VERELST Health & Performance Clinic offers a two-step approach as an alternative to TRT, without injections. We are convinced that most men will select this option of therapy, and this method will get more attention over the next few years as an excellent alternative.

Enclomiphene citrate is a trans-isomer of clomiphene citrate. Enclomiphene is a nonsteroid selective estrogen receptor modulator (SERM) used primarily for the treatment of low testosterone levels in men. It binds with estrogen receptors in the body, which increase the production of testosterone. Enclomiphene has a higher efficacy than clomiphene citrate in stimulating the hypothalamic-pituitary-gonadal axis without inhibiting the aromatase enzyme that converts testosterone into estrogen. This is extremely important to maintain an appropriate estrogen level and, overall, correct hormonal balance.

Enclomiphene citrate's main benefit is its ease of use as an oral tablet, which can be taken in the morning. Another advantage is that the secretion of natural testosterone and reproduction (sperm count) are preserved or increased, which is not the case with exogenous testosterone injections, where fertility is lost.

Bear in mind that, for enclomiphene citrate to be of full benefit, it is crucially important that the perfect balance of androgen-sensitive vitamins and minerals be at sufficient levels at all times. Verelst Pharma personal formulation provides exactly what your body needs. The industrialization of food production that leads to a huge lack of vitamins and minerals is often the first on-set for testosterone decline and hormone imbalance.

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