

MARTIAL ARTS AMERICA

"Black Belt Training" Basic Skills Test For BLUE/RED Belts & above

BBT Basic Skills Test

Okinawan Shorin-ryu Kobudo

15 Count Basic Bo Set _____

or

21 Count Basic Bo Set _____

Kicho 1 _____

Filipino Escrima

Salutes

To jr. or same rank _____

To a senior rank _____

Siniwali Style

4 Count _____

4 Count w/footwork _____

5 Count _____

5 Count w/footwork _____

3 or 6 Count _____

Dequerdes Style

Striking angles #1 – 8 w/footwork

Blocks versus attacking angles

#1 Angle _____

#2 Angle _____

#3 Angle _____

#4 Angle _____

#5 Angle _____

#6 Angle _____

#7 Angle _____

#8 Angle _____

Students Name: _____

Rank: _____

These are the "Black Belt Training" basic skills you will need to know and demonstrate in order to be eligible to wear the full Black Martial Arts America uniform.

If you don't know or understand any of these skills, talk to one of your instructors, they will be glad to help.

When you are confident you know each of these skills, talk to your instructor so they can schedule your test. **This test will only be offered 4 times per year during weeks 5 through 10 of the training cycle. Plan ahead and be prepared.**

On your path to earning your Black Belt, this will be one of your short-term goals. These are the skills we will focus on during the Black Belt Training portion of class.

Good luck on your journey to Black Belt and beyond.

When you have completed all of your requirements ask your instructor to sign and date your form below.

Instructor Recommendation Signature & Date

Date _____

After you have completed all of the requirements and have it signed by your instructor, turn this form in to Master Krenz.