also post up below low block

# Zone Offense

## Attacking 2-3 Zone General Tips

### Overall keys to success against zone defenses

- A. Quick passes with full reverses
- B. Dribble only to penetrate gap, improve passing angle, get out of trouble
- C. Do not hesitate if have open shot (ideally stepping in)
- D. Rebound, rebound, rebound

### Tactics to use against zone defenses

1. **Space the floor:** Helps move ball efficiently, causes zone to shift leading to breakdowns and openings. Critical to be looking for and moving into empty space.
2. **Reverse the ball:** Zone shifts towards ball, if reverse quickly opposite side will be open
3. **Get ball into High Post:** If ball into High Post, if covered by lower zone defender, a cutter or short corner should be open; if not covered should have an open shot
4. **Overload the zone:** Put more offensive players (e.g. Short Corner) on one side of the court than zone defenders. Should lead to open players
5. **Attack the gaps:** Try to attack the gaps by way of dribble penetration or flash cuts (primarily in middle)
6. **Screen the zone:** Each zone defender covers a specific area. Setting screens create large gaps creating separation for shooters to take open jump shots; on-ball screens can allow ball handler to get open mid-ranger
7. **Get behind the zone:** use the short corner, or have player run baseline to baseline.

# **Zone Offense**

## **Attacking 2-3 Zone Position Tips**

### **Low post tips (short corner):**

1. Run the baseline and always be in ball-side short corner when ball is on the wing.
2. When the ball is at the high post, duck under the zone into the paint for the pass down low.
3. Offensive rebounding & put straight back up

### **High post tips:**

1. Move with the ball - always point toward the ball.
2. Ball at point, be at the FT line. Ball on the wing, fill just below & few feet outside paint. Ball in the corner, cut down to the low block (if short-corner not there).
3. Look to score, or pass to low post or opposite wing.
4. Set on-ball screens
5. Crash boards

### **Wings tips:**

1. Look to penetrate from the wing, avoid unnecessary dribbling
2. Look for the shot, do not hesitate
3. When ball on opposite side, fill gap closer to middle
4. Crash

### **Top of Key tips:**

1. Keep the ball moving, with little dribbling, except to penetrate or open a passing lane.
2. Look for an opportunity to dribble and attack gaps, and if open jump take it, if collapse, dish it
3. Responsible for staying back to prevent the fast break.

# Zone Offense

## Attacking 2-3 Zone - Examples

